



ANNUAL HEALTH BULLETIN - 2019

DISTRICT OF MATARA



OFFICE OF THE REGIONAL DIRECTOR OF HEALTH
SERVICE OFFICE

Our Vision

Highest attainable health status to
all the people in the Matara District

Our Mission

To achieve the highest attainable health status to the people in the Matara District by
Planning , Implementation , Monitoring and evaluation using the limited resources
productively according to national policies under supervision in a pleasant green
environment to provide efficient , effective, equitable , qualitative and safe health care in
promotive, preventive , curative and rehabilitative health services hand in hand with
other health institutions and multi sectorial coordination

OUR VALUES

To us, client is the most important person

Cordial welcome

Productive, Qualitative, Efficient and Effective service

Transparency

Extreme Accuracy

Impartiality

Service provision at the scheduled time

With Appropriate Standard

Using of Modern Technology

Environmental Friendliness

Continuous Dedication

Sense of team work

Creativity Unity

Preface



Message from District Director Of Health Service-- - Matara

As the District Director of Health Services, Matara I am pleased to present the Health Bulletin 2019. This Bulletin provides the progress made in both preventive and curative health sectors in Matara District and some of the special activities carried out by RDHS Office, Matara.

This Bulletin consists of routine data reported from all the MOH Offices, all levels of hospitals and special campaigns in Matara District. Progress made in PSSP Project has also been presented in this Bulletin.

Information provided in this Bulletin would be utilized for Health Programme redirection at District, MOH, Hospital and Special Campaign levels and to identify areas that need special attention in order to provide quality services relevant to overall health of people of Matara District.

Dr. A.D.U.Karunaratne

District Director of Health Services

Matara



Message from Deputy District Director of Health Service Matara

I am greatly delighted to be able to contribute to the Annual Health Bulletin 2019 of RDHS Office, Matara.

During 2019, as a District we have achieved most of our Health related targets. In some areas our progress is moderate to slow. We try to find out the causes for that and redirect our District Health Programme in 2020.

We have learnt lot of lessons while trying to achieve our District targets and our health team is very motivated and energetic. We have started many new projects in 2019 and this Bulletin gives a description on these areas.

Finally, I would like to thank all Health Care Staff with leadership of RDHS, Matara in providing optimum Health services to the people of our District.

Dr. M. Rajapakse

Deputy RDHS

Matara

Acknowledgements



Message from Consultan of Community Physician

I would like to extend my sincere gratitude to RDHS Office, Matara for the immense contribution made during year 2019 in strengthening the District Health Programme in consistent with National Health policy and guidelines provided by Ministry of Health, Sri Lanka and Provincial Director of Health Services, Southern Province.

Secondly, I would also like to thank all Health Care Staff in Matara District and all the other stakeholders for providing valuable technical inputs and involving actively in District Health Programme during 2019.

I am extremely thankful to Dr. A.D.U. Karunaratne, RDHS Matara and Dr. M. Rajapakse Deputy RDHS , Matara for making their valuable inputs in making this document.

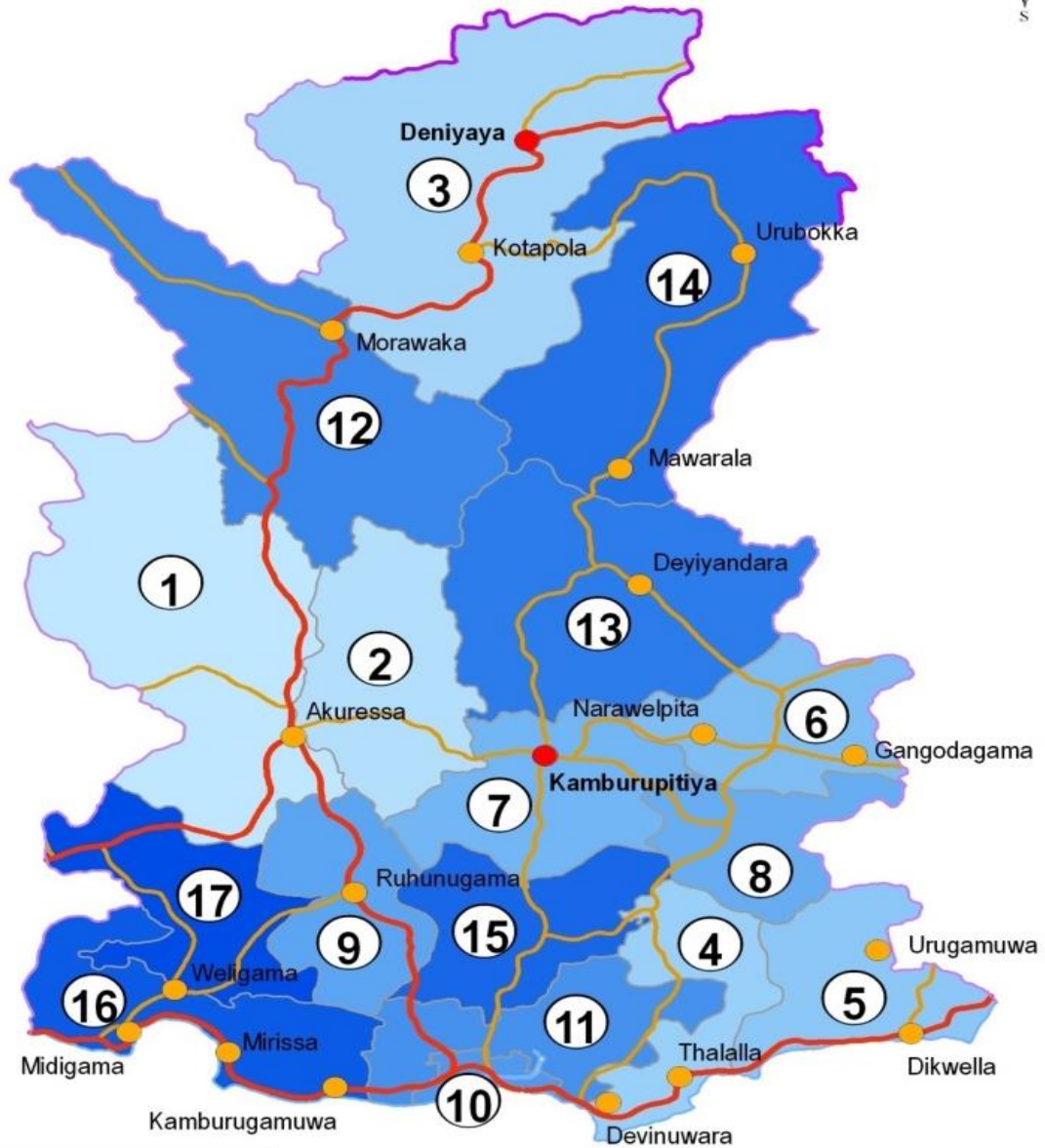
Completion of this document would have not been a possibility without the support given to me by all Heads of technical Units, Accounts and Administrative Units of RDHS Office, Matara. I would take this opportunity to be thankful to Mr. Sanath Hettiarachchi, PPA of Planning Unit of RDHS Office , Matara in compiling this valuable document.

Last but not least I must thank all Health Care Staff of Matara District for their continuing hard work and commitment amidst limited resources and providing data on time without which District Health Programme would have not been a success.

Dr. N.Y. Samaraweera
Consultant Community Physician,
RDHS Office-Matara

Map of Matara District MOH Areas

Scale 1 : 275,000



Legend

- Base Hospital
- Divisional Hospital
- Province Boundary
- District Boundary
- MOH Boundary
- 'A' Road
- 'B' Road

M.O.H. Areas

1	AKURESSA	10	MATARA MC
2	ATHURALIYA	11	MATARA PS
3	DENIYAYA-KOTAPOLA	12	MORAWAKA
4	DEVINUWARA	13	MULATIYANA
5	DIKWELLA	14	PASGODA
6	HAKMANA	15	THIHAGODA
7	KAMBURUPITIYA	16	WELIGAMA
8	KIRINDA-PUHULWELL	17	WELIPITIYA
9	MALIMBADA		



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1 GENERAL INFORMATION

1.1 Introduction

The historical city Matara is situated in southern most part of the island bordered to magnificent Indian Ocean from its Southern side and through it passing the river Nilwala. Matara district is between Galle and Hambantota districts and bounded in North by Divisional Secretary's Division of Kolonna and Kalawana in Rathnapura District. In West by Divisional Secretary's Division of Imaduwa, Habaraduwa, Yakkalamulla, Thalawa and Neluwa of Galle district, In East by Divisional Secretary's Division of Okewela, Beliatta, Katuwana and Walasmulla of Hambantota district. The district has a land area of 1282.5 km² and it is 1.96% of total land extent of the Island and 23.14% of total land extent of Southern Province.

Geographically Matara District belongs to wet zone and it gets major rainfall from the South-West Monsoon. The average rainfall in Matara District is between 2000-2500mm, Mean temperature in the district ranges from 25–27°C .The rich biological diversity is as a result of combined effect of climate, topography and geography.

Matara was previously called as “Mahatota” meaning ‘great ferry’ a word derived from the Sanskrit term “Maha theertha”, as there were ferries used to cross the Nilwala river and was a wide space to park them by. Matara historically belongs to the area that was called kingdom of Ruhuna or “Ruhunu Rata”.

The geographical and climatic factors of the Northern part of the district are in favour of tea cultivation hence it is among the major crops with economic importance. However coconut and rubber are also cultivated in inland to a certain extent as large scale plantations and home gardens. Cinnamon cultivation can be seen in Mulatiyana, Kamburupitiya, Hakmana and Pasgoda areas whereas vegetable and fruit cultivations in the district are done predominantly as home gardens.

Matara with its natural beauty is invariably a city with tourist attraction for both local and foreign tourists. It is enriched with natural bays and attractive sea beaches (blow hole of Dickwella, Polhena beach), historical places (Devinuwara and Star Fort of Matara), Sinharaja Forest with its endemic flora and fauna and attractive water falls.

As an area with an inherent culture, Matara has iconic land marks unique to it. Ancient temples and shrine rooms which provide cultural and spiritual development, add glamour to the natural beauty. According to the ancient documents, Agrabodhi Vihara of Weligama is a construction done in the period of King

Dewanampiyathissa. Hathbodhiwatta and Matara Bodhi Situated in Matara City are constructions done in the period of King Kumaradasa. In addition ancient temples with carvings and frescoes art can be seen at Weurukannala and Weherahena depicting the cultural identity.

Fishing industry is immensely contributing to the economic development of the district. In addition to fishing in deep sea, the district has its inland fish production related to lagoons as well.

Literature is another important thing related with culture. Folk poems, low country dancing are other cultural items in Matara District. We have some leaders who rendered a greater service to the language and Sinhala literature. Artists like Aluthgamage Siman Silva – (Author of the first Sinhala novel - Meena), T. G. W. de Silva (Famous story writer), Musician Rupasingha Master, Kumarathunga Munidasa are some of them.

Annual processions (Pereharas) which display cultural heritages of Matara District are very attractive. Devinuwara Esala Perehara and Getabaru Perehara are some of them that add glamour to the faiths and believes of people live in Matara.

1.2 Administrative Divisions

Description	Matara District	Southern Province	National
Divisional Secretary Divisions	16	47	331
Grama Niladari Divisions	650	2121	14021
Pradeshiya Sabas	15	42	271
Municipal Councils	01	03	23
Urban Councils	01	04	41
Electorates	7	21	160
Villages	1662	5336	36822

Matara has sixteen Divisional Secretary Division and 650 Drama Niladari divisions.

1.3 Population of District of Matara in comparison to provincial and national population.

Years	Matara District (In thousands)	Southern Province (In thousands)	National (In thousands)
1981 Census	643.8	1882.6	14846.8
2001 Census	761.4	2278.3	18797.3
2012 Census	814.0	2473.9	20359.4

(Source: Department of Census and Statistics-Census 2012)

According to the latest report of census held in 2012, Matara has a population of 814,000 which contributes to 4% of the population of Sri Lanka.

1.4 Population of District of Matara by sex.

Years	Matara District (In thousands)				
	Population	Male		Female	
		No	%	No	%
1981 Census	643.8	312.2	48.2	331.6	51.5
2001 Census	761.4	367.7	48.3	393.7	51.7
2012 Census	814.0	389.9	47.9	424.1	52.1

(Source: Department of Census and Statistics-Census 2012)

According to the 2012 census majority (52.1%) of the population are females.

1.5 Estimated Mid-Year Population of the District of Matara for 2019.

Years	Matara District (In thousands)		
	Population	Male	Female
Matara District	864456	414074	450382
Southern Province	2662623	1275396	1387227

(Source: Department of Census and Statistics-Census 2012)

Estimated population for 2019 for the District of Matara is 864456.

1.6 Population Density by Medical Officer of Health Areas in - 2019.

No.	MOH Division	Population	Extent (Km ²)	Population Density
01	Akuressa	56078	148.8	377
02	Athuraliya	34237	63.0	543
03	Deniyaya	67040	175.5	382
04	Devinuwara	51140	39.9	1282
05	Dickwella	57943	51.9	1116
06	Hakmana	33542	47.7	703
07	Kamburupitiya	43420	60.9	713
08	Kirinda Puhulwella	21505	37.5	573
09	Malimboda	36942	44.7	826
10	Matara - MC	122734	53.9	2277
11	Matara – PS (Kakenadura)			
12	Morawaka	54248	141.6	383
13	Mulatiyana	53269	115.3	462
14	Pasgoda	62700	148.3	423
15	Thihagoda	35542	45.2	786
16	Weligama	77202	44.0	1755
17	Welipitiya	55215	64.3	859
Total		862757	1282.5	673

(Source: Department of Census District Secretariat office matara) (MC: Municipal Council, PS: Pradeshiya Sabha)

The highest population density is reported from Matara Municipal area

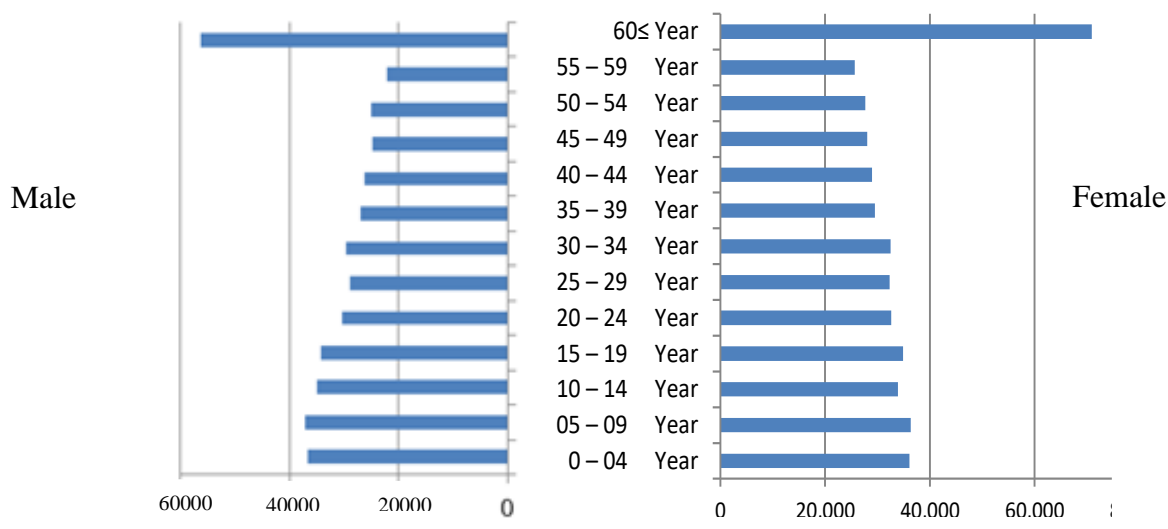
1.7 Population by Age Groups and Sex in Matara District – 2019

Age Group (Year)	Population			Percentage of Population (By age)
	Total	Male	Female	
0 – 04 Year	72,823	36,705	36,118	8.44
05 – 09 Year	73,413	37,088	36,325	8.51
10 – 14 Year	68,787	34,870	33,917	7.97
15 – 19 Year	69,228	34,321	34,907	8.02
20 – 24 Year	62,920	30,291	32,629	7.29
25 – 29 Year	61,124	28,817	32,307	7.08
30 – 34 Year	62,136	29,616	32,520	7.20
35 – 39 Year	56,549	27,027	29,522	6.55
40 – 44 Year	55,084	26,144	28,940	6.38
45 – 49 Year	52,893	24,851	28,042	6.13
50 – 54 Year	52,625	24,927	27,698	6.10
55 – 59 Year	47,895	22,215	25,680	5.55
60 ≤ Year	127,280	56,361	70,919	14.75
	862,757	413,233	449,524	100.00

(Source: Department of Census District Secretariat office matara)

Once the population less than 60 years of age is stratified in to five-year age intervals, the highest population is reported in the five to nine age group. The population more than 60 years of age is 127280 and this is nearly 15% of the total population. This highlights the importance of making special emphasis to cater the health care needs of the elderly population.

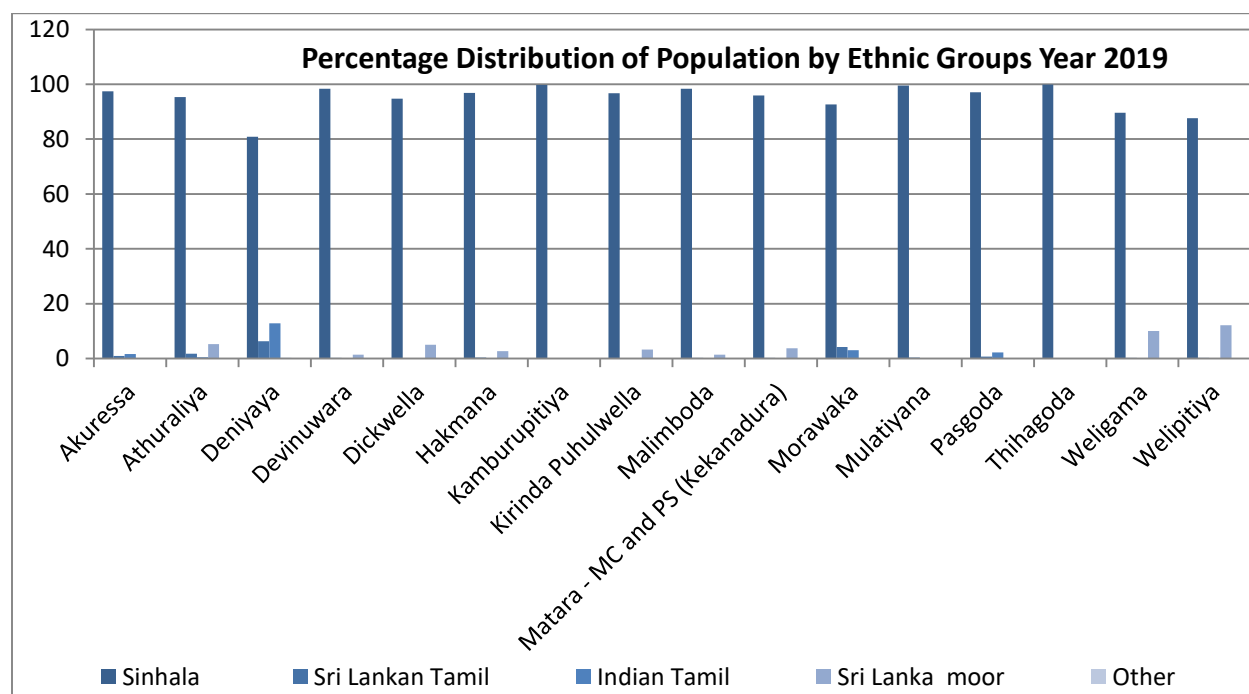
Population by age groups – Male and Female



1.8 Percentage Distribution of Population by Ethnic Group and MOH Divisions Year 2019

No.	MOH Division	Sinhala	Sri Lankan Tamil	Indian Tamil	Sri Lanka moor	Other
01	Akuressa	97.4	1	1.6	0.02	0.01
02	Athuraliya	92.3	1.8	0.5	5.3	0.03
03	Deniyaya	80.9	6.3	12.9	0.2	0.02
04	Devinuwara	98.4	0.2	0	1.4	0.03
05	Dickwella	94.8	0.1	0.1	5	0.02
06	Hakmana	96.9	0.4	0	2.7	0.02
07	Kamburupitiya	99.8	0.1	0	0.02	0.04
08	Kirinda Puhulwella	96.7	0	0	3.3	0
09	Malimboda	98.4	0.2	0.1	1.4	0.03
10	Matara - MC	95.9	0.3	0.02	3.7	0.12
11	Matara – PS (Kakenadura)					
12	Morawaka	92.6	4.2	3.1	0.1	0.02
13	Mulatiyana	99.5	0.4	0.1	0	0
14	Pasgoda	97.1	0.7	2.2	0	0.01
15	Thihagoda	99.9	0.04	0.02	0.02	0.03
16	Weligama	89.6	0.2	0.1	10.1	0.06
17	Welipitiya	87.6	0.2	0.1	12.1	0.05

(Source: Department of Census District Secretariat office matara)



1.9 No of Schools by Medium

D.S. Division	Sinhala Medium	Tamil Medium	Sinhala and Tamil Medium	English and Tamil Medium	Sinhala and English Medium	Sinhala and Tamil Mediumotal
Akuressa	25	1			1	27
Athuraliya	16	1				17
Deniyaya	19	4	1		2	25
Devinuwara	13	1			2	16
Dickwella	23	1			1	25
Hakmana	20	1			2	23
Kamburupitiya	20				1	21
Kirinda	9	1			1	11
Malimboda	12	1			1	14
Matara - MC	25	1			12	38
Morawaka	23					23
Mulatiyana	7				2	9
Pasgoda	29				1	30
Thihagoda	14				3	17
Weligama	21	1		1	2	25
Welipitiya	34	3				37
Total	310	16	1	1	30	358

(Source: Department of Census District Secretariat office matara)

1.10 No of Teachers, Students , by the type of School

Type of School	No of Schools	No of Teachers	No of Students
Government Schools	358	10471	163266
Pirivens	67	617	5209
Private / International School	6	224	5105
Daham Pasals	534	7257	129724
Pre Schools	654	1480	19048

(Source: Department of Census District Secretariat office matara)

1.11 No of Elderly care and Disable Homes In Matara District

Type	Sector	Number	Male	Female	Total No of Residents
Elderly Care Centers	Government	5	42	64	106
	Private	5	39	59	98
Disable Homes	Private	4	14	51	65

(Source: Department of Census District Secretariat office matara)

1.12 Road Traffic Accidents in Matara District Year -2017, 2018 and 2019

Type of Road Accident s	Year 2017	Year 2018	Year 2019
Fatal Accidents	92	97	118
Serious Accidents	322	327	312
Minor Injuries Accidents	397	393	364
Accident Damages	249	178	230
Total	1060	995	1024

(Source - Police Headquarters Matara)

1.13 Crimes Reported in Matara District Year 2019

Description	2017	2018	2019
Rape of Women (More than 16 years of age)	87	15	15
Statutory Rape with the consent of the victim (Women under 16 Years of age)	65	66	43
Statutory Rape without the consent of the victim (Women under 16 years of age)	8	8	3
Sexual Exploitation of children	3	3	0

(Source - Police Headquarters Matara)

1.14 Ayurvedic Medical Facilities by D.S. Divisions – 2019

MOH Divisions	No of Ayurvedic Hospitals	No of Ayurvedic Doctors	No of other Staff	No of Patients treated
Devinuwara		01	3	13976
	01 (Aparekka Ayurvedic Hospital)	15	26	47195
Hakmana	01 (Hakmana Ayurvedic Dispensary)	1	1	14056
Kirinda Puhulwella	01 (Kirinda Ayurvedic Dispensary)	1	4	11654
Kotapola	01 (Waralla Ayurvedic Hospital)	7	21	32641
Kakenadura	01 (Kakenadura Ayurvedic Dispensary)	1	2	8134
Matara	01 (Ruhunu University Ayurvedic Dispensary)	1	1	7986
Thihagoda	01 (Yatiyana Ayurvedic Dispensary)	1	4	21654
Welipitiya	01 (Welipitiya Ayurvedic Dispensary)	9	20	31362
	01 (Wattakkagoda Ayurvedic Dispensary)	1	3	9654
Kamburupitiya	01 (Karaputugala Ayurvedic Dispensary)	5	12	15299
Total	11	43	97	213611

(Source – Ayurvedic Department)

1.15 Population by MOH, PHI,PHM and GN Divisions in Matara District

No.	MOH Division	PHI Division	PHM Division	Name of GN Division
01	Akuressa	Akuressa	Akuressa	Akuressa, Popramba
			Paraduwa	Melewwa, Paraduwa East, Paraduwa North, Paraduwa South
			Yakabadda	Galabadahena, Yakabedda
		Maramba	Ganhalla	Asmagoda, Ganhalla, Higgoda
			Lenama 1	Hulandawa, Maramba North, Paddapitiya North
			Lenama 2	Diganahena, Lenama North, Lenama South, Udupitiya
		Maliduwa	Maramba	Idikakudeniya Maramba South, Minipegoda, Peddapitiya South
			Dolamawatha	Dolamawatha
			Ihala Maliduwa	Ihala Maliduwa, Kohugoda
			Ketanwila	Katanvila, Manikgoda
		Henegama	Pahala Maliduwa	Bopitiya, Pahala Maliduwa
			Henegama East	Henegama, Paragahawatta
			Henegama West	Henegama West, Ihala Kiyaduwa
		Diyalape	Nimalawa	Gallala, Nimalawa, Nimalawa East
			Dediyagala	Dediyagala
			Diyalape	Diyalape, Eramudugoda
			Ehalape	Ehalape, Vilagama
Imbulgoda	Iluppella, Imbulgoda			
Welikatiya	Ellewala, Nawalagoda, Welikatiya			
02	Athuraliya		Godapitiya	Panadugama
		Godapitiya		Godapitiya
		Porathota		Hawpe, Thalahagama West
		Thibbotuwawa	Thalahagama	Thalahagama east, Wenagama
			Pahala Athuraliya	Athuraliya East, Athuraliya West, Pahala Athuraliya
			Ihala Athuraliya	Balakawala, Ihala Athuraliya, Namburukanda
			Wilpita East	Wilpita East 1, Vilpita East 2, Yahamulla
			Wilpita West	Wilpita West, Walagepiyadda
			Uggashena	Uggashena
		Urumuththa	Thibbotuwawa	Thibbotuwawa North, Thibbotuwawa
			Urumuththa	Dematapassa, Kehelwala
			Welihena	Urumutta, Urumutta South
			Dematapassa	Divithura, Welihena
03	Deniyaya	Deniyaya	Aninkanda Watta	Kalugalahena
			Deniyaya 2	Ihalagana
			Thanipita	Thenipita, Part of Deniyaya
			Deniyaya 1	Deniyaya West , Part of Deniyaya

		Kotapola	Bodeniya	Nawalahena, Usamalagoda
			Kosmodara South	Kotapola South
			Ilukpitiya	Ilukpitiya , Lindagawahena
			Kosmodara	Kosmodara , Muginamulla
			Kotapola North	Kotapola North
		Waralla	Horagala Kotapola South	Horagala East , Horagala West
			Morawaka	Morawaka , Porupitiya
			Paragala	Paragala , Pelawatta, Uvaragala
			Waralla	Koodaluhena , Waralla
		Kolawenigama	Kolawenigama	Beliaththakumbura , Kolawenigama
			Mederipitiya	Mederipitiya , Poddana
			Pallegama 3	Pathawala Nadakanda , Pussawela
		Pallegama	Kiriwaldola	Keeriwalgama , Kiriweldola
			Pallegama 1	Pallegama North
			Pallegama 2	Nissanakapura , Pallegama South
		Deniyaya - W	Andaradeniya	Andarapana
Bateyaya	Bateyaya			
Kandilpana	Kandilpana			
Viharahena	Viharahena			
04	Devinuwara	Dondra	Devinuwara Central	Devinuwara, Devinuwara Nugegosda, Devuinuwara Welegoda, Devinuwara West, SinhasanaPedesa
			Devinuwara North	Devinuwara Central, Devinuwara North
			Kapugama West	Gandarawaththa South, Kapugama Central, Kapugama West
			Devinuwara South	Devinuwara east, Devinuwara South, Light housePlace, Wawwa
		Talalla	Kapugama East	Gandara East , Gandara South
			Gandara West	Gandara Central, Gandara West
			Gandara East	Kapugama East
		Aparekka	Uda Aparekka	Aparekka North , Uda Aparekka East
			Uda Aparekka West	Baddegammedda, Uda Aparekka
			Pahala Aparekka East	Kadawedduwa East, Walbulugahahena
			Pahala Aparekka West	Agarawala, Kadawedduwa West
		Naotunna	Naotunna	Naotunna South, Thalalla, Thalalla Central, Thalalla South
			Thalalla North	Delgalla, Thalalla East, Thalalla North
			Madawala	Naotunna , Naotunna Central, Naotunna North
			Pathegama North	Pathegama East, Pathegama North
		05	Dickwella	Dickwella
Wathegama	Bathigama East, Wathegama South			
Dickwella	Dickwella Central, Dickwella East, Dickwella South			
Yonakapura	Dickwella Muslim Yonakapura East, Dickwella Muslim Yonakapura West			
Babarenda	Akurubabila			Babarenda Central, Rathmale

		Urugamuwa	Babaranda	Babarenda North, Pohosathugoda
			Hunnadeniya	Bambarenda East, Bambarenda South, Bambarenda West
			Dandeniya	Dandeniya North, Dandeniya South
			Wehalla	Urugamuwa, Wehella, Wehella North, Wehella South
			Radampala	Radampala, Urugamuwa South
			Urugamuwa	Bodarakanda, Urugamuwa East
		Walasgala	Murithagaspitiya	Urugamuwa Central, Urugamuwa North, Urugamuwa West
			Dematapitiya	Dickwella North, Walasgala East
			Nilwella	Dodampahala Central, Dodampahala North, Dodampahala East
			Dodampahala	Dodampahala South, Dodampahala West
		Kottegoda	Wewurukannala	Wattegama North, Wewurukannala
			Walasgala	Walasgala West, Wattegama
			Pathegama South	Pathegama Central, Pathegama South
			Kottegoda	Beliwatta, Kottegoda, Suduwella
			Godauda	Belideniya, Godauda, Lunukalapuwa
06	Hakmana	Hakmana	Muruthamure	Kandegoda , Muruthamure , Muruthamure East
			Beruwewela	Beruwewela , Koongala West , Muruthamure West
			Kongala	Kongala South , Kongala East Kongala Central
		Narawalpita	Narawalpita North	Narawalpita North , Narawalpita East
			Narawalpita South	Narawalpita West , Narawalpita South
		Denagama	Ellewela	Ellewela East , Ellewela West
			Meealla	Badabadda , Meealla
			Pananwela	Pananwela East , Pananwela West
			Denagama	Denagama East , Denagama North , Denagama West
		Wepathaera	Wepathera	Wepathera North , Wepathera South , Wepathera West
			Kohuliyadda	Gammadapitiya , Kohuliyadda
			Kabiliyapola	Kabiliyapola North , Kabiliyapola South
		Lalpe	Udupeellegoda	Udupeellegoda East , Udupeellegoda West
			Gangodagama	Gangodagama , Poththewela
			Lalpe	Lalpe
07	Kamburupitiya	Kamburupitiya	Eriyathota	Beragamulla , Eriyathota
			Gathara	Gatara East , Gatara West , Gatara North
			Kamburupitiya	Kamburupitiya , Magamure
			Narandeniya	Ganagama , Narandeniya East , Narandeniya West , Part of Sapugoda
		Mapalana	Akurugoda	Akurugoda , Kahagala
			Godawa	Godawa , Seewelgama
			Kahagala	Kahagala , Mapalana Madin Ihala
			Pitakatuwana	Mapalana Madin Pahala , Pitakatuwana
			Urapola	Palolpitiya , Urapola East , Urapola West
		Karagoda Uyangoda	Sapugoda	Part of Sapugoda , Lenabatuwa
		Ihala Vitiyala	Ihala Vitiyala East , Ihala Vitiyala North , Ihala Vitiyala South , Ihala Vitiyala	

				West
			Karagoda Uyangoda 1	Bibulewela , Karagoda Uyangoda 1 Atha East
			Karagoda Uyangoda 2	Karagoda Uyangoda 2 West , Karagoda Uyangoda 1 West , Karagoda Uyangoda 2 East
		Karaputugala	Masmulla	Ullala Masmulla , Ullala West
			Karaputugala	Karaputugala North , Karaputugala South , Thumbe
		Malana	Malana , Ullala East	
08	Kirinda Puhulwella	Kirinda Puhulwella	Puhulwella	Kirinda Magin Pahala, Puhulwella East, Puhulwella West
			Hettiyawala 2	Hettiyawala North, Hettiyawala West, Kirinda Magin Pahala North
			Kirinda	Kirinda Magin Pahala Central, Kirinda Magin Pahala East, Wavulanbokka
			Malwathugoda	Galkanda, Malwathugoda,
		Walakanda	Ovitigamuwa	Ovitigamuwa North, Ovitigamuwa South
			Hettiyawala 1	Boralukatiya, Hettiyawala East, Hettiyawala South
			Karathota	Karathota, Kumbalgoda, Naradda
			Walakanda	Walakanda East, Walakanda South, Walakanda West
Wathukolakanda	Kirinda Magin Pahala South, Wathukolakanda East, Wathukolakanda North			
09	Malimboda	Malimbada	Akurugoda Estate	Akurugoda East , Akurugoda South
			Galpamuna	Galpamuna , Malimboda South , Malimboda West
			Malimboda	Malimboda East, , Malimboda West
			Sulthanagoda	Sulthanagoda East, , Sulthanagoda South, , Sulthanagoda West
		Thelijjawila	Akurugoda West	Akurugoda West , Akurugoda North
			Katuwangoda	Kadduwa , Katuwangoda , Unindugoda
			Kirimatimulla	Kirimatimulla North , Kirimatimulla South
		Dampella	Thelijjavila	Kadukanna , Thelijjavila
			Dampalla	Dampella , Kekunawela , Maragoda , Welandagoda
			Horagoda	Horagoda South , Horagoda West , Nape
			Vikumgama	Elgiriya , Horagoda East , Pahala Kiyaduwa
10	Matara - MC	Uyanwaththa	Walpola 2	Uyanwaththa
			Weragampita	Weragampita
			Thudawa	Thudawa North , Thudawa East , Thudawa South
		Kotuwegoda	Eliyakanda	Eliyakanda North , Eliyakanda South
			Kotuwegoda	Fort , Kotuwegoda North , Kotuwegoda South
			Maddawaththa	Maddawaththa , Maddawaththa South
		Walgama	Walgama Northh	Mathotagama , Walgama North
			Walgama Central	Walgama , Walgama Mada
		Isadeen Town	Welegoda	Isadeen Town
			Hiththatiya Central	Hittatiya Mada , Hittatiya West
			Walgama Mada	Walgama West
		Polhena	Polhena	Polhena
			Walgama South	Madiha East , Madiha West , Walgama South
		Weliweria	Walpola 1	Walpola

		Welegoda	Hiththatiya East	Hiththatiya East , Sudarshi Place		
			Weliweria	Weliweria East , Weliweria West		
			Pamburana	Pamburana		
			Welegoda East	Welegoda East		
			Thotamuna	Noope , Thotamuna		
		Matara Central	Kadaweediya	Kadaweediya South , Kadaweediya West		
			Uyanwaththa	Kadaweediya East , Uyanwaththa North		
11	Matara – PS (Kakenadura)	Thalpawila	Kumbalgama	Gandarawatta , Veherahena , Wewa Ihalagoda		
			Thalpawila	Thalpawila north , Thalpawila South		
			Meddawaththa	Rassandeniya		
		Kekanadura	Motagedara	Kekanadura Central , Kekanadura West		
			Kokawela	Kokawela , Parawahera North		
			Parawahera	Parawahera East , Parawahera South		
			Kekanadura	Kekanadura South		
		Thanaththegoda	Kanaththegoda	Kekanadura East , Nakuttiya		
			Kanaththegoda East	Kanaththegoda North , Kanaththegoda South, Wewahamanduwa		
		Nawimana	Godagama	Eduwa Madurudoowa , Godagama		
			Nawimana 1	Nawimana North , Nawimana South , Pahalagoda		
			Nawimana 2	Makavita , Ruwan Ella , Weradoowa		
		12	Morawaka	Morawaka	Deeyagaha	Deeyagaha East , Deeyagaha West , Deeyagaha North
					Kodikaragoda East	Kodikaragoda East, Kodikaragoda West
					Rambukana	Rambukana East, Rambukana West
Waliwa 2	Kosnilgoda, Paradupalla					
Pitabaddara	Waliwa 1			Aluwana, Waliwa		
	Pitabaddara			Kaduruwana, Pitabeddara		
Siyambalagoda	Dehigaspa			Dehigaspe, Powakbadovita , Waturakumbura		
	Siyambalagoda West			Mahapotuvila, Siyambalagoda West		
	Siyambalagoda East			Diyadawa, Ihala Ainagama, Siyambalagoda East, Wanasinkanda		
Kalubowititiyana	Haththotuwa			Dankoluwa, Enamaldeniya, Kotagala		
	Kalubowititiyana			Ambewela, Galabada, Kalubovitiyana		
	Dangala			Dangala East , Dangala West		
	Edandukitha			Edandukitha East, Edandukitha West		
Derangala	Alapaladeniya			Alapala Deniya North, Alapaladeniya South		
	Banagala			Banagala West, Banagala East		
	Darangala 1	Derangala Kiriwelkale South,				
	Derangala 2	Kiriwelkale North				
	Kudalahena	Kudalahena, Thalapekumbura				
13	Mulatiyana	Mulatiyana	Gorakawela	Gorakawela, Thannahena		
			Didenipotha	Didenipotha East , Didenipotha North , Didenipotha South		
			Gombaddala	Gombaddala North , Gombaddala South , Kudapana		
			Mulatiyana	Galletumba , Mulatiyana , Neralampitiya		

		Makandura	Seenipalla	Maduwala , Seenipalla West
			Baragama	Baragama East , Baragama North
			Makandura 1	Makandura East , Ransagoda East
			Makandura 2	Makandura West , Rasegoda North
			Ranagala	Beragama South , Beragama West
		Radawela	Athapathukanda	Athapathukanda , Dewalegama East , Parapamulla East
			Kithsiripura	Batadola , Kithsiripura
			Pallewela	Pallewela , Pitawalgamuwa
			Radawela	Dewalegama West , Radawela East , Radawela West
		Deiyandara	Belpamulla	Belpamulla , Seenipalla East
			Katapolakanda	Gammadagama , Katapolakanda
			Katiyape	Katiyape North , Katiyape South
			Parapamulla	Deiyandara , Parapamulla South , Parapamulla West
		Ransagoda	Bamunugama	Bamunugama East , Bamunugama West
			Horapavita	Horapavita North , Horapavita South
			Ransagoda	Koramburuwana , Meepavita , Mudaligedara
Rathkakulawa	Ransagoda South , Ransagoda West , Rathkekulawa			
14	Pasgoda	Rotumba	Mologgamuwa	Mologgamuwa North , Mologgamuwa South
			Panakaduwa	Panakaduwa East , Panakaduwa West
			Rotumba 1	Denkandaliya , Napath Ella , Rotumba East
			Rotumba 2	Galketikanda , Rotumba West
		Bengamuwa	Bengamuwa	Bengamuwa East , Bengamuwa South
			Dampahala	Dampahala East , Dampahala West
			Poddeniya	Bengamuwa West , Poddeniya
		Mawarala	Gomola	Ehalakanda , Gomila
			Mawarala	Mawarala , Puwakgahahena
			Pasgoda	Andaluwa , Pasgoda
		Urubokka	Hulankanda	Heegoda , Hulankanda
			Keeripitiya	Keeripitiya East , Keeripitiya West
			Makiliyathanna	Makiliyathanna
			Urubokka	Urubokka
		Kekundeniya	Ginnaliya 2	Ginnaliya South , Ginnaliya West
			Ginnaliya 1	Ginnaliya East , Ginnaliya North
Kakundeniya	Keralapanathara South , Kekanadura			
Katawala	Katawala , Pattigala			
Beralapanathara	Batandura	Batandura North , Batandura South		
	Beralapanathara 1	Beralapanathara North , Thalapalekanda		
	Beralapanathara 2	Pathavita , Wijayagama		
	Kirilapana	Kirilapana , Moragala		
15	Thihagoda	Thihagoda	Thihagoda	Kapudoowa , Kapudoowa East , Thihagoda East , Thihagoda
			Kithalagama (W)	Kithalagama (W) , Kithalagama (Central)

		Aththudawa	Kithalagama (E)	Kithalagama (E) 1 , Kithalagama (E) 2 , Kithalagama (E) 3 , Polathugoda
			Pahala Vitiyala	Pahala Vitiyala Central , Pahala Vitiyala East , Pahala Vitiyala West
			Walleto	Narangala , Welletotha
			Aththudawa	Attudawa , Attudawa West Watagedara , Watagedara East
			Nandugala	Bandaththara 1 , Nandugala 1 , Nandugala 2
		Yatiana	Bandaththara	Bandaththara 2 , Naimbala 1 , Naimbala 2
			Palatuwa	Dematahettigoda , Elambathalagoda , Palatuwa , Unella
			Yatiana	Batuvita 2 , Koottawatta , Yatiana
			Galboda	Galbokka , Uduwa East , Uduwa West
			Komangoda	Bativita 1 , Komangoda 1 , Komangoda 2
16	Weligama	Weligama – N	Kapukanaththa	Akkarapanaha , Medauyangoda
			Kapparathota	Kapparathota North , Kapparathota South
			Maha Weediya	Maha Weediya , Walliwala
		Weligama - S	Walliwala	Walliwala East , Walliwala West
			Aluth Weediya	Aluth Weediya West , Kohunugamuwa
			Galbokka	Hettiweediya , Galbokka West
		Midigama	Palana West	Galbokka East , Paranakade , Lelana West
			Midigama North	Midigama North , Wekada
		Mirissa	Midigama West	Denuwala , Midigama East , Midigama West
			Henwala	Henwala East , Henwala West , Miriss Udumulla
Mirissa North	Mirissa North , Mirissa Udupila			
Mirissa South	Mirissa South 1 , Mirissa South 2			
Palana	Pelana North , Pelana South			
Kamburugamuwa	Polwatta	Polwatta , Polwathumodara		
	Garanduwa	Garanduwa , Thalaramba North , Thudalla		
	Kamburugamuwa	Kamburugamuwa North , Kamburugamuwa South , Kamburugamuwa West		
	Kotavila	Kotavila North , Kotavila South , Kotavila West , Nidangala		
Moodugamuwa	Thalaramba	Bandaramulla , Thalaramba East , Thalaramba South		
	Gurubabila	Gurugabila , Pitidoowa		
	Moodugamuwa	Moodugamuwa East , Moodugamuwa West		
17	Welipitiya	Kananke	Pathegama	Pathegama , Walana
			Kokmaduwa	Kokmaduwa North , Padili Kokmaduwa , Sahabandu Kokmaduwa
			Poramba Kananke North	Nivithiwelbokka , Poramba Kananke North , Puhulahena
			Poramba Kananke South	Poramba Kananke South , Nalawana
		Jamburegoda	Wahala Kananke	Wahala Kananke North , Wahala Kananke South
			Ibbawala	Borala , Ibbawela , Vilegoda
			Jamburegoda	Jamburegoda East , Jamburegoda West
		Denipitiya	Palalla	Maduragoda , Palalla
			Denipitiya	Denipitiya Central , Denipitiya West
			Denipitiya East	Denipitiya East
		Watagedaramulla	Kapuwatta , Watagedaramulla	

		Welipitiya	Hallala	Beraleliya , Hallala
			Panatiyana	Panatiyana East , Panatiyana West
			Welipitiya	Welipitiya
			Wallana	Bathalahena , Wellana
		Warakapitiya	Udukawa	Moonamalpe , Udukawa North , Udukawa South
			Uruvitiya	Jayawickrama Pura , Meeruppa , Uruvitiya
			Warakapitiya	Warakapitiya East , Warakapitiya North , Warakapitiya South

(Source: Department of Census District Secretariat office matara)

2 HUMAN RESOURCES AND HEALTH SERVICE DELIVERY

2.1 Cadre and In position Details year 2019 of Base Hospital

Designation	BH Kamburupitiya (A)		BH Deniyaya (B)		Total In
	Cadre	In	Cadre	In	
Medical Superintendent	1	1	1	1	2
Medical Consultant	15	07	10	3	10 (+ 2 Acting)
General Surgeon					
General Physician					
Obstetrician & Gynecologist					
Pediatrician					
Eye Surgeon					
Anesthesiologist					
Dermatologist					
Psychiatrist					
Histo Pathologist					
Radiologist					
Con. Dental Surgeon	1	0	0	0	0
Medical Officer	100	77	50	19	96
Dental Surgeon	5	3	3	1	4
Registered Medical Officer	1	0	1	0	0
Accountant	1	0	1	0	0
Administrative Officer	1	1	1	0	1
Matron	2	2	1	1	3
Nursing Sister/Master	10	7	4	2	9
Nursing Officer	200	190	70	63	253
Pharmacist	12	8	8	3	11
Programming Assistant	0	1		0	1
Medical Record Assistant	2	0	1	0	0
Development Officer	6	10	4	3	13
Psychiatric Social Worker	1	0	1	0	0
Dispenser	5	5	4	4	9
Medical Laboratory Technologist	10	10	4	2	12
Radiographer	4	2	2	1	3
Physiotherapist	3	3	1	1	3
Ophthalmic Technologist	2	2	1	2	4
ECG Recordist	4	4	2	1	5
Speech therapist	1	1		0	1
Public Health Midwife	20	13	15	6	19
P.H.L.T.	1	1	1	1	2
Management Assistant	12	11	7	7	18
IT Assistant	1	0		0	0
Public Health Field Officer	0	1		0	1
Driver	4	5	3	4	8
Attendant	45	42	24	6	48
Hospital Overseer	2	2	2	0	2
Cook	5	1	3	0	1
Ward clerk	3	3	2	1	4
Diet Steward	1	1	1	1	2
SKS (O)	50	8	30	1	9
SKS (J)	50	77	20	36	113
Tele .O	3	3	2	1	4
Electrician	1	1	1	0	1
Carpenter	1	0	1	0	0
Mason	1	0	1	0	0
Welder	1	1	1	0	1
Lab Orderly	2	1	1	0	1
Pump Operator	1	0	1	0	0
Seamstress	1	0	1	0	0
K.K.S.	1	1	0	0	1
Lift Operator	1	1	0	0	1
Occupational Therapist	1	0	0	0	0
House Warden	1	0	0	0	0

2.2 Cadre and In position Details year 2019 of Divisional Hospital

Designation	Gangodagama DH		RuhunugamDH		Welligama DH		Mawarala DH		Urubokka DH		Deiyandara DH		Narawelpita DH		Akuressa DH		Morawaka DH		Urugamuwa DH		Dickwella DH		Thalalla DH	
	Cadre	In	Cadre	In	Cadre	In	Cadre	In	Cadre	In	Cadre	In	Cadre	In	Cadre	In	Cadre	In	Cadre	In	Cadre	In	Cadre	In
Medical Officer	3	4	2	2	6	6	6	4	4	3	3	3	4	5	8	7	5	6	2	1	5	6	2	2
Dental Surgeon	1	1	1	0	1	2	1	1	1	1	1	1	1	1	1	2	1	1	1	1	1	1	1	1
AMO/RMO	1	0	1	0	2	2	0	0	1	0	0	0	0	0	3	1	1	1	0	0	0	0	2	1
Nursing Sister/Master	0	0	0	0	2	2	1	0	0	0	0	0	1	0	2	2	1	1	0	0	1	2	0	0
Nursing Officer	14	15	3	1	17	17	12	10	12	11	6	9	11	11	28	28	20	26	3	4	18	18	3	4
Pharmacist	1	1	0	0	1	1	2	0	1	1	0	0	1	1	2	2	1	1	0	0	1	1	0	0
Public Health Nursing Officer	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
Medical Laboratory Technologist	1	0	0	0	1	1	1	0	1	0	0	0	1	1	1	1	1	0	0	0	1	1	0	0
Public Health Midwife	3	3	3	0	3	0	6	1	5	3	3	4	3	4	6	5	6	3	3	0	5	4	3	1
Planning & Programming Assi	0	0	0	0	1	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Programming Assistant	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0
Development Officer	1	2	1	1	1	1	1	2	1	3	1	3	1	3	1	1	1	2	1	1	1	2	1	2
Dispenser	2	2	2	2	3	2	2	2	2	2	2	2	1	1	3	3	2	2	2	2	2	1	2	2
Management Assistant	1	0	0	0	1	1	1	1	1	1	1	1	1	1	1	1	2	0	0	1	2	0	0	0
Ward Clerk	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0
Driver	1	1	1	1	1	0	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Attendant	8	6	3	1	13	10	13	10	8	8	4	7	8	7	13	11	11	8	3	4	9	9	3	3
Cook	0	0	0	0	0	1	1	0	0	0	0	0	0	0	2	1	0	0	0	0	0	0	0	0
Hospital Overseer	0	0	0	0	1	1	0	0	0	0	0	0	1	0	1	0	0	0	0	0	1	1	0	0
Spray Machine Operator	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Saukya karya sahayaka (O)	7	5	3	1	10	4	7	1	8	2	5	7	7	5	10	8	7	3	3	1	10	7	4	3
Saukya karya sahayaka (J)	6	8	3	3	8	12	6	7	6	11	6	7	6	7	10	12	9	12	4	6	8	6	4	5
Watcher	1	0	0	0	1	0	0	0	1	0	1	0	0	0	1	0	1	0	0	0	1	1	0	0
F/A	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0
T/B Ass	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0

2.3 Cadre and In position Details of MOHs

	Matara (MC) MOH		Athuraliya MOH		Akuressa MOH		Deniyaya MOH		Dickwella MOH		Devinuwara MOH		Kamburupitiya MOH		Hakmana MOH		Malimboda MOH	
	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp
Medical Officer	2	4	2	2	2	1	2	2	2	2	2	2	2	2	2	2	2	2
Dental Surgeon	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
Planning & Programming Assistant	0	2	0	1	0	0	0	0	0	0	0	1	0	0	0	1	0	0
Public Health Nursing Sister	1	1	1	0	1	1	1	0	1	1	1	0	1	0	1	1	1	0
School Dental Therapist	5	2	1	1	1	2	1	1	2	1	2	1	1	0	1	1	2	1
Supervisory Public Health Inspector	1	0	1	1	1	1	1	0	1	1	1	1	1	1	1	1	1	1
Supervisory Public Health Midwife	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	0
Public Health Inspector	8	7	3	3	5	5	6	6	5	4	4	3	5	4	5	4	3	1
Public Health Midwife	20	16	13	11	19	17	23	21	20	13	16	9	16	13	15	11	12	9
Development Officer	2	0	1	1	2	2	2	2	2	3	2	2	2	3	2	2	2	2
Management Assistant	1	0	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Driver	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Watcher	1	1	1	0	1	1	1	1	1	1	1	0	1	1	1	0	1	1
Saukya karya sahayaka(O)	1	0	1	1	1	0	1	0	1	3	1	2	1	1	1	0	1	1
Saukya karya sahayaka (J)	4	7	2	2	2	4	2	3	3	1	3	1	2	2	2	2	3	3
Spray Machine Operator	0	2	0	0	0	0	0	1	0	1	0	1	0	0	0	0	0	0
Attendant	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	1
SKS (Dental)	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	1	0	0

	Matara (PC) MOH		Mulatiyana MOH		MOH Morawaka		Pasgoda MOH		Thihagoda MOH		Weligama MOH		Welipitiya MOH		Kirinda Puhulwella MOH	
	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp	Cad	Inp
Medical Officer	2	2	2	2	2	2	2	2	2	2	2	2	2	3	2	2
Public Health Nursing Sister	1	1	1	1	1	1	1	0	1	0	1	0	1	0	1	1
School Dental Therapist	1	1	1	0	1	1	2	1	1	1	3	1	2	0	1	0
Supervisory Public Health Inspector	1	1	1	1	1	1	1	0	1	1	1	1	1	1	1	1
Supervisory Public Health Midwife	1	0	1	1	1	1	1	1	1	1	1	1	1	0	1	0
Public Health Inspector	4	4	5	4	5	4	6	5	3	3	6	4	5	4	2	2
Public Health Midwife	12	8	20	17	21	14	22	14	14	12	22	17	18	13	9	6
Development Officer	1	2	2	3	2	2	2	1	2	2	2	2	2	2	2	3
Management Assistant	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Driver	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1	1
Watcher	1	1	1	0	1	0	1	0	1	0	1	1	1	0	1	0
Saukya karya sahayaka (O)	1	0	1	1	1	1	1	1	1	2	1	2	1	2	1	1
Saukya karya sahayaka (J)	2	3	3	3	2	1	2	1	2	2	4	3	2	2	2	1
Spray Machine Operator	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0
Attendant	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0
Dental Surgeon	0	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0
Planning & Programming Assistant	0	1	1	0	0	0	0	1	0	1	0	0	0	0	0	0
RMO	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
SKS (Dental)	0	1	0	0	0	1	0	1	0	0	0	0	0	0	0	0
Health Entomological Assistant	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0

2.4 Cadre and In Position Details of PMCUs

	Medical Officer		RMO		Dental S.		Dispenser		SKS (J)		SKS (O)		Attendant		Development Officer		PH Nursing Officer		Driver		Watcher		Nursing Officer		PHM		Management Assistant	
	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position
PMCU TELIJAVILA	0	1	2	2	0	0	1	1	1	1	1	1	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0
PMCU MIRISSA	0	1	2	2	1	1	1	1	1	4	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU DEVINUWARA	1	2	2	1	1	1	1	1	1	4	1	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0
PMCU KAMBURUGAMUWA	0	1	1	2	0	0	1	1	1	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU BERALAPANATARA	1	1	1	0	0	0	1	0	1	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU GALBOKKA	1	1	2	1	0	0	1	1	1	3	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU DEHIGASPE	0	2	1	0	0	0	1	1	1	2	1	0	0	1	0	1	0	0	0	0	0	0	0	0	0	0	0	0
PMCU DENIPITIYA	0	1	2	1	0	0	1	1	1	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU DARANGALA	1	1	0	0	0	0	1	1	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU HAKMANA	1	1	1	1	0	0	1	1	1	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU KAKANADURA	0	1	2	1	0	0	1	1	1	1	1	1	0	2	0	1	0	0	0	0	0	0	0	0	0	0	0	0
PMCU MAKANDURA	0	1	1	1	0	0	1	2	1	0	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU MARAMBA	0	1	1	0	0	0	1	1	1	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU ROTUMBA	1	1	0	0	0	0	1	1	1	0	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU YATIYANA	0	1	1	1	0	0	1	1	1	0	1	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU THIHAGODA	0	1	1	1	0	0	1	1	1	2	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU HORAGOGA	0	1	1	1	0	0	1	1	1	1	1	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU KAPUGAMA	0	0	1	2	0	0	1	1	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
PMCU MIDIGMA	4	2	1	0	0	0	2	1	3	2	3	2	2	0	1	1	0	0	0	0	1	0	2	0	2	0	0	0
PMCU PALLEGAMA	2	1	0	0	1	0	2	1	2	3	2	1	2	1	1	0	0	0	1	1	1	0	2	0	2	0	0	1
PMCU KIRINDA PUHULWELLA	2	2	1	1	1	1	1	2	4	4	2	2	4	3	1	1	0	0	1	1	0	0	2	1	2	0	0	0
PMCU KOTAPOLA	3	1	0	0	0	0	2	1	2	1	2	0	3	1	1	0	0	0	1	0	1	0	2	0	2	0	0	0

2.5 Cadre and In position Details of Special Campaigns

Staff Category	STD Clinic		Chest Clinic		Anti Filaria / Malaria		Rabies Unit	
	Cadre	In Position	Cadre	In Position	Cadre	In Position	Cadre	In Position
Medical Consultant	1	1	0	0	0	0	0	0
Medical Officer	1	2	6	7	1	1	0	0
Psychologist	1	0	0	0	0	0	0	0
Public Health Nursing Sister	0	0	0	0	0	0	0	0
Nursing Officer	3	5	5	4	0	0	0	0
Medical Laboratory Technologist	1	1	1	1	0	0	0	0
Pharmacist	1	1	1	1	0	0	0	0
Public Health Inspector	2	1	1	1	4	2	0	0
Public Health Laboratory Technician sp)	0	0	0	0	1	0	0	0
Public Health Laboratory Technician	2	2	1	2	9	4	0	0
Planning & Programming Assistant	1	1	1	0	0	0	0	0
Development Assistant	0	0	0	0	0	2	0	0
Development Officer	1	1	1	3	2	0	0	0
Dispenser	1	1	1	1	0	0	0	0
Management Assistant	1	1	1	1	1	1	0	0
Attendant	0	0	0	0	0	0	0	0
Driver	1	1	1	1	1	1	0	1
Lab Orderly	1	1	0	0	0	0	0	0
Saukya Karya Sahayaka(O)	1	2	3	0	1	0	0	0
Saukya Karya Sahayaka(Junior)	2	0	3	4	1	3	0	0
Watcher (Substitute)	0	0	0	0	0	0	0	0
Spray Machine Operator	0	0	0	0	32	11	0	0
Physiotherapist	0	0	1	1	0	0	0	0
Lab Assi.	0	0	0	1	0	0	0	0
Entomological Off.	0	0	0	0	1	0	0	0
Entomological Assi	0	0	0	0	8	5	0	0
Public Health Field Officer	0	0	0	0	18	21	0	0
Radiographer	0	0	1	0	0	0	0	0
Vaccinating Field	0	0	0	0	0	0	0	4

2.6 Cadre and In position Details of Regional Director of Health service Officer

Designation	Approved Cadre	In position
Regional Director of Health Service Office		
Regional Director of Health Services	1	1
Deputy Regional Director of Health Services	1	1
Medical Consultant	1	1
Medical Officer	7	6
Medical Officer (Relief)	3	3
Regional Dental Surgeon	1	1
Dental Surgeon	1	1
Accountant	1	1
AMO/RMO	1	0
Entomologist	1	1
Administrative Officer	1	1
Planning and Programme Officer	3	0
Planning and Programme Assistant	0	5
Programme Assistant	0	1
Regional Supervisory Public Health Nursing Officer	2	2
Divisional Pharmacist	1	0
Public Health Midwife	1	0
School Dental Therapist	1	0
IT Officer	1	0
Health Education Officer	4	3
Food And Drug Inspector	2	2
Public Health Inspector	1	0
Development Officer	20	17
Management Assistant	42	42
Technical Officer (Civil)	1	1
Technical Officer (Electrical)	1	1
Technical Officer (Mechanical)	1	1
IT Assistant	1	1
Driver	12	12
Cinema Machine Operator	1	1
Telephone Operator	2	2
KKS	3	0
Saukaya Karya Sahayaka (Ordinary)	8	7
Saukaya Karya Sahayaka (Junior)	4	9
Maintenance Unit		
Electrician	2	0
Carpenter	1	0
Mason	1	0
Plumber/Pump Machine Operator	1	0
Welder	1	0
Bio Medical Engineering Unit		
Bio Medical Engineer	1	1
Development Officer	1	1
Technical Officer (Bio Medical)	3	0
Management Assistant	1	1

Bio Medical Technician	4	0
Technician	1	0
Driver	1	1
Saukya Karya Sahayaka (Ordinary)	1	0
Saukya Karya Sahayaka (Junior)	1	1
Regional Medical Supplies Unit		
Pharmacist	1	1
Development Officer	1	1
Managemene Assistant	1	1
Medical Supplies Assistant	3	1
Driver	2	2
Saukya Karya Sahayaka (ordinary)	3	2
Saukya Karya Sahayaka (Junior)	2	4
Packer	0	1
Mental Health Resource Centre		
Medical Officer	1	1
Psychologist	1	0
Psychiatric Social Worker	1	0
Occupational Therapist	1	0
Development Officer	1	0
Management Assistant	1	1
Driver	1	1
Saukya Karya sahayaka (Junior)	1	1
Mobile Lab		
Nursing Officer	1	0
Medical Laboratory Technologist	1	0
Driver	1	1
Lab Orderly	1	0
Saukya Karya Sahayaka (Junior)	1	1
Mobile Dental Unit		
Dental Surgeon	1	1
Driver	1	1
Saukya Karya Sahayaka (Junior)	1	0
Saukya Karya Sahayaka (Ordinary)	0	0
Attendant	0	0

3 CURATIVE CARE SERVICES

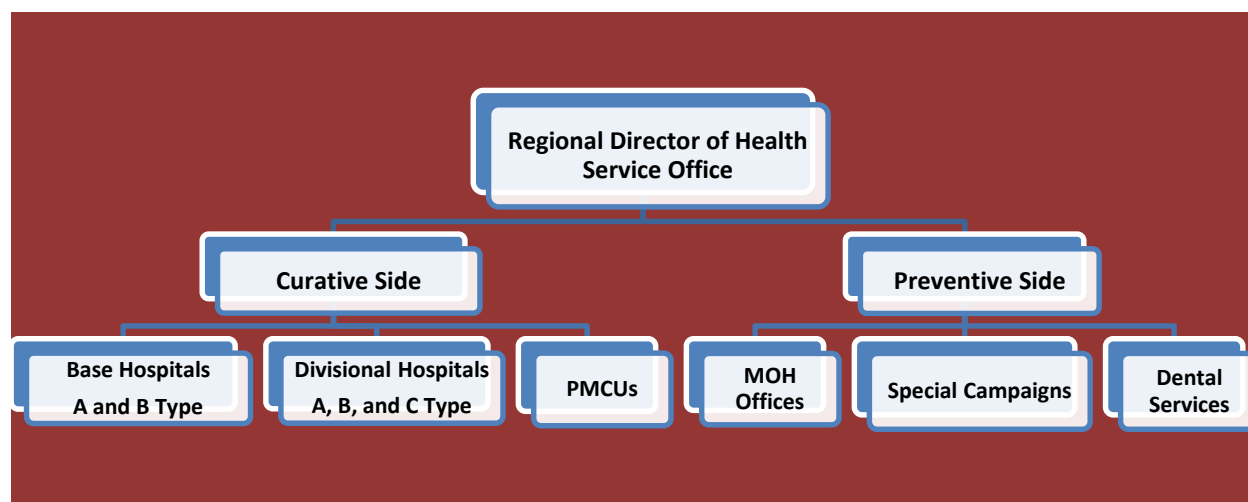
Curative care services of the district provide the treatments and rehabilitative services for acute and chronic illnesses of the patient through a District General Hospital, Base Hospitals Divisional Hospital and Primary Medical Care Units .

3.1 Availability of Curative Care Institutions in Matara District Compared to the Southern Province.

Category	Matara District	Southern Province
Teaching Hospital	-	2
District General Hospital	1	2
Base Hospitals	Type A	4
	Type B	4
Divisional Hospitals	Type A	5
	Type B	23
	Type C	23
	Kirinda and Pallegama Hospital function as a PMCU	
Primary Medical Care Units	20	60
Total	37	210

Dental Services in Matara District Compared to the Southern Province .

Category	Matara District	Southern Province
Hospital Dental Clinics	18	51
Adolescent Dental Clinics	2	11
School Dental Clinic	19	70
Mobile Dental Clinic (Bus)	1	3



3.2 Facilities Offered at Different Medical Institute

3.2.1. Offered at PMCUs

1. Emergency Care Unit to provide following services
 - Identification and stabilization of emergency cases
 - Resuscitation with basic life support measures
 - Referral: communication and transportationManagement of minor emergencies
2. Outpatient Department to provide following services
 - Management of common conditions.
 - Facilities for conducting a polyclinic including Ante-natal, Post-natal, Family Planning, Child Health, Well Women and Medical Clinics etc.
 - Minor Surgical Procedures
 - Oral Healthcare
 - Referral to higher level or a Healthy Lifestyle Centre
3. Facilities for continuation of treatment of patients referred by secondary and tertiary medical institutions
4. Rehabilitation care facilities
 - Assessment of rehabilitation requirements in selected delivery sites
 - Referral to Rehabilitation Departments / Hospitals
5. Palliative Care
 - Counseling for patients and their families
 - Support to self-help groups
 - Control of acute and chronic pain
 - Delivery of home-based palliative care only at selected delivery sites
6. Basic Laboratory Services
 - Chemical Pathology -Blood Sugar, Total Cholesterol, Urine Albumin
 - Collection of samples for UFR, Lipid profile, HbA1C, Serum Creatinine, Blood Grouping, FBC, ESR, Pap smear, VDRL as per ESP
 - Sputum AFB, HIV rapid test, Malaria RDT and microscopy (selected)
7. Diagnostic Tools- ECG facilities
8. Pharmacy
9. Health Services linked to the prevention and management of communicable diseases as per ESP.
10. Health Services linked to the prevention and management of non-communicable diseases as per ESP.

3.2.2. Offered at DHs A,B, and C

1. Accident and Emergency Care Unit to provide following services
 - Identification and stabilization of emergency cases
 - Resuscitation with basic life support measures
 - Referral: communication and transportation
 - Management of minor emergencies
2. Outpatient Department to provide following services
 - Management of common conditions.
 - Facilities for conducting a polyclinic including Ante-natal, Post-natal, Family Planning, Child Health, Well Women etc.

- Specialized clinics on Medicine, Obstetrics & Gynaecology, Paediatrics & Surgery.
 - Oral Healthcare
 - Services of a Consultant Family Physician to be made available only at selected delivery sites.
 - Referral to higher level and a Healthy Lifestyle Centre
3. Inward facilities
- Divisional Hospital A**
- 1 maternity ward
 - 1 male medical ward
 - 1 female medical ward
 - 1 male surgical ward
 - 1 female surgical ward
 - 1 children's ward
- Divisional Hospital B**
- 1 maternity ward
 - 1 male medical and surgical ward
 - 1 female medical and surgical ward
 - 1 children's ward
- Divisional Hospital C**
- 1 male ward
 - 1 female ward
4. Minor operation facilities
5. Labour room facilities
6. Facilities for continuation of treatment of patients referred by secondary and tertiary medical institutions
7. Rehabilitation care facilities
- Assessment of rehabilitation requirements of patients
 - Community Based Rehabilitation available only at selected delivery sites
 - Physiotherapy available only at selected delivery sites
 - Referral to Rehabilitation Departments / Hospitals
8. Palliative Care
- Counseling for patients and their families
 - Support to self-help groups
 - Control of acute and chronic pain
 - Delivery of palliative care at intermediate units available only at selected delivery sites, under shared care of Consultant at Apex Hospital
 - Delivery of palliative care at Divisional Hospital
 - Delivery of home-based palliative care available only at selected delivery sites
9. Basic Laboratory Services
- Chemical Pathology, Haematology, Histology and Cytology, Microbiology as per ESP
10. Radiology & Other Diagnostic Tools
- ECG
 - Ultrasounds other than obstetrics US on priority basis
 - Simple Radiology
 - Spirometry
- To be made available only at selected delivery sites

11. Pharmacy
12. Health Services linked to the prevention and management of communicable diseases as per ESP.
13. Health Services linked to the prevention and management of non-communicable diseases as per ESP.
14. Ambulance Services of visiting consultants will be made available in some of these hospitals through outreach clinics.

3.2.3. Offered at BHs Type B

1. Out Patient Department with separate Preliminary Care Unit, Accident and Emergency Care Unit, Oral Health Unit and Healthy Lifestyle Center
2. Clinic facilities
3. In ward facilities
 - 1+1 Medical Unit - Consultants 1+1
 - 1+1 Surgical Unit - Consultants 1+1

Second post can be filled after filling the first post in all Type B Base Hospitals

 - 1+1 Obstetrics & Gynaecology Unit - Consultants 1+1
 - 1+1 Paediatric Unit - Consultants 1+1
 - 1 Anaesthesia Unit
 - 1 Psychiatry Unit
 - 1 Eye Surgical Unit
4. Intensive Care Unit
5. Operation Theatres

One theatre complex comprising of 1 theatre for gynaecology and surgery a separate eye theatre and a theatre table for caesarean sections and a theatre table for casualties
6. Diagnostic Services
 - Radiology Unit – 1 Radiologist
 - Pathology Unit with 1 Histopathology Unit
7. Dermatology Unit
8. Pharmacy
9. Blood Bank
10. Medical Records Unit/ Health Information Management Unit
11. Planning Unit
12. Quality Management Unit
13. Health Promotion Unit
14. Infection Control Unit
15. Nephrology Unit for depending upon the service requirement.

3.2.4. Offered at BHs Type A

1. Out Patient Department with separate Preliminary Care Unit, Accident and Emergency Care Unit and screening facilities
 - 1 VP/OPD (The post of VP/OPD should be filled after filling the posts of 2 inward physicians in all Type A Base Hospitals)
 - 1 Oral Health Unit
 - 3 Emergency Physicians
2. Clinic facilities
3. In ward facilities
 - 2 Medical Units
 - 2 Surgical Units
 - 2 Obstetrics & Gynaecology Units
 - 2 Paediatric Units
 - 1 Anaesthesia Unit – 2+ 1 Consultant Anaesthetists (After filling the second post in all BHAs.)
 - 1 Psychiatry Unit
 - 1 ENT Surgical Unit
 - 1 Eye Surgical Unit
 - 1 Dermatology Unit
 - 1 Geriatric Medical Unit
 - 1 Cardiology Unit
 - 1 Neurology Unit
 - 1 Respiratory Medicine Unit
 - 1 Oral and Maxillo Facial Surgery Unit
 - 1 Transfusion Medicine Unit – Only for selected hospitals
 - 1 Orthopaedic Surgical Unit – Only for selected hospitals
 - High Dependency Units in wards
4. Intensive Care Units
 - Medical Intensive Care Unit (MICU)
 - Surgical Intensive Care Unit (SICU)
5. Operation Theatres – One theatre complex with the same criteria as BHB but number of theatre tables depending on the number of surgeons and VOGs
6. Diagnostic Services
 - Radiology Unit – 2 Radiologists (Second post to be filled only if a CT is available)
 - Pathology Unit with 1 Histopathology Unit, 1 Clinical Haematology Unit and 1 Medical Microbiology Unit.
7. Medico-Legal Unit – 1 Consultant JMO
8. Venereology Services
9. Pharmacy
10. Blood Bank
11. Medical Records Unit/ Health Information Management Unit
12. Planning Unit
13. Quality Management Unit
14. Health Promotion Unit
15. Infection Control Unit

3.3. Accessibility to the Curative Care Institutions in the District of Matara.

3.3.1. Primary Medical Care Institutes (PMCU) with the distance to the next level of care

Name of the PMCU	Nearest of the DH/BH/DGH	Distance of the nearest DH/BH
Kirinda	DH Gangodagama	9.0 Km
Pallegama	BH Deniyaya	7.7 Km
Kotapola	BH Deniyaya	13.7 Km
Galbokka	DH Weligama	1.5 Km
Kamburugamuwa	New DH Kamburugamuwa	1.5 Km
Dewinuwara	DH Thalalla	4.0 Km
Mirissa	DH Weligama	5.1 Km
Midigama	DH Weligama	6.2 Km
Rotumba	DH Urubokka	12.8 Km
Denipitiya	DH Weligama	3.1 Km
Hakmana	DH Gangodagama	2.5 Km
Kekanadura	GH Matara	7.8 Km
Dehigaspe	DH Morawaka	11.8 Km
Beralapanathara	DH Urubokka	10.5 Km
Makandura	BH Kamburupitiya	7.1 Km
Thelijjawila	DH Akuressa	10.5 Km
Yatiyana	DH Gangodagama	13.2 Km
Derangala	DH Morawaka	11.3Km
Maramba	DH Akuressa	8.0 Km
Thihagoda	GH Matara	8.6 Km
Horagoda	DH Akuressa	11.0 Km
Kapugama	DH Thalalla	4.1 Km

(PMCU Primary Medical Care Institution; DH Divisional Hospital; BH Base Hospital) Kotapola, Yatiyana, Rotumba, Dehigaspe, Darangala, Horagoda, Beralapanathara and Thelijjawila have more than 10 Km to nearest base or district hospital.

3.3.2. Divisional Hospitals with the distance to the nearest Base or General hospital

Name of the DH	Nearest of the BH/DGH	Distance of the nearest BH/DGH
Akuressa	BH Kamburupitiya	16.8 Km
Mawarala	BH Kamburupitiya	19.2 Km
Weligama	DGH Matara	18.5 Km
Dickwella	DGH Matara	18.9 Km
Gangodagama	BH Kamburupitiya	15.8 Km
Narawelpita	BH Kamburupitiya	8.1 Km
Morawaka	BH Deniyaya	24.3 Km
Urubokka	BH Deniyaya	24.7 Km
Deiyandara	BH Kamburupitiya	13.0 Km
Thalalla	DGH Matara	11.1 Km
Urugamuwa	DGH Matara	22.0 Km

(BH Base Hospital; DGH District General Hospital) Urubokka and Morawaka are the district hospitals that have a higher distance to the nearest base hospital and it is nearly 25Km.

3.3.3. Base Hospitals with the distance to the District General Hospital Matara

Name of the BH	Nearest of the DGH	Distance of the nearest DGH
Kamburupitiya	DGH Matara	19.8 Km
Deniyaya	DGH Matara	70.8 Km

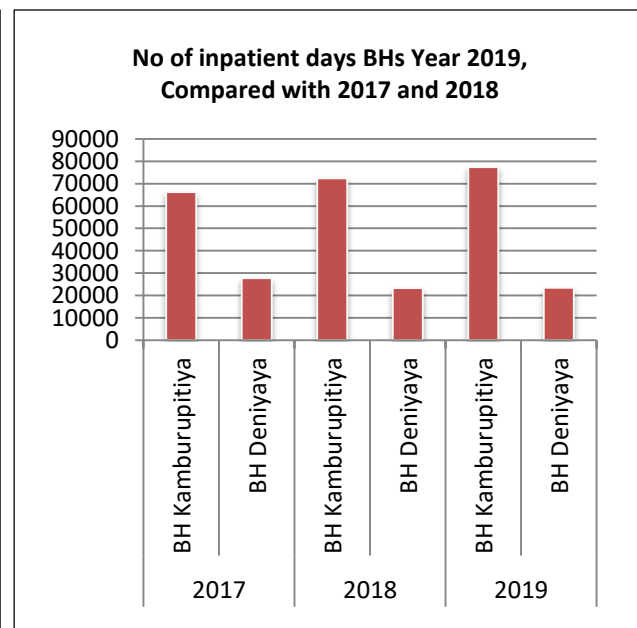
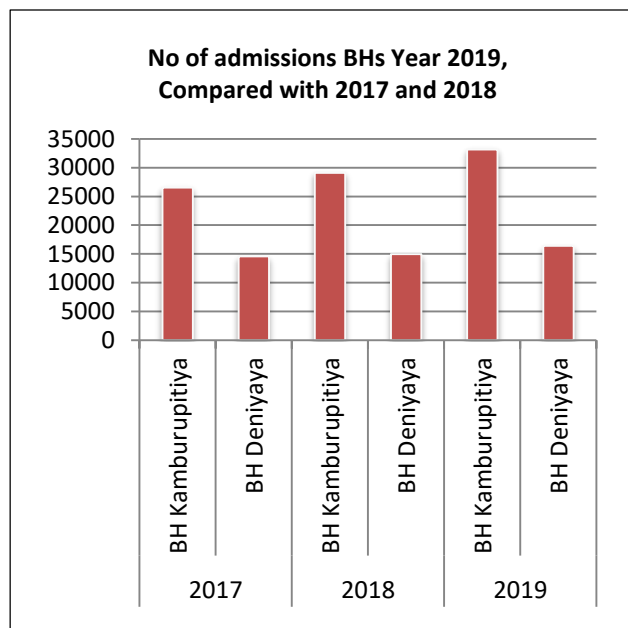
The distance from Base hospital Deniyaya to District General Hospital Matara is more than 70km.

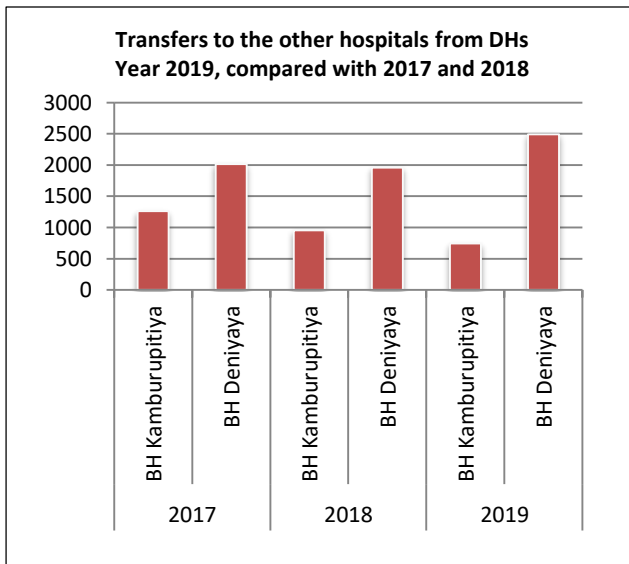
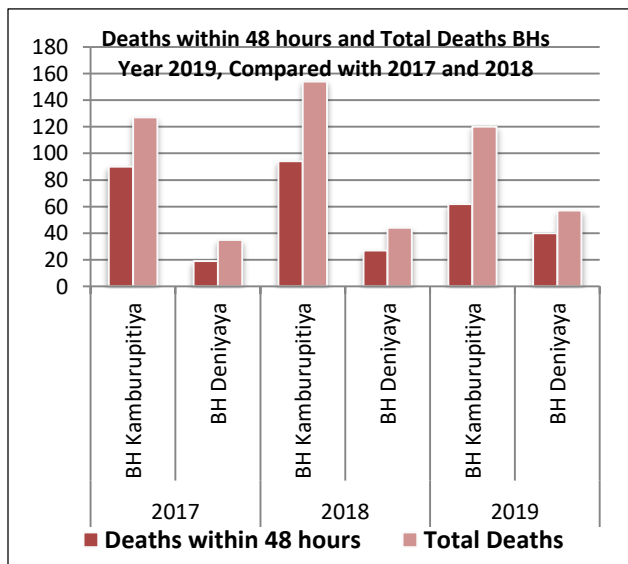
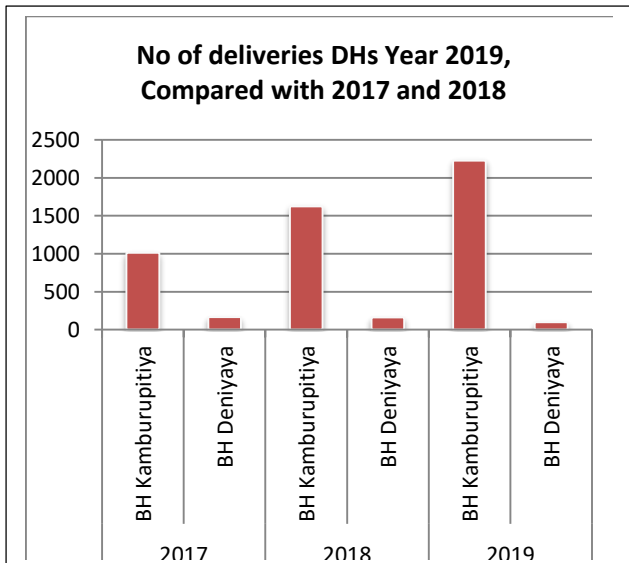
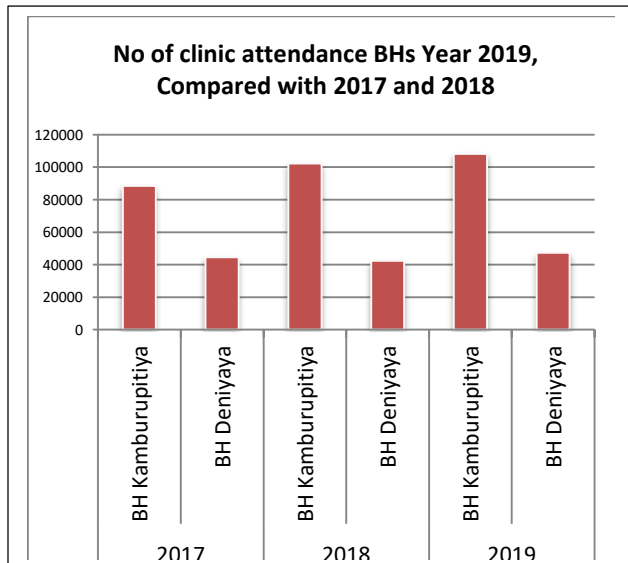
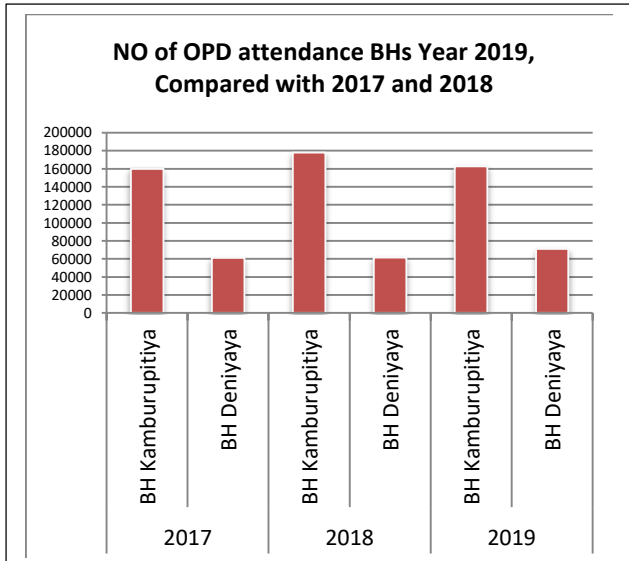
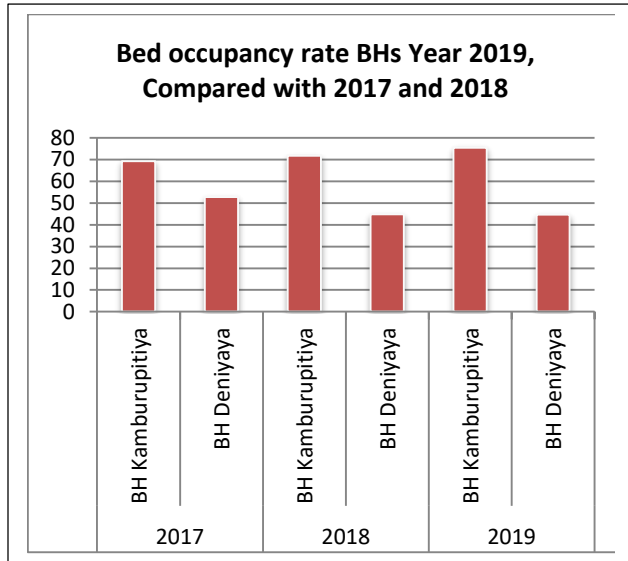
3.3.4. Basic Information and Services Delivered by Base Hospitals from 2017. to 2019.

Out of the three secondary care institutions two, namely Base Hospital Kamburupitiya and Base Hospital deniyaya provide deliver inward care facilities, outpatient treatment and clinic facilities as well. The following table describes the services 2017 through to 2019.

Years	2017		2018		2019	
Institution	BH Kamburupitiya	BH Deniyaya	BH Kamburupitiya	BH Deniyaya	BH Kamburupitiya	BH Deniyaya
No of wards	10	10	10	10	10	7
No of beds	262	144	262	144	281	144
No of admissions	26543	14548	29090	14957	33170	16422
No of inpatient days	66276	27757	72383	23298	77470	23488
Bed occupancy rate	69.3	52.8	71.85	44.9	75.5	44.688
NO of OPD attendance	159976	61268	177839	61724	162879	71180
No of clinic attendance	88402	44522	102313	42339	108142	47234
No of deliveries	1013	165	1625	160	2227	99
Deaths within 48 hours	90	19	94	27	62	40
Total Deaths	127	35	154	44	120	57
Transfers	1262	2017	953	1960	747	2493

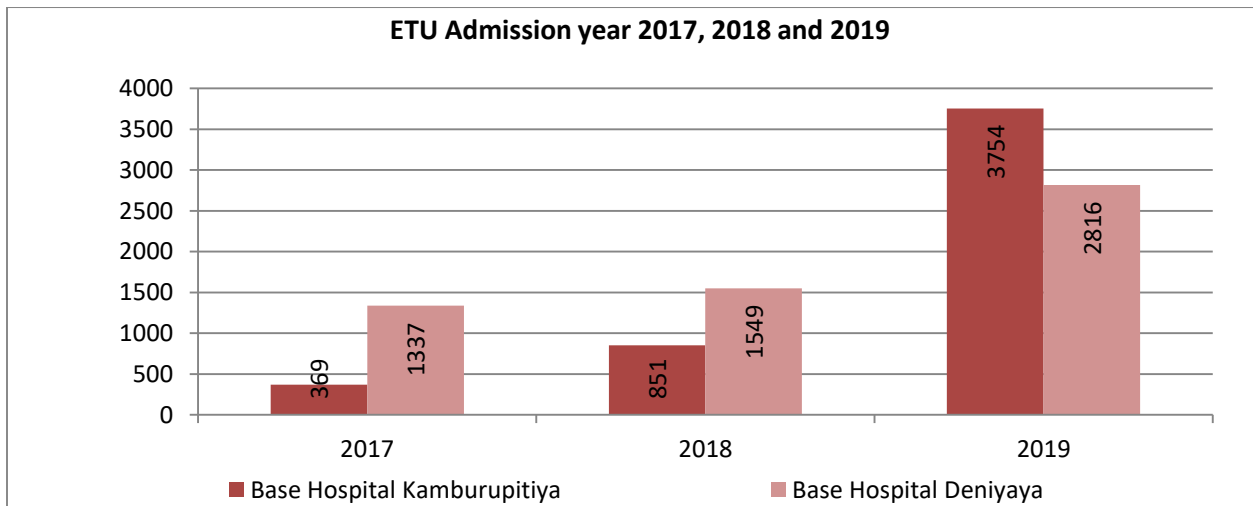
There is an increasing trend of service provided by Base Hospital From 2017 to 2019 . Base Hospital Kamburupitiya has got increased no of beds in 2019 compared to 2018





3.3.5. Emergency Treatment Unit Information, Base Hospital Compared to Year 2017, 2018 and 2019.

Base Hospital Kamburupitiya					Base Hospital Deniyaya														
Year 2017	Year 2018	Year 2019					Year 2017	Year 2018	Year 2019										
Total No of Admission	Total No of Admission						Total No of Admission	Total No of Admission	Total No of Admission	Total No of Admission	Total No of Admission	Total No of Admission							
		No of ETU Examination Beds	No of ETU Discharge	no of ETU Deaths	No of Transfer to the Wards	No of Transfer to the Other Hospital							No of ETU Patient Beds	No of ETU Examination Beds	No of ETU Discharge	no of ETU Deaths	No of Transfer to the Wards	No of Transfer to the Other Hospital	
369	851	03					3745	2526	5	1142	72	1337	1549	03	2816	281	17	2391	127



ETU Servicers have seen an increase program in 2017 to 2019 in both Base Hospital

3.3.6. Radiology Information, Base Hospitals Year 2019

Description	Base Hospital Kamburupitiya		Base Hospital Deniyaya	
	ECG	Scanning	ECG	Scanning
Wards	8891	2756	4038	2227
Clinic	752	1525	285	0
OPD	2277	80	1728	0

Other (ETU)	0	0	356	0
Total	11920	4361	6407	2227

3.3.7. X – Ray Film Used at Base Hospital Kamburupitiya Year 2019

Details	Number		
	Base Hospital Kamburupitiya	Base Hospital Deniyaya	Total
No of X – Ray films used	10090	4638	14728
No of X – Ray taken	10109	5463	15572
No of Patients Under Went X - ray	14662	3246	17908
No of Discarded a X – Ray films	0	0	0

3.3.8. Medical Investigation , Base Hospital , Year 2019

Laboratory Investigation	Base Hospital Kamburupitiya	Base Hospital Deniyaya
Biochemistry	123004	13801
Hematology	158119	20640
Clinical Chemistry	11295	-
Serology	18256	-
Immunology	3972	-
Bacteriology	1812	-
Others	555	5008
Total	317013	39449

From Table 3.3.3 to 3.3.5 ; Radiology information , X-Ray Films used and medical investigations performed are depicted in Base Hospitals in 2019

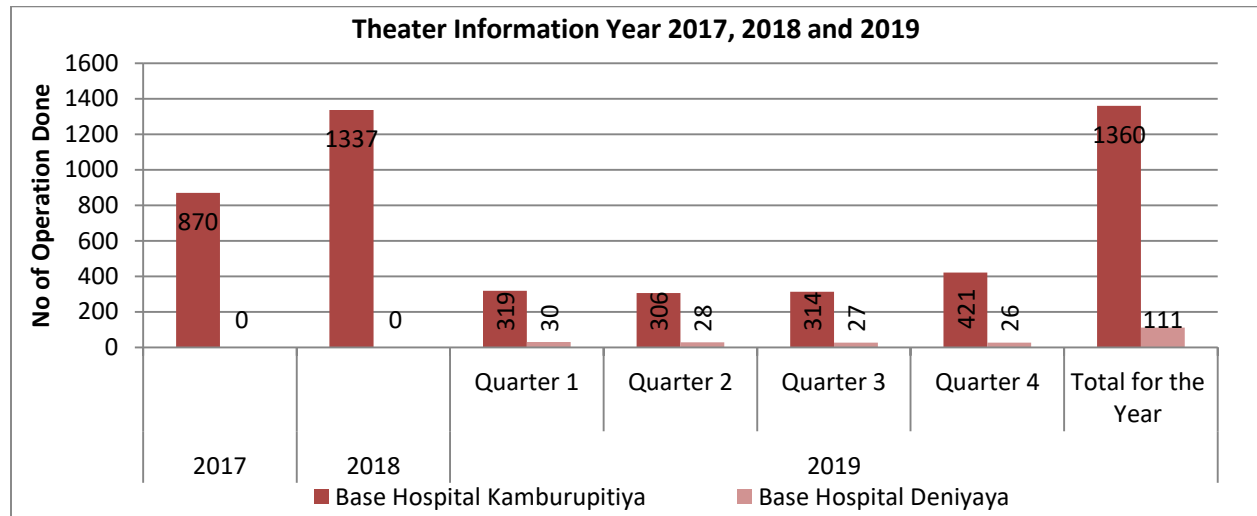
3.3.9. Theater Information Base Hospital Year 2019

Description			Number		
			Base Hospital Kamburupitiya	Base Hospital Deniyaya	Total
1	No of Major Surgeries	Planed Surgeries	1360	111	1471
		Emergency Surgeries			
	Number of Surgical Site Infection		2	1	3
	No of MRSA Bacteremia		0	0	0
7	Number of Endoscopies done		480	374	854
8	Number of Laparoscopies done		53	0	53
9	Minor surgeries		9173	3391	12564

No of MRSA Bacteremia was not performed in both Base Hospital in 2019

Theater performance with regard to no of operations done has progressed in both Base Hospitals from 2017 – 2019

3.3.9.1. Theater performance compare with last three years



3.3.10. Blood Bank Information - Base Hospital Kamburupitiya

Description	Year 2018	Year 2019
No of Donor Donated Blood	36	52
Blood Pints Taken From the Other BB	1641	1727
Total Blood Pints Issued	Internal	1166
	Out Side	107
Discarded Blood Pints	249	36
Balance Stocks End of the Year	72	0
No of Investigation Done	Blood Grouping a & Rh	-
	VDRL	5951
	-	0

Progressive improvement in almost all aspects of Blood bank of Base Hospital Kamburupitiya is evident compared to 2018 in 2019

3.3.11. Minor Surgery details Base Hospital Kamburupitiya Year 2019

Discription	Month												Total
	Jan	Feb	Mar	Apr	May	Jun	July	Aug	Sep	Oct	Nov	Dec	
Interval LRT	4	7	10	7	6	0	1	11	4	6	2	6	64
Other Gyn & Obs	49	46	52	44	40	55	40	34	37	42	48	46	533
General	325	254	342	336	342	302	378	290	312	340	316	346	3883
Dental	299	299	278	226	297	284	317	82	185	292	231	253	4619
Eye	6	10	5	5	9	6	10	7	0	9	5	3	75
Total for the Month	384	317	409	392	397	363	429	342	353	397	371	401	9174
Total for the month	1067	933	1096	1010	1091	1010	1175	766	891	1086	973	1055	18348

3.4.1. Basic Information and services delivered by Divisional Hospitals (DHs) in 2017 and 2019.

Divisional hospitals and Primary Medical Care Units (PMcus) are broadly categorized as primary care institutions as such institutions are the first contact point of care of the patient and should be transferred to the secondary care institution when ever further care is needed. Self-referrals, bypassing the primary care institutions lead to unnecessary overcrowding of specialized facilities and under utilization of primary care facilities.

3.4.1.a. Basic Information and services delivered by Divisional Hospitals (DHs) in 2017

Institution	DH Akuressa	DH Dickwella	DH Weligama	DH Gangodagam ^a	DH Mawarala	DH Morawaka	DH Narawelpita	DH Deiyandara	DH Urubokka	DH Urugamuwa	DH Ruhunugama	DH Thalalla	Total For the Matara District
No of wards	5	4	6	4	6	6	4	4	5	3	2	2	
No of beds	114	82	102	54	77	85	56	52	60	19	15	31	747
No of admissions	11366	5376	8073	3615	2033	7587	3806	5315	6388	2309	565	2676	59109
No of inpatient days	24800	7285	10508	5532	3291	12551	5652	6055	10180	1900	560	3419	91733
Bed occupancy rate	59.6	24.3	28.2	28.0	11.7	40.4	29.1	31.9	46.4	27.3	10.2	30.6	
NO of OPD attendance	89209	65629	94626	39636	52381	54557	47173	83361	42349	40128	45603	31739	686391
No of clinic attendance	31087	21146	21650	15038	12602	19865	9302	17524	1978	4754	5823	13273	174042
No of deliveries	60	7	14	3	9	143	9	9	51	0	0	0	305
Deaths within 48 hours	14	9	15	3	6	17	1	3	11	0	0	1	80
Transfers	2255	1164	743	287	48	1228	140	486	738	656	9	383	8137
No Treated at the ETU	10389	2190	1555	NF	NF	1993	1013	420	2845	NF	NF	NF	21828

(NF = Not functioning)

Certain services have not been used (Such as delivery service) in Divisional Hoospital's Urugamuwa , Thalalla , and Ruhunugama.

3.4.1.b. Basic Information and services delivered by Divisional Hospitals (DHs) in 2018

Institution	DH Akuressa	DH Dickwella	DH Weligama	DH Gangodagama	DH Mawarala	DH Morawaka	DH Narawelpita	DH Deiyandara	DH Urubokka	DH Urugamuwa	DH Ruhunugama	DH Thalalla	Total No of Matara District
No of wards	5	4	7	5	4	6	5	3	5	4	2	3	
No of beds	114	82	101	59	75	80	84	46	62	19	15	31	753
No of admissions	10511	5978	8934	4455	2358	7312	4375	5010	6162	1634	662	3038	54267
No of inpatient days	17230	12288	10950	6329	3673	11277	6549	5519	10458	1945	662	4854	91734
Bed occupancy rate	41.4	41.6	30.1	38.3	14.2	36.9	27.5	33.3	46.2	28	12.0	43.6	
NO of OPD attendance	90690	68675	96754	40699	42292	78529	52058	87236	52412	43102	45539	40401	738387
No of clinic attendance	54344	19059	21638	15932	12241	23194	10004	17660	13359	6604	6158	13584	213777
No of deliveries	25	09	15	0	03	119	0	08	50	0	0	0	229
Deaths within 48 hours	11	6	15	4	0	20	2	2	11	0	0	0	60
Total Deaths	13	6	19	4	0	24	2	2	13	0	0	0	70
Transfers	1504	1186	677	269	560	1156	127	568	624	320	15	474	6856
No Treated at the ETU	11409	2125	11906	24	NF	2166	83	520	1972	585	NF	1075	31865

3.4.1.c. Basic Information and services delivered by Divisional Hospitals (DHs) in 2019

Institution	DH Akuressa	DH Dickwella	DH Weligama	DH Gangodagama	DH Mawarala	DH Morawaka	DH Narawelpita	DH Deiyandara	DH Urubokka	DH Urugamuwa	DH Ruhunugama	DH Thalalla	Total No of Matara District
No of wards	5	4	7	5	4	7	5	4	5	4	2	3	
No of beds	114	82	104	59	76	85	84	55	64	19	15	31	788
No of admissions	10982	5928	9135	5019	2264	6775	3468	4057	5895	1731	862	3400	59516
No of inpatient days	18000	11649	10028	6796	3534	10635	6665	6430	10202	2155	874	4991	91959
Bed occupancy rate	43.3	39.0	26.5	39.6	13.0	35.9	27.1	32.1	43.8	31.2	16.0	44.2	
NO of OPD attendance	97731	77871	90950	51473	58272	84498	52748	86317	46655	55257	46655	46342	794769
No of clinic attendance	24309	19543	23938	24309	13744	25403	11888	21428	7745	15656	7745	15398	227627
No of deliveries	51	5	10	0	4	96	2	3	42	0	0	0	213
Deaths within 48 hours	11	9	17	5	0	25	4	4	13	0	0	1	89
Total Deaths	11	9	18	5	0	29	4	4	13	0	0	1	94
Transfers	1617	901	721	280	627	1106	106	263	651	248	18	608	7149
No Treated at the ETU	9202	2375	5412	294	-	2980	145	505	1165	1700	-	1091	24869

(NF = Not functioning)

During 2018 and 2019, Divisional Hospital Urugamuwa, Ruhunugama and Thalalla did not provide any delivery services. This may indicate published by passed these DHs and went for higher level Hospitals for deliveries.

3.4.2. Emergency Treatment Unit Information, Divisional Hospitals Year 2019.

Institution	DH Akuressa	DH Dickwella	DH Weligama	DH Gangodagama	DH Mawarala	DH Morawaka	DH Narawelpita	DH Deiyandara	DH Urubokka	DH Urugamuwa	DH Ruhunugama	DH Thalalla	PMCU Kirinda	PMCU Pallegama (Agu to Dec)
Total ETU Bed (Patient Bed + Examination Bed)	11	3	3		0	3	2	3	3		0		4	2
Total Admission	9202	2191	3876	294	0	2980	145	505	2210	1700	0	1091	1918	45
Total Discharge			6	262	0	477	141	63	1012	385	0	289	1778	36
ETU Deaths			8	01	0	15	4	5	19	4	0	0	4	0
Transfer to the Other Hospital			598	08		541		5	427	248	0	100	144	9

3.4.3. Radiology Investigation , Divisional Hospitals Year 2019

Institution	DH Akuressa	DH Dickwella	DH Weligama	DH Gangodagama	DH Mawarala	DH Morawaka	DH Narawelpita	DH Deiyandara	DH Urubokka	DH Urugamuwa	DH Ruhunugama	DH Thalalla	PMCU Kirinda	PMCU Pallegama
ECG Taken	3880	3044	3010	588	533	3466	1577	1041	3225	1287		680		
Minor Surgeries	909	279	117	462	4905	671		3016	3060	229				

3.4.4. Laboratory Services in Primary and Secondary Care Institutes Year 2019

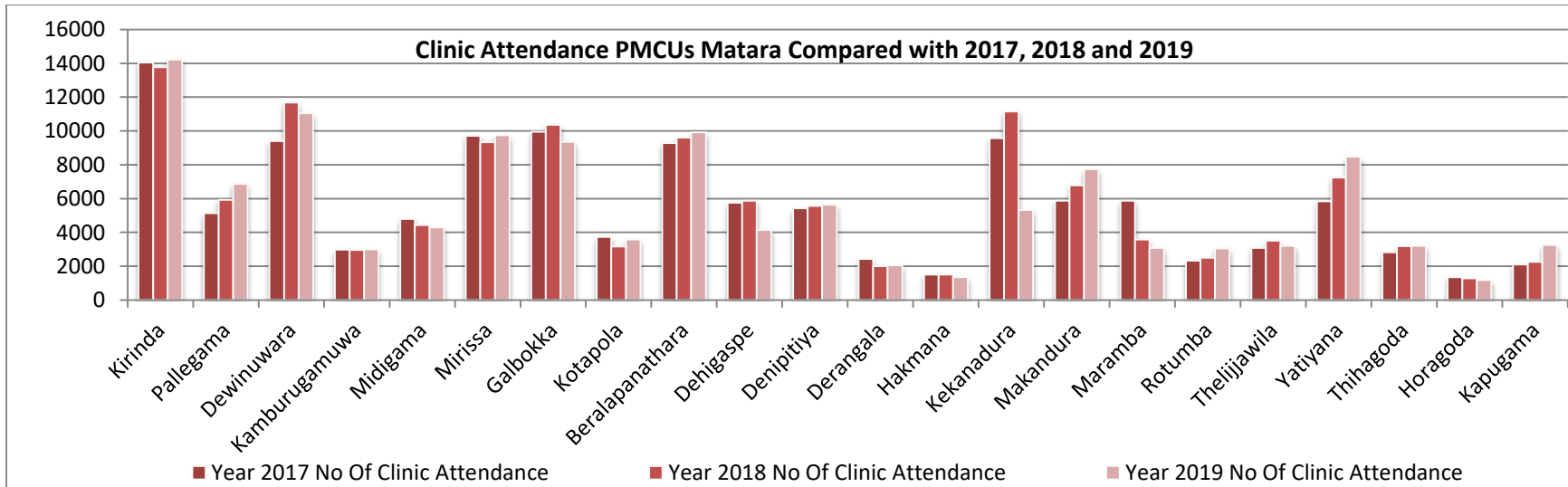
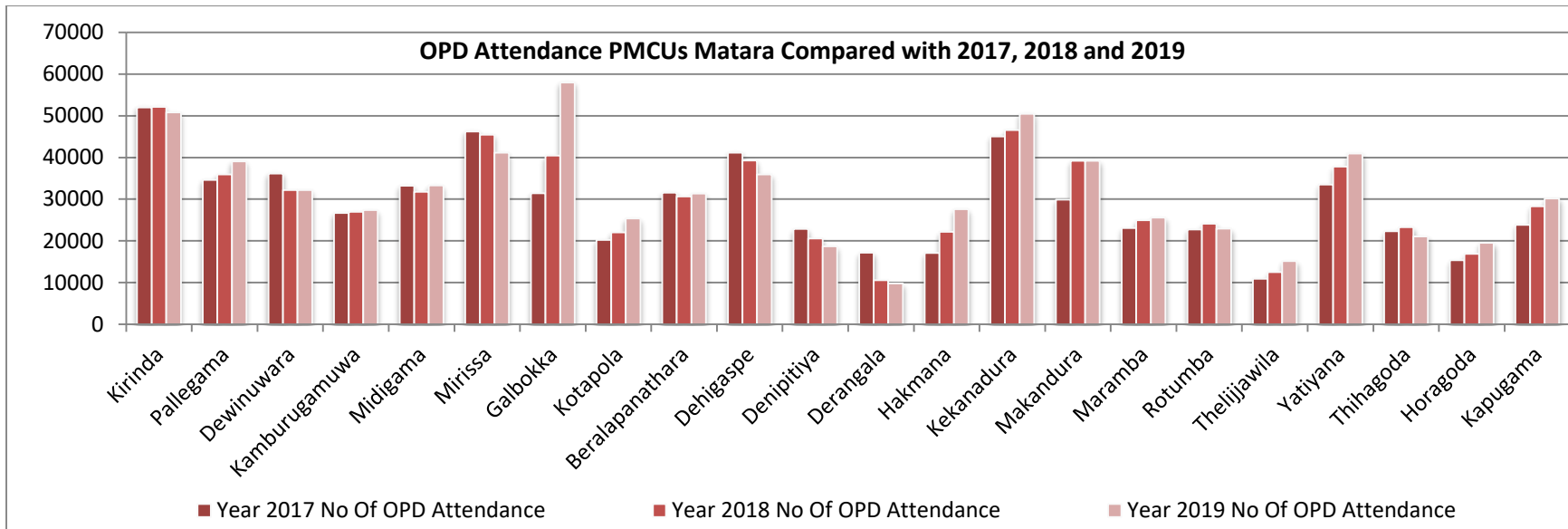
Category Of Health Institute	Name of Health Institute	Year 2018			Year 2019		
		Total No of Test	No of MLT	Average Test Per MLT	Total No of Test	No of MLT	Average Test Per MLT
Secondary Health Care Units	BH Kamburupitiya	270488	10	2704.88	317013	10	3170.13
	BH Deniyaya	30042	2	15021.50	39449	2	19724.5
	DH Akuressa	8474	1	8474	14564	1	14564
	DH Weligama	10980	1	10980	9572	1	9572
	DH Dickwella	11538	1	11538	11749	1	11538
	DH Narawelpita	N.F.	Visiting	-	224	1	224
	DH Urubokka		Visiting		7039	Visiting	7039
	DH Morawaka	7876	Visiting	-	9264	C. B. 1	-
	DH Thalalla	116	Visiting	-	450	Visiting	-
	STD Clinic			1		1	
Chest Clinic			1		1		

3.5. Basic Information and services delivered by Primary Medical Care Units in Matara Compared to 2017 and 2019.

3.5.1. OPD and Clinic Attendance in PMCUs Matara Year 2017 to 2019

No	Primary Medical Care Units	Year 2017		Year 2018		Year 2019	
		No Of OPD Attendance	No Of Clinic Attendance	No Of OPD Attendance	No Of Clinic Attendance	No Of OPD Attendance	No Of Clinic Attendance
1	Kirinda	52024	14048	52119	13778	50784	14221
2	Pallegama	34622	5141	35916	5929	39043	6870
3	Dewinuwara	36128	9408	32148	11686	32213	11047
4	Kamburugamuwa	26653	2972	26954	2966	27414	2986
5	Midigama	33208	4797	31747	4436	33278	4302
6	Mirissa	46251	9710	45482	9329	41128	9744
7	Galbokka	31390	9950	40477	10361	57979	9344
8	Kotapola	20215	3734	22015	3166	25360	3580
9	Beralapanathara	31532	9276	30651	9610	31347	9916
10	Dehigaspe	41141	5749	39236	5871	35926	4139
11	Denipitiya	22893	5424	20566	5563	18722	5638
12	Derangala	17175	2429	10525	1999	9759	2052
13	Hakmana	17068	1494	22176	1500	27594	1341
14	Kekanadura	45054	9578	46592	11159	50457	5321
15	Makandura	29910	5871	39206	6785	39192	7745
16	Maramba	23063	5871	24958	3571	25576	3076
17	Rotumba	22712	2324	24132	2493	22913	3053
18	Thelijjawila	10892	3075	12507	3505	15134	3195
19	Yatiana	33499	5830	37803	7241	40934	8474
20	Thihagoda	22308	2822	23258	3185	21073	3206
21	Horagoda	15381	1341	16877	1276	19499	1179
22	Kapugama	23840	2096	28282	2249	30138	3256
Total Of PMCU		636959	122940	663627	119138	695463	123685

From 2017 to 2019 general trend of OPD attendance and clinic attendance was on the rise.



3.6. District General Hospital Matara

Years	2017	2018	2019
No of wards	34	34	34
No of beds	1030	1059	1066
No of Admissions Beds (Examination Bed)	39	39	39
No of admissions	125600	124991	128137
No of inpatient days	264716	257466	266991
Bed occupancy rate	69	68	69.1
NO of OPD attendance	602835	730542	744739
Number of Discharges a live from the Hospital	119187	118826	122167
Number of Deaths within 48 hours	711	761	816
Total Deaths	1340	1412	1491
Transfers	1571	1813	35983
No treated at the ETU	33779	35088	1666

All the service in table 306 shows an improvement from 2017 to 2019

3.7. Private institutions with curative care services in the district of Matara Year 2018

Apart from the government health institutions private sector too deliver the services in patient care, which is depicted in Table 3.7.1

Table 3.7.1

Name Of the Private Hospital	No of Beds	No of admissions in 2018	Out Patient Department attendance in 2018	No of the Patients consulted the specialist (Channeling Service)	No of births in 2018	No of Deaths in 2018
Asiri Hospital (Pvt) Ltd	59	5565	108083	168809	514	6
Mohotti Hospital (Pvt) Ltd	20	331	10143	3656	0	0
Co Operative Hospital	20	2369	18124	12666	121	16
Total for the Year	99	8265	136350	185131	635	22

Above private Hospitals provided services for 635 deliveries in 2018

Table 3.7.2. Private institutions with curative care services in the district of Matara Year 2019

	Mohotti Hospital (Pvt) Ltd	Matara Channeling Centre (Pvt) Ltd	Asiri Hospital Matara Galle Road	Asiri Hospital Matara Uyanwatta	Co Operative Hospital	Total for the District
No of Beds	25	0	26	33	13	97
No of Out Door Patients	3300	0	29765	69459	22520	125044
No of Indoor Patients	207	0	1729	3772	2937	8645
No of Indoor Patients Day	314	0	3458	8273	109	12154
Bed Occupancy	0	0	36	69	18.68	123.68
No of ETU Patients	0	0	9265	6176	10362	25803
No of Patients consulted the specialists	2865	38791	30917	123670	18570	214813
No of Deliveries	0	0	0	53	20	73
No of Caesarian Sections	0	0	0	469	119	588
No of Live Births	0	0	0	522	139	661
Births Weight Less than 2500gms	0	0	0	0	14	14
Births Weight more than 2500gms	0	0	0	0	130	130
No of Still Births	0	0	0	0	0	0
No of Infant Deaths	0	0	0	0	0	0
No of Maternal Deaths	0	0	0	0	0	0
No of Major surgeries Done	0	0	154	614	219	987
No of Minor surgeons Done	10	0	163	650	256	1079
No of UGIE Laparoscopy Examinations Done	0	0	0	237	38	275
No of LGIE Laparoscopy Examinations Done	0	0	0	138	63	201
No of ECG Taken	1084	1055	2284	5330	-	9753
No of Patients X -Ray Done	0	0	4508	18033	3300	25841
No of X Ray Films Used	0	0	4508	18033	3300	25841
No of USS Done	146	2686	0	40787	3779	47398
No of Laboratory Investigations done	0	0	74835	174617	40240	289692
No of Patients Deaths	0	0	5	3	21	29

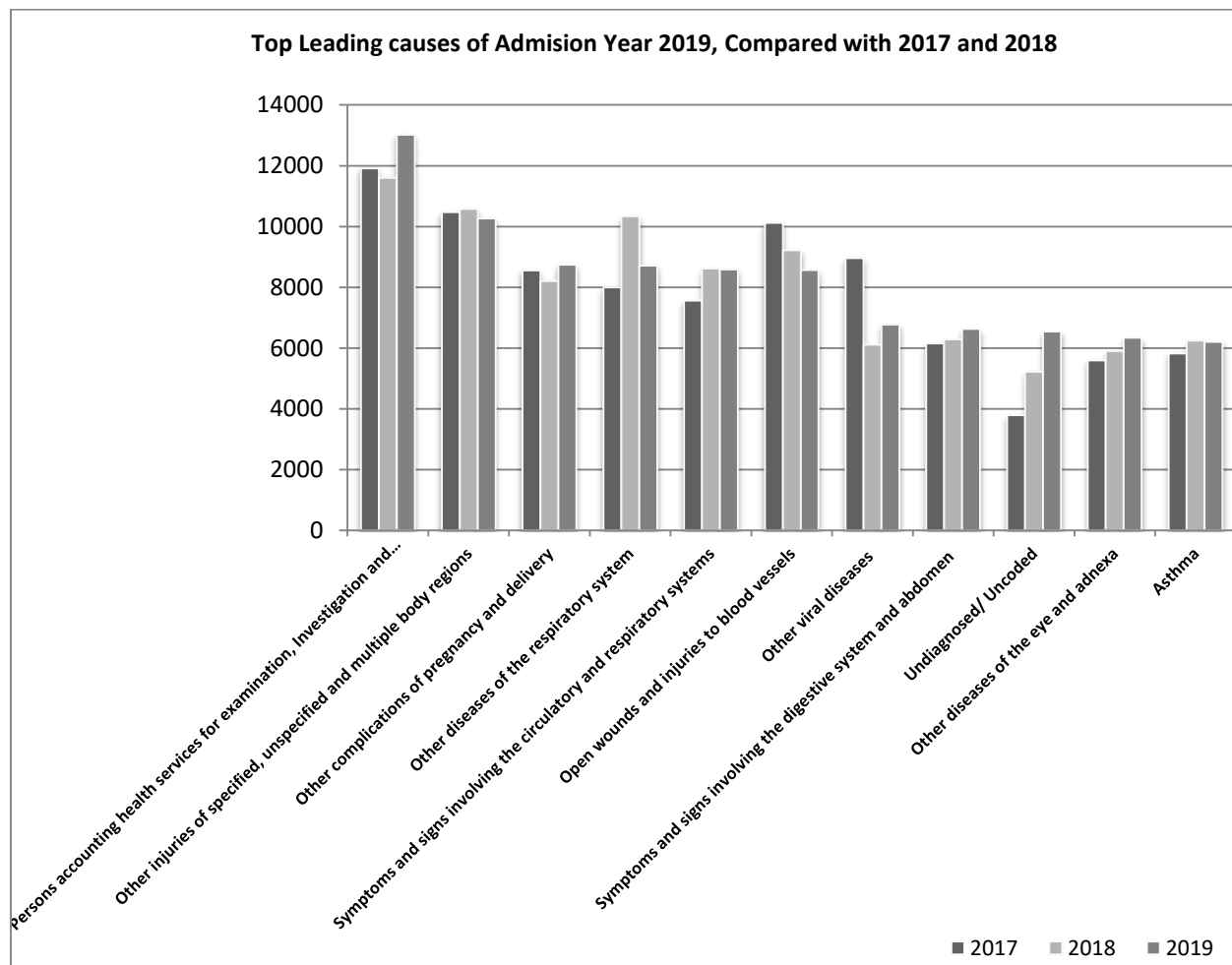
According to Table 3.7.2. No of OPD attendance, No of channeled, No lab investigations done are significant in private Hospital in Matara District, in 2019

4 MORTALITY AND MORBIDITY DATA

4.1. Top ten causes of admission

Top Leading Causes of Admission year 2019 Compared with year 2017 and 2019

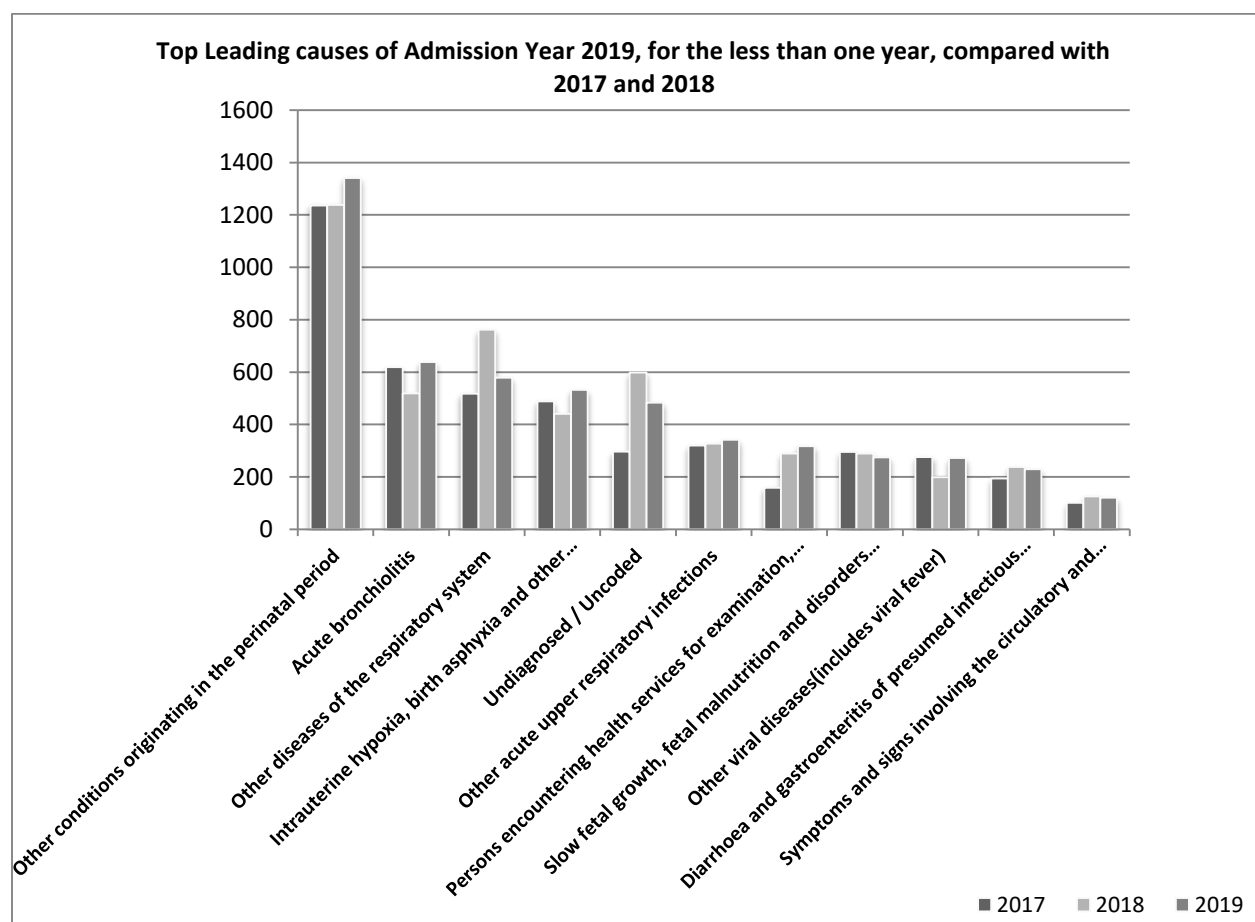
No	Diseases	2017	2018	2019
243	Persons accounting health services for examination, Investigation and for specific procedure of health care	11918	11599	13024
230	Other injuries of specified, unspecified and multiple body regions	10477	10582	10265
196	Other complications of pregnancy and delivery	8553	8204	8742
152	Other diseases of the respiratory system	8003	10342	8709
210	Symptoms and signs involving the circulatory and respiratory systems	7564	8623	8586
227	Open wounds and injuries to blood vessels	10121	9222	8569
042	Other viral diseases	8963	6116	6773
211	Symptoms and signs involving the digestive system and abdomen	6155	6285	6636
245	Undiagnosed/ Uncoded	3789	5222	6544
119	Other diseases of the eye and adnexa	5595	5904	6341
150	Asthma	5824	6245	6212



4.2. Causes of admission For Age Less than one year Patients

Top Leading Causes of admission Year 2019, for Age Less than one year Patients, compared with years 2017 and 2019 (Both Sexes)

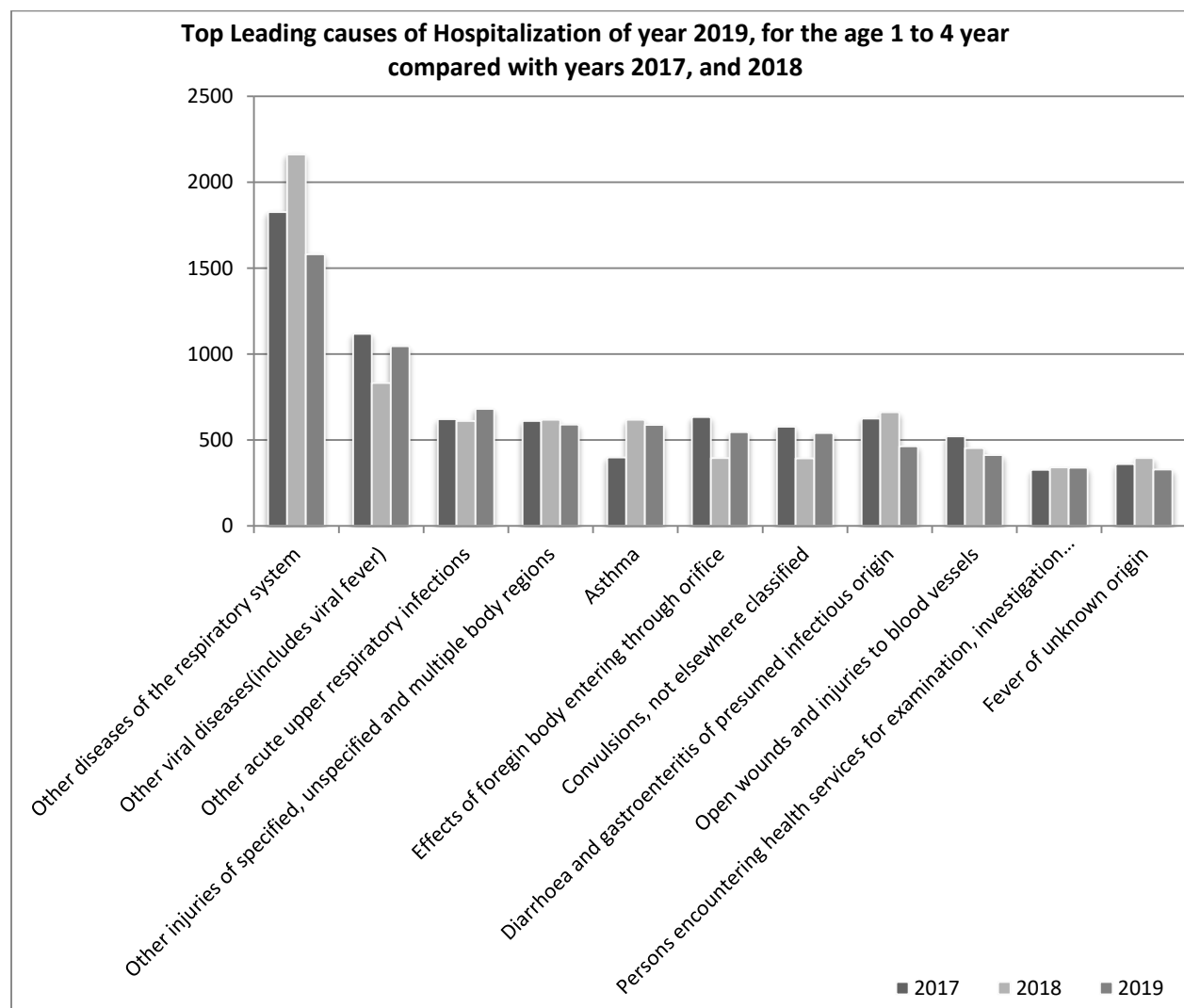
No	Diseases	2017	2018	2019
203	Other conditions originating in the perinatal period	1236	1238	1,341
147	Acute bronchiolitis	619	519	638
152	Other diseases of the respiratory system	518	762	579
201	Intrauterine hypoxia, birth asphyxia and other respiratory disorders originating in the perinatal period	488	440	532
245	Undiagnosed / Uncoded	296	598	483
143	Other acute upper respiratory infections	319	327	342
243	Persons encountering health services for examination, investigations and for specific procedures of health care	158	289	317
199	Slow fetal growth, fetal malnutrition and disorders related to short gestation and low birth weight	295	289	274
042	Other viral diseases(includes viral fever)	276	199	272
006	Diarrhoea and gastroenteritis of presumed infectious origin	194	238	229
210	Symptoms and signs involving the circulatory and respiratory systems	101	125	121



4.3. Causes of Hospitalization, for the age 1 to 4 year (Both Sexes)

Top Leading Causes of Hospitalization of Year 2019, for the age 1 to 4 years, Compared with Year 2017 and Year 2018 (Both Sexes)

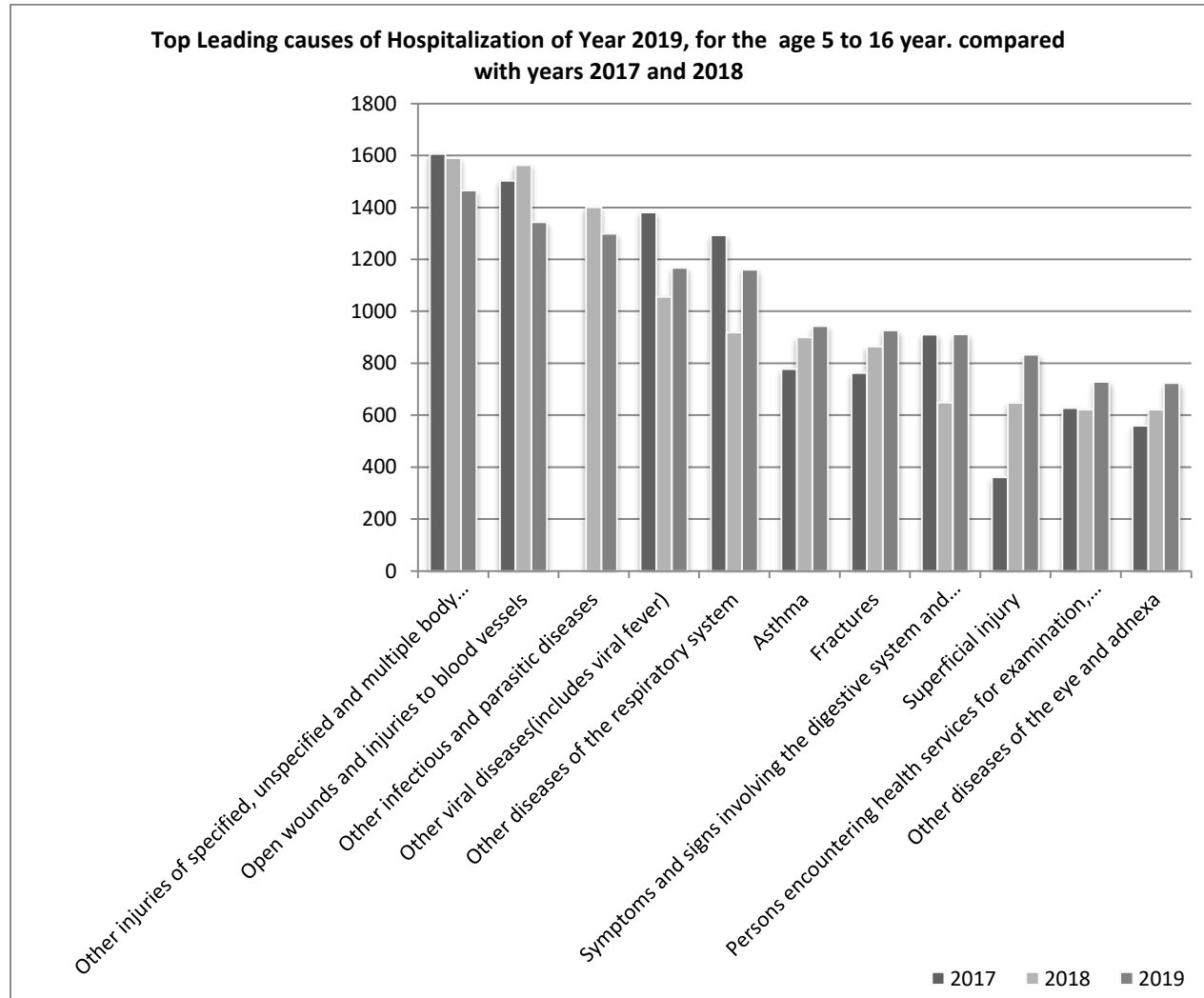
No	Diseases	2017	2018	2019
152	Other diseases of the respiratory system	1826	2161	1,581
042	Other viral diseases(includes viral fever)	1117	832	1,045
143	Other acute upper respiratory infections	621	610	681
230	Other injuries of specified, unspecified and multiple body regions	611	618	589
150	Asthma	399	618	588
231	Effects of foregin body entering through orifice	633	395	545
216	Convulsions, not elsewhere classified	578	393	540
006	Diarrhoea and gastroenteritis of presumed infectious origin	625	662	464
227	Open wounds and injuries to blood vessels	521	453	413
243	Persons encountering health services for examination, investigation and for specific procedures of health care	327	341	338
213	Fever of unknown origin	359	395	328



4.4. Causes of Hospitalization, for the Age 5 to 16 year,

Top Leading causes of Hospitalization of Year 2019, for the Age 5 to 16 years, Compared with Years 2017 and 2019 (Both Sexes)

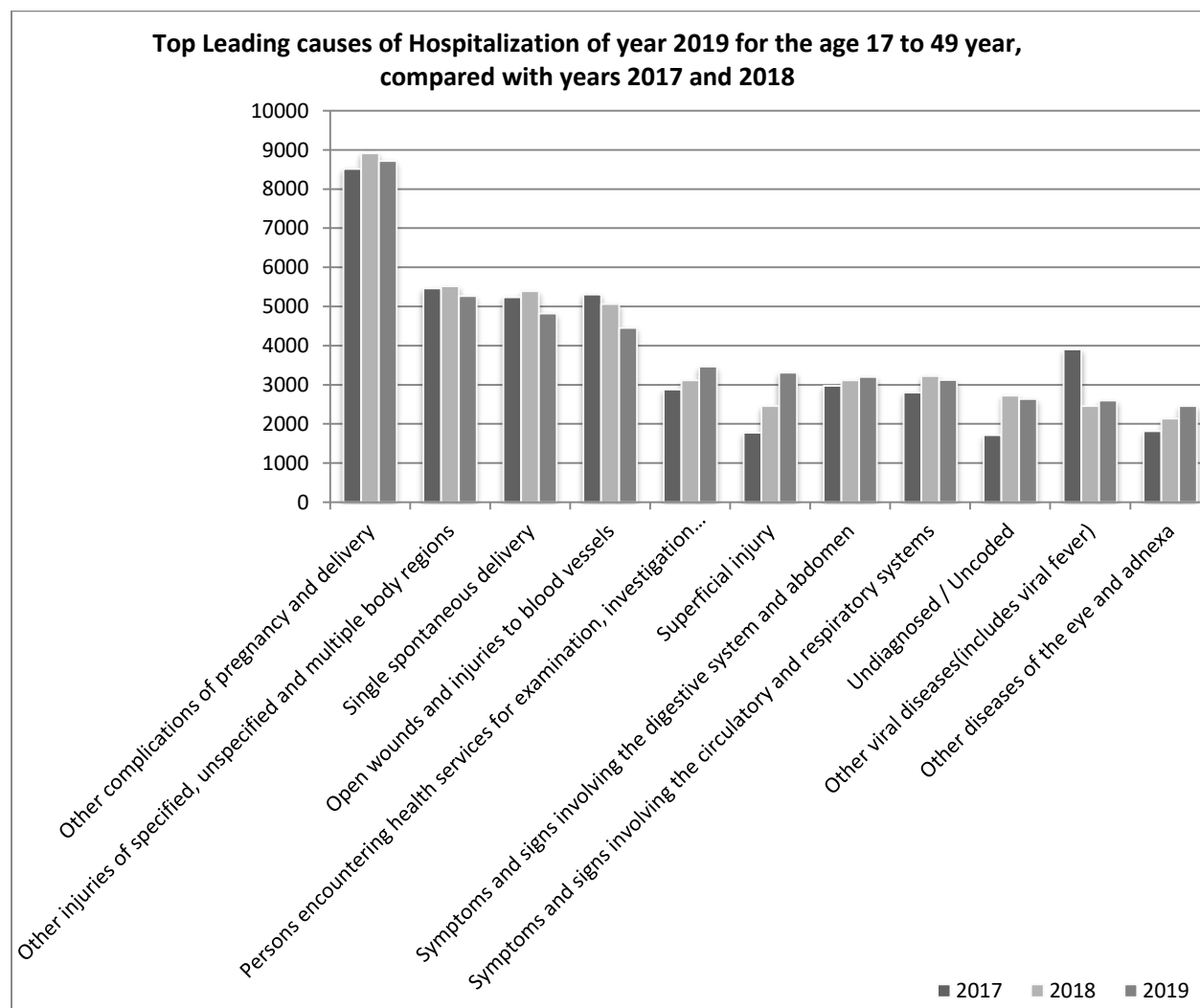
No	Diseases	2017	2018	2019
230	Other injuries of specified, unspecified and multiple body regions	1606	1589	1465
227	Open wounds and injuries to blood vessels	1503	1562	1343
049	Other infectious and parasitic diseases		1401	1299
042	Other viral diseases(includes viral fever)	1381	1056	1167
152	Other diseases of the respiratory system	1293	918	1160
150	Asthma	778	900	943
221	Fractures	762	864	926
211	Symptoms and signs involving the digestive system and abdomen	910	648	911
220	Superficial injury	361	647	833
243	Persons encountering health services for examination, investigation and for specific procedures of health care	627	622	728
119	Other diseases of the eye and adnexa	559	621	724



4.5. Causes of Hospitalization, for the Age 17 to 49 year,

Top Leading causes of Hospitalization of Year 2019 for the Age 17 to 49 years, Compared with Year 2017 and 2019 (Both Sexes)

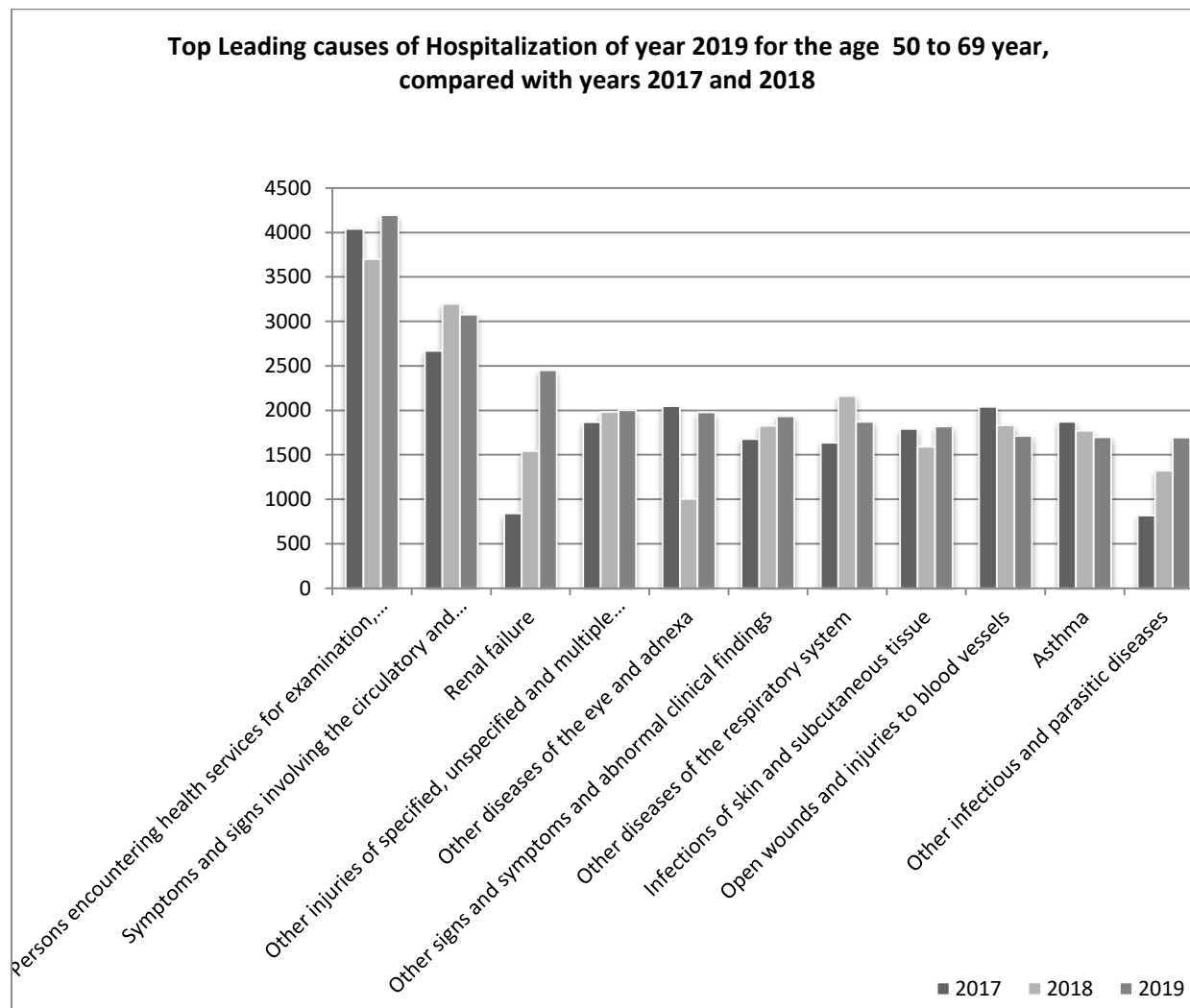
No	Diseases	2017	2018	2019
196	Other complications of pregnancy and delivery	8512	8916	8,715
230	Other injuries of specified, unspecified and multiple body regions	5462	5520	5,268
195	Single spontaneous delivery	5233	5393	4,817
227	Open wounds and injuries to blood vessels	5305	5066	4,454
243	Persons encountering health services for examination, investigation and for specific procedures of health care	2878	3115	3,468
220	Superficial injury	1774	2460	3,310
211	Symptoms and signs involving the digestive system and abdomen	2975	3117	3,204
210	Symptoms and signs involving the circulatory and respiratory systems	2804	3222	3,119
245	Undiagnosed / Uncoded	1717	2719	2,638
042	Other viral diseases(includes viral fever)	3902	2460	2,597
119	Other diseases of the eye and adnexa	1818	2139	2,457



4.6. Causes of Hospitalization, for the age 50 to 69

Top Leading causes Of Hospitalization of year 2019, for the age 50 to 69, Compared with years 2017 and 2019 (Both Sexes)

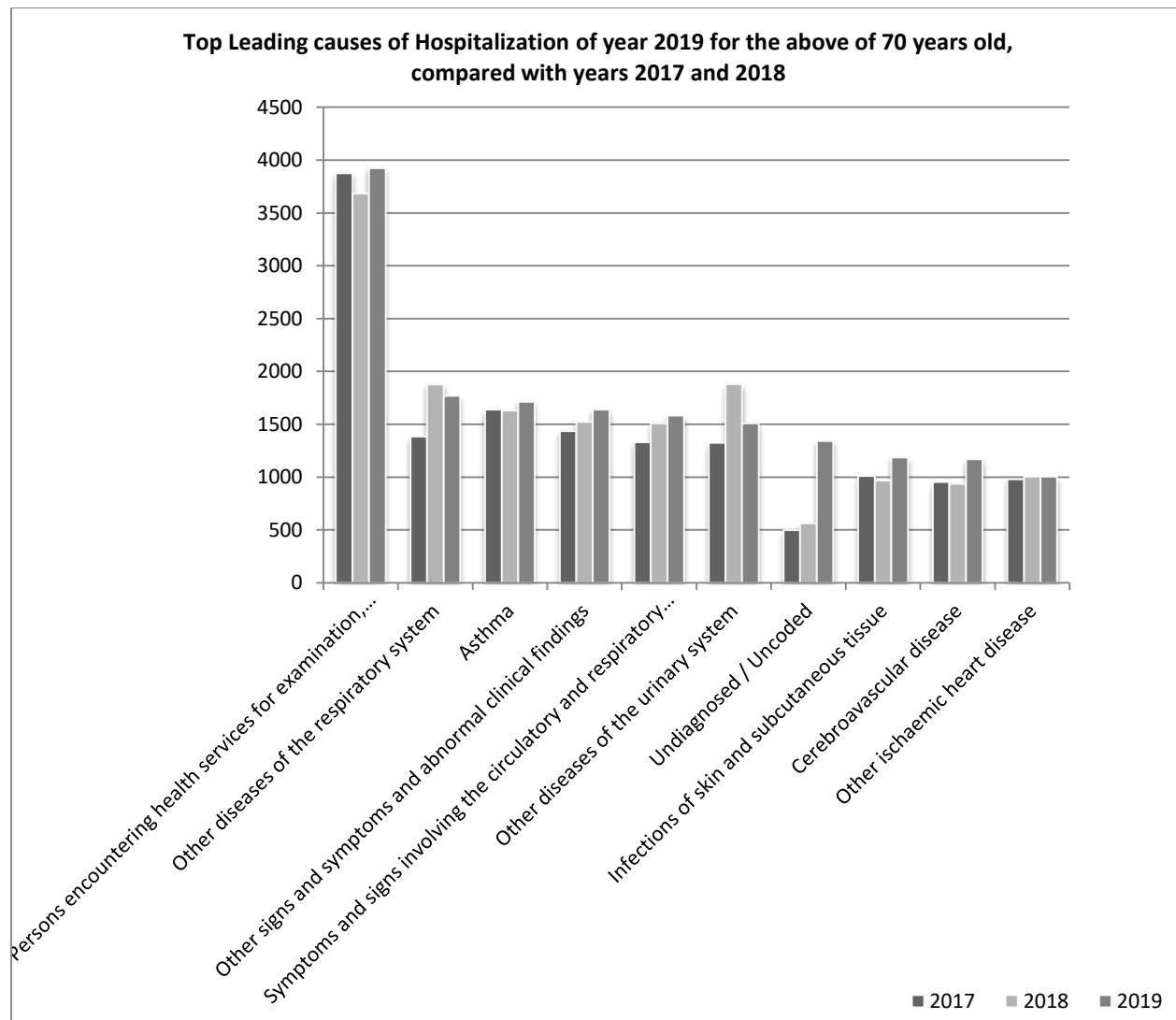
No	Diseases	2017	2018	2019
243	Persons encountering health services for examination, investigation and for specific procedures of health care	4040	3702	4197
210	Symptoms and signs involving the circulatory and respiratory systems	2670	3196	3078
177	Renal failure	841	1544	2450
230	Other injuries of specified, unspecified and multiple body regions	1867	1982	2002
119	Other diseases of the eye and adnexa	2047	1005	1977
217	Other signs and symptoms and abnormal clinical findings	1677	1825	1932
152	Other diseases of the respiratory system	1637	2160	1871
167	Infections of skin and subcutaneous tissue	1793	1590	1820
227	Open wounds and injuries to blood vessels	2039	1833	1713
150	Asthma	1870	1769	1697
049	Other infectious and parasitic diseases	818	1320	1694



4.7. Top ten according to number of admission Age above 70 years

Top 10 causes according to number of admission Age above 70 years - year 2019, compared with 2017 and 2018 (Both Sexes)

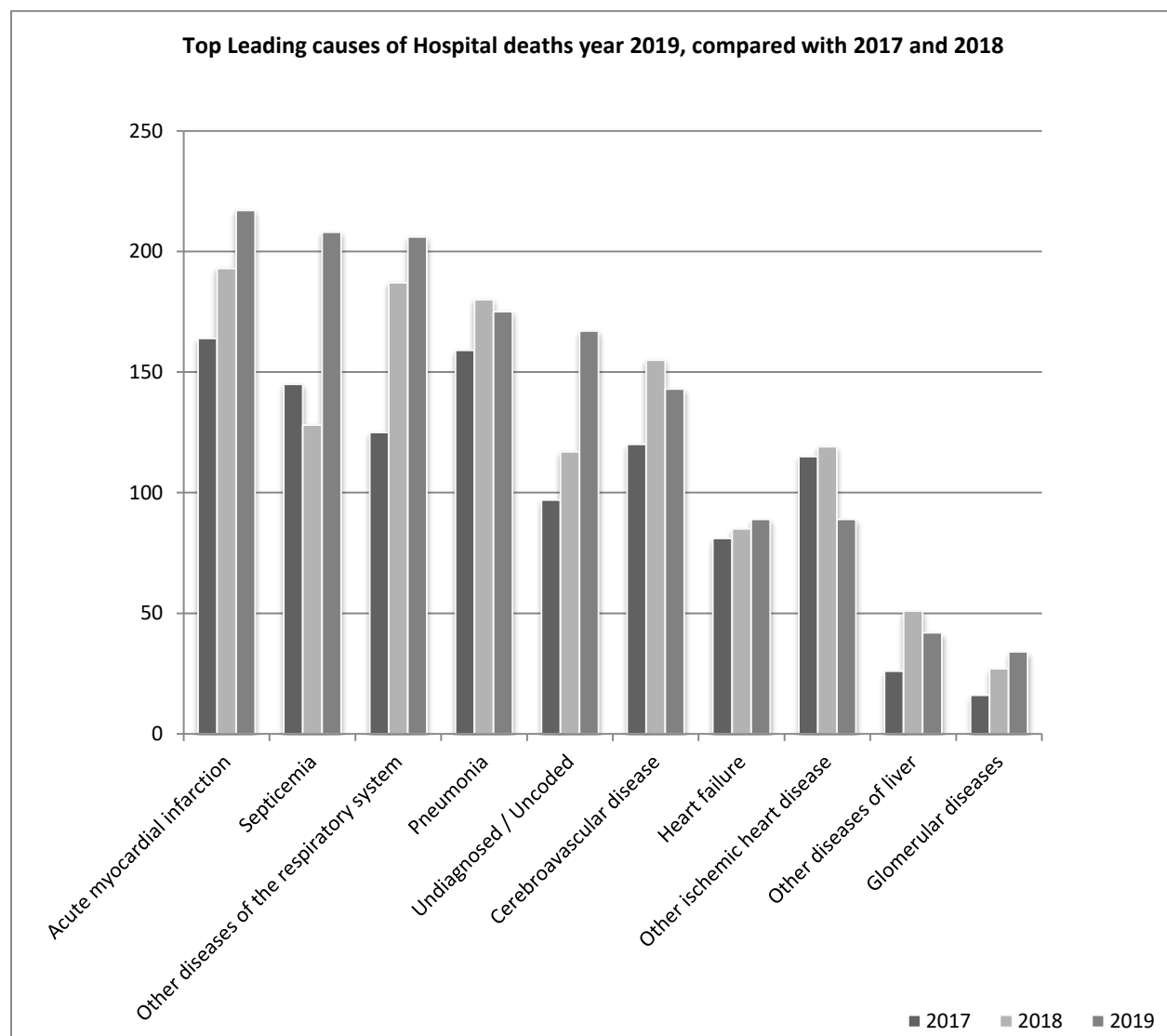
No	Diseases	2017	2018	2019
243	Persons encountering health services for examination, investigations and for specific procedures of health care	3875	3683	3,923
152	Other diseases of the respiratory system	1385	1878	1,770
150	Asthma	1638	1630	1,712
217	Other signs and symptoms and abnormal clinical findings	1434	1523	1,640
210	Symptoms and signs involving the circulatory and respiratory systems	1330	1509	1,583
180	Other diseases of the urinary system	1324	1879	1,509
245	Undiagnosed / Uncoded	499	563	1,341
167	Infections of skin and subcutaneous tissue	1011	969	1,187
134	Cerebrovascular disease	953	938	1,168
129	Other ischaemic heart disease	979	1005	1,004



4.8. Top Leading Causes of Hospital Deaths

Top Leading Causes of Hospital Deaths Year 2019, Compared with 2017 and 2018 (Both Sexes)

No	Diseases	2017	2018	2019
128	Acute myocardial infarction	164	193	217
022	Septicemia	145	128	208
152	Other diseases of the respiratory system	125	187	206
145	Pneumonia	159	180	175
245	Undiagnosed / Uncoded	97	117	167
134	Cerebrovascular disease	120	155	143
132	Heart failure	81	85	89
129	Other ischemic heart disease	115	119	89
163	Other diseases of liver	26	51	42
175	Glomerular diseases	16	27	34



5. PREVENTIVE CARE SERVICES

Preventive care services in the district is delivered through 17 offices of Medical Officer of Health. The premium goal of this service is to protect and promote the health and wellbeing of the people in the district in terms of providing optimum maternal and child care services, preventing of communicable diseases, screening non-communicable diseases through the field clinics and domiciliary care at the door step, while ensuring the preventive care services for most difficult to reach areas as well.

5.1. Maternal and child health services

Population data relevant for maternal and child (MCH) care services are described below

	Total Populations	Total Number of Estimated Eligible Families	Estimated Births
Matara	864456	159924	11497
Southern Province	2680338	495862	41009
National	22034594	4076399	334925

The unit of care in delivering the maternal and child care services is considered as an eligible family and it is estimated as 18.5% of the population hence it was 159924 for the year 2019. By applying the estimated birth rate, the estimated births were calculated as 11,497 for 2019.

5.1.1. No of Eligible families in Matara district (Estimated)

S. No	MOH Divisions	No of Eligible Families
01	Akuressa	10394
02	Athuraliya	6346
03	Devinuwara	9480
04	Dickwella	10741
05	Hakmana	6217
06	Kamburupitiya	8049
07	Kirinda Puhulwella	3986
08	Kotapola	12427
09	Malimboda	6848
10	Matara MC	14064
11	Kekanadura PS	8687
12	Morawaka	10056
13	Mulatiyana	9874
14	Pasgoda	11622
15	Thihagoda	6588
16	Weligama	14310
17	Welipitiya	10235
Total		159924

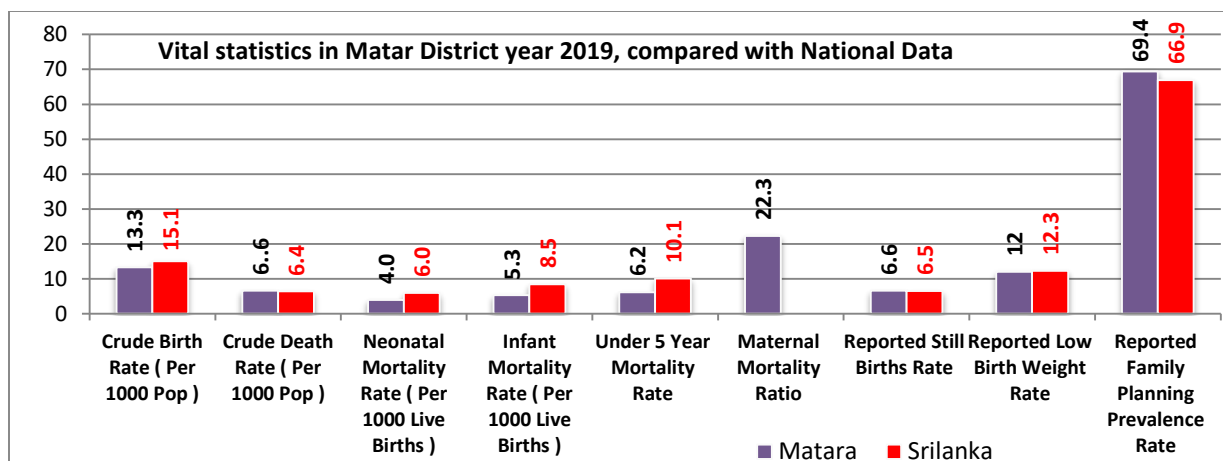
5.1.1.1. Estimated and actual population in Matara district year 2020

MOH Area	Estimated Population	Population				Estimated Births
		Urban	Rural	Estate	Total	
Akuressa	56520		57860	201	58061	768
Athuraliya	34506		32379	431	32810	436
Devinuwara	51543		52905	0	52905	705
Dickwella	58400		59265	0	59265	787
Hakmana	33806		33409	0	33409	443
Kamburupitiya	43762		42008	0	42008	557
Kirinda Puhulwella	21674		22420	0	22420	287
Kotapola	67568		59850	8592	68442	916.5
Malimboda	37232		36362	0	36362	482
Matara MC	76468	70458	0	0	70458	926
Kekanadura PS	47233		47932	0	47932	637
Morawaka	54676		53041	2227	55268	733
Mulatiyana	53688		54493	382	54875	727
Pasgoda	63194		61192	1737	62929	836
Thihagoda	35821		33615	0	33615	446.4
Weligama	77809	30349	47202	0	77551	1032
Welipitiya	55650		56580	0	56580	749

5.1.1.2. Vital statistics for Matara district year 2019

		Matara	Province	Srilanka
01	Actual Population	864890		
02	Total Registered Births	10961		
03	Crude Birth Rate (Per 1000 Pop)	13.3	15.3	15.1
04	Crude Death Rate (Per 1000 Pop)	6.6	6.6	6.4
05	Neonatal Mortality Rate (Per 1000 Live Births)	4.0	3.9	6
06	Infant Mortality Rate (Per 1000 Live Births)	5.3	5.7	8.5
07	Under 5 Year Mortality Rate	6.2	6.8	10.1
08	Maternal Mortality Ratio	22.3		
09	Reported Still Births Rate	6.6		6.5
10	Reported Low Birth Weight Rate	12		12.3
11	Reported Family Planning Prevalence Rate	69.4		66.9

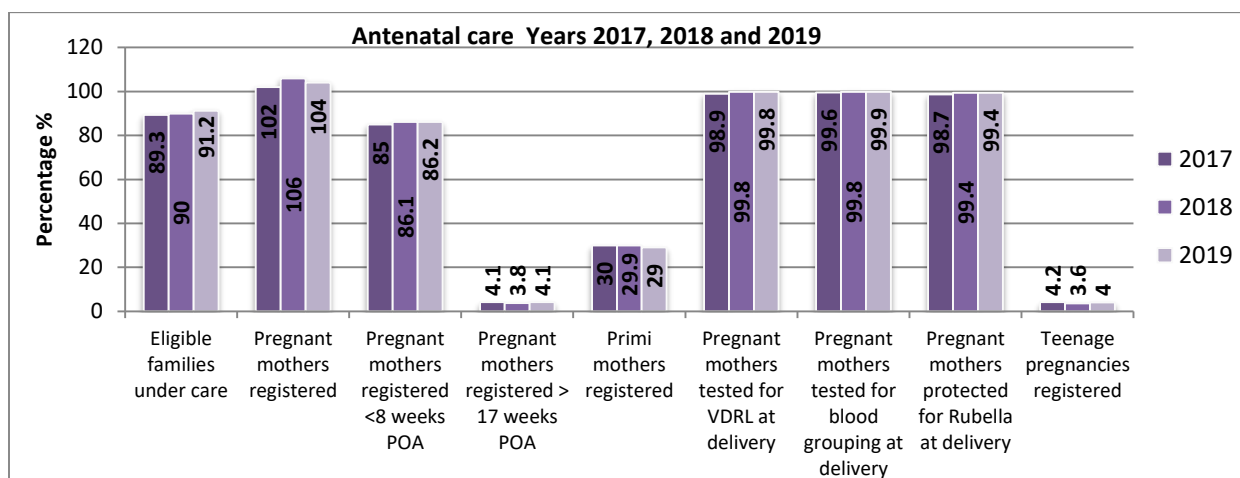
Graph of vital statistic as below



5.1.2. Antenatal care – 2017, 2018, 2019

	Year 2017		Year 2018		Year 2019	
	No	%	No	%	No	%
Eligible families under care	140667	89.3	143088	90	146007	91.2
Pregnant mothers registered	13625	102	13906	106	13226	104
Pregnant mothers registered <8 weeks POA	11584	85	11975	86.1	11401	86.2
Pregnant mothers registered > 12 weeks POA	561	4.1	530	3.8	540	4.1
Pregnant mothers under care	7640		7748		7343	
Primi mothers registered	4151	30	4165	29.9	3839	29
Pregnant mothers tested for VDRL at delivery	11386	98.9	11845	99.8	11487	99.8
Pregnant mothers tested for blood grouping at delivery	11463	99.6	11853	99.8	11506	99.9
Pregnant mothers protected for Rubella at delivery	13447	98.7	13832	99.4	13147	99.4
Teenage pregnancies registered	569	4.2	507	3.6	526	4

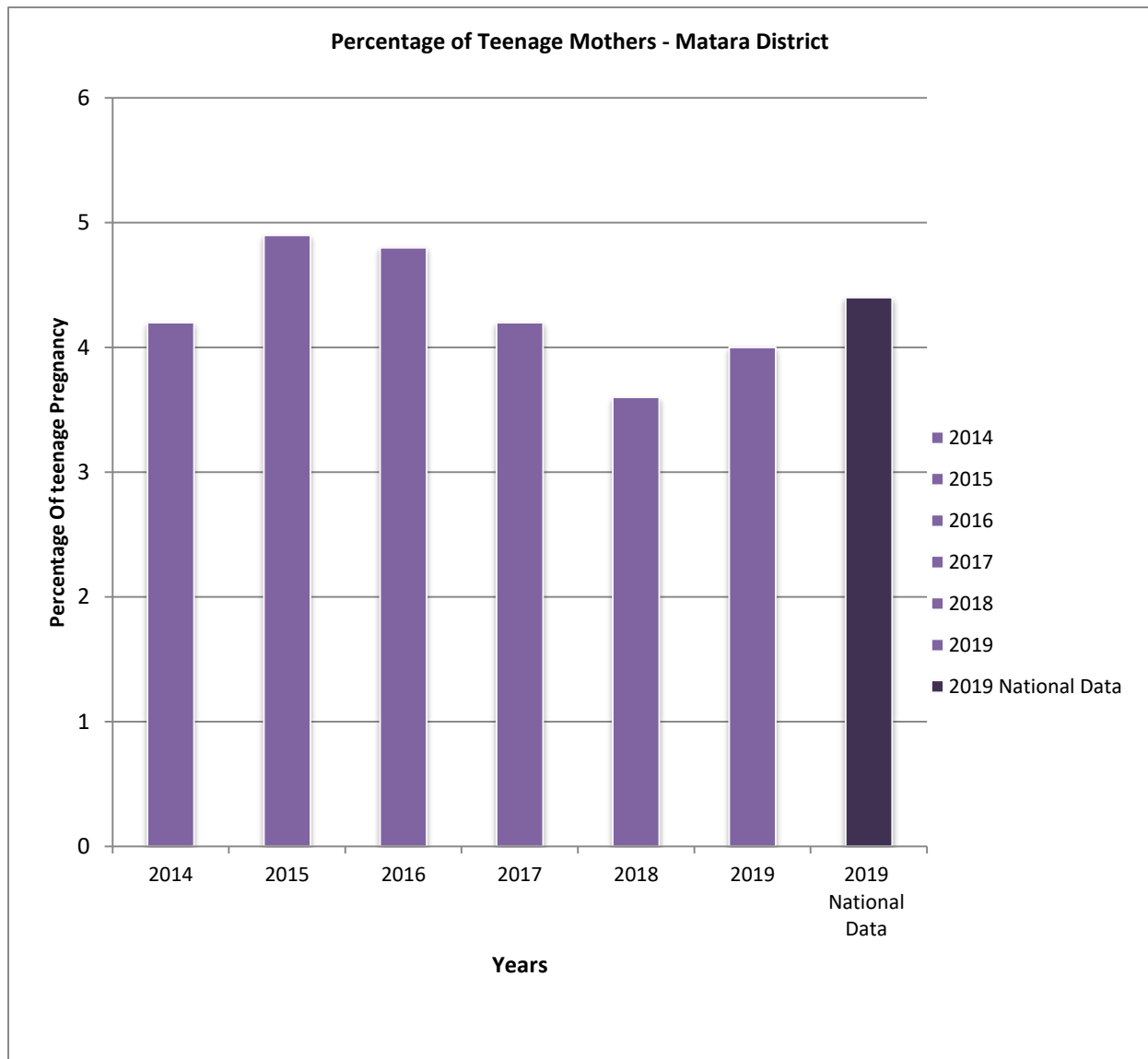
All antenatal care indicators show improvement from year 2017 to 2019



5.1.2.1. Antenatal Mothers Registered in Matara District 2019

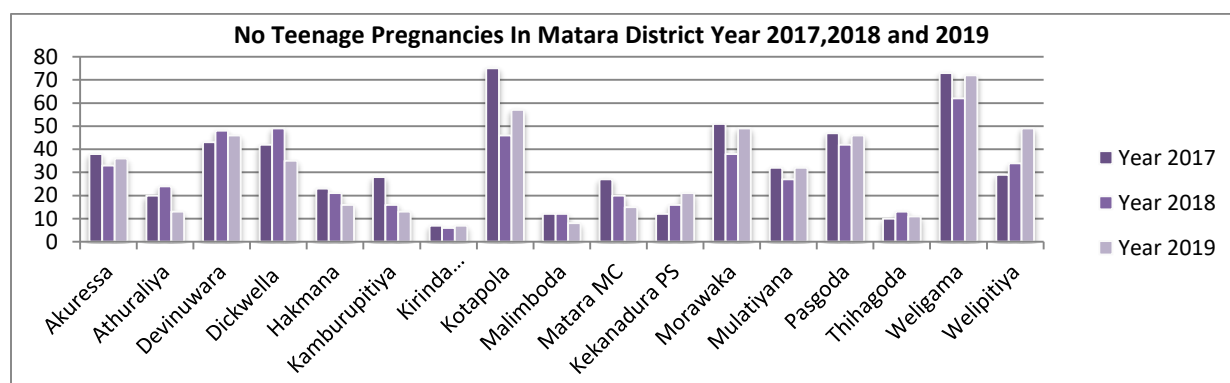
Year	Pregnant Mothers Registered	Pregnant Mothers Registered Before 8 Weeks	Percentage of Teenage Pregnancies
2014	105	87	4.2
2015	98	84	4.9
2016	108	85	4.8
2017	102.3	85	4.2
2018	106	86.1	3.6
2019	104.6	86.2	4
2019 National Data	100	80.6	4.4

Pregnant mothers registered and registration < 8 weeks has been on the rise since 2014 in Matara District



5.1.2.2. No Teenage pregnancies by Medical Officer of Health area 2017-2019

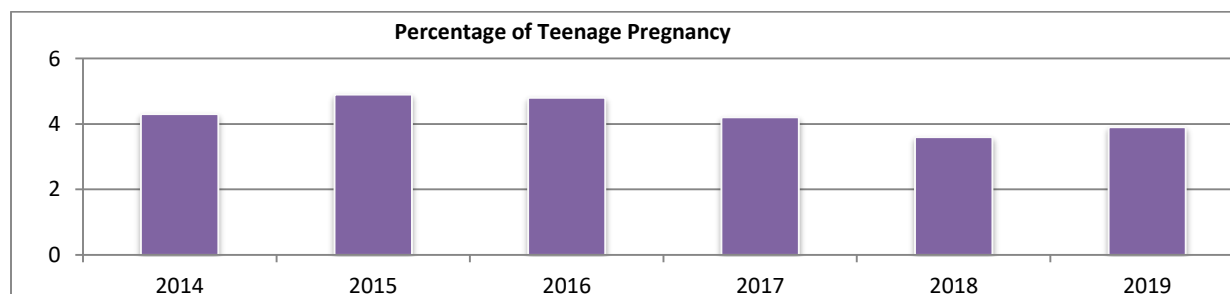
MOH Area	Year 2017	Year 2018	Year 2019
Akuressa	38	33	36
Athuraliya	20	24	13
Devinuwara	43	48	46
Dickwella	42	49	35
Hakmana	23	21	16
Kamburupitiya	28	16	13
Kirinda Puhulwella	7	6	7
Kotapola	75	46	57
Malimboda	12	12	8
Matara MC	27	20	15
Kekanadura PS	12	16	21
Morawaka	51	38	49
Mulatiyana	32	27	32
Pasgoda	47	42	46
Thihagoda	10	13	11
Weligama	73	62	72
Welipitiya	29	34	49



Teenage pregnancies reporting in 2019 was in the range of 7 – 72 in 2019

5.1.2.3. Trend of teenage pregnancies in Matara District 2014-2019

Years	2014	2015	2016	2017	2018	2019
No Teenage Pregnancies	637	820	648	569	507	526
Percentage of Teenage Pregnancy	4.3	4.9	4.8	4.2	3.6	3.9



Trend of teenage pregnancies are more or less the same during 2014 - 2019

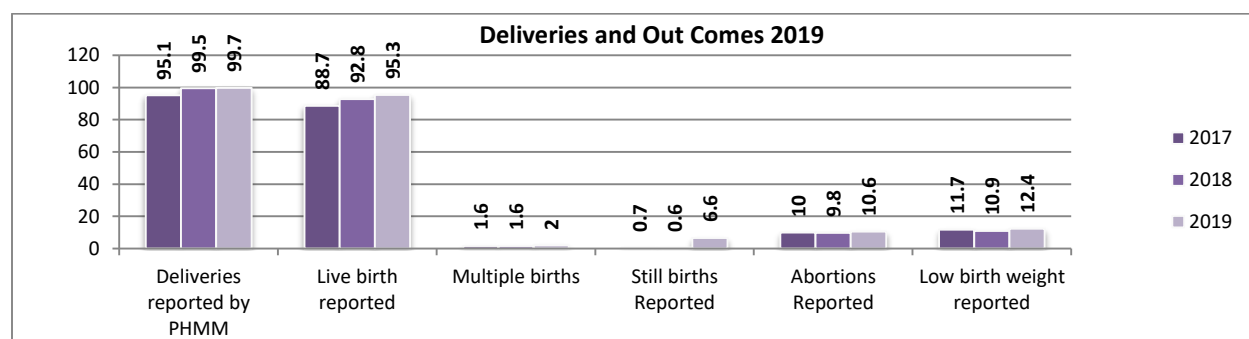
5.1.2.4. No of Pregnant women having antenatal morbidities – Matara District 2019

No	Discription	No of Cases
01	Pregnant Women with anaemia	3461
02	Pregnant women with gestational DM	839
03	Pregnant Women with Pregnancy induced HT	373
04	Pregnant women with chronic DM	133
05	Pregnant Women with Thyroid diseases	111
06	Pregnant women with Antepartum haemorrhage	96
07	Pregnant Women with UTI	85
08	Pregnant Women with asthma	81
09	Pregnant women with other Diseases	72
10	Pregnant Women with Chronic HT	35
11	Pregnant Women with Heart Diseases	34
12	Pregnant women with Psychiatric illness	27
13	Pregnant women with Epilepsy	19
14	Pregnant Women with Chickenpox	07
15	Pregnant Women with Thalassemia	05
16	Pregnant women with Kidney Diseases	03
17	Pregnant women with STD	02
18	Pregnant women with TB	01
19	Pregnant women with Liver Diseases	01
20	Pregnant women with Uterine abnor./Tumour/ Ovarian cyst	02
21		5387

Anaemia is the antenatal morbidity with the highest prevalence in 2019

5.1.3. Outcome of Pregnancy – Matara District 2017 - 2019

	Year 2017		Year 2018		Year 2019	
	No	%	No	%	No	%
Deliveries reported by PHMM	11507	95.1	11799	99.5	11464	99.7
Home deliveries	6	0.05	8	0.07	1	0.008
Live birth reported	10834	88.7	11108	92.8	10961	95.3
Multiple births	190	1.6	200	1.6	228	2
Still births Reported	81	0.7	77	0.6	73	6.6
Abortions Reported	1370	10	1366	9.8	1409	10.6
Low birth weight reported	1244	11.7	1189	10.9	1492	12.4

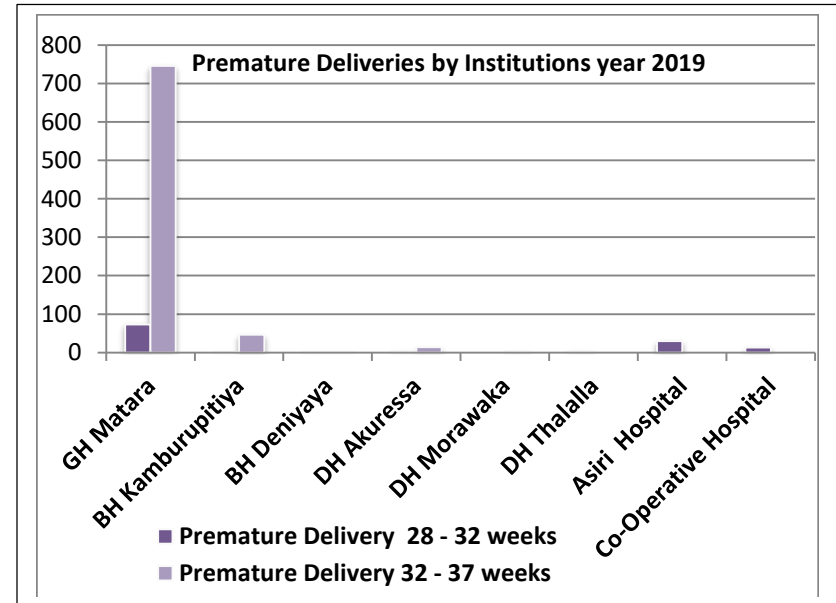
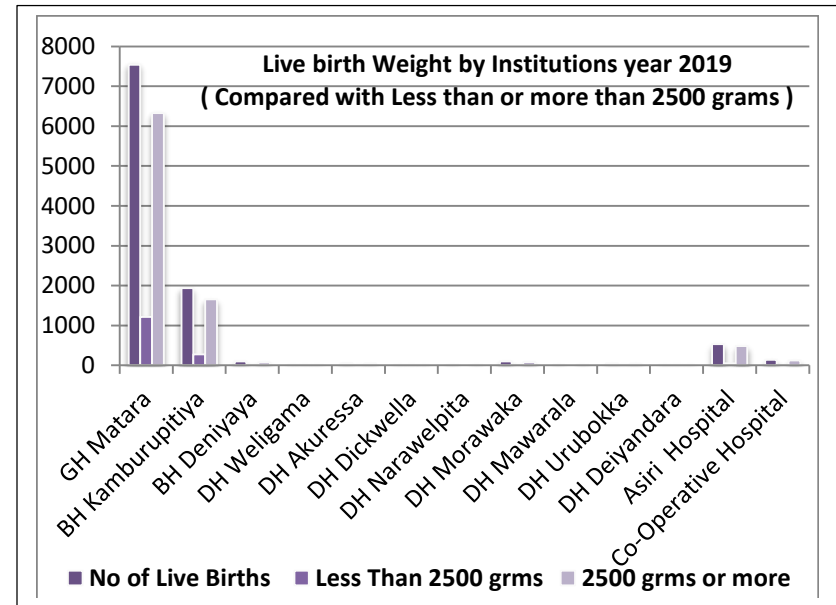
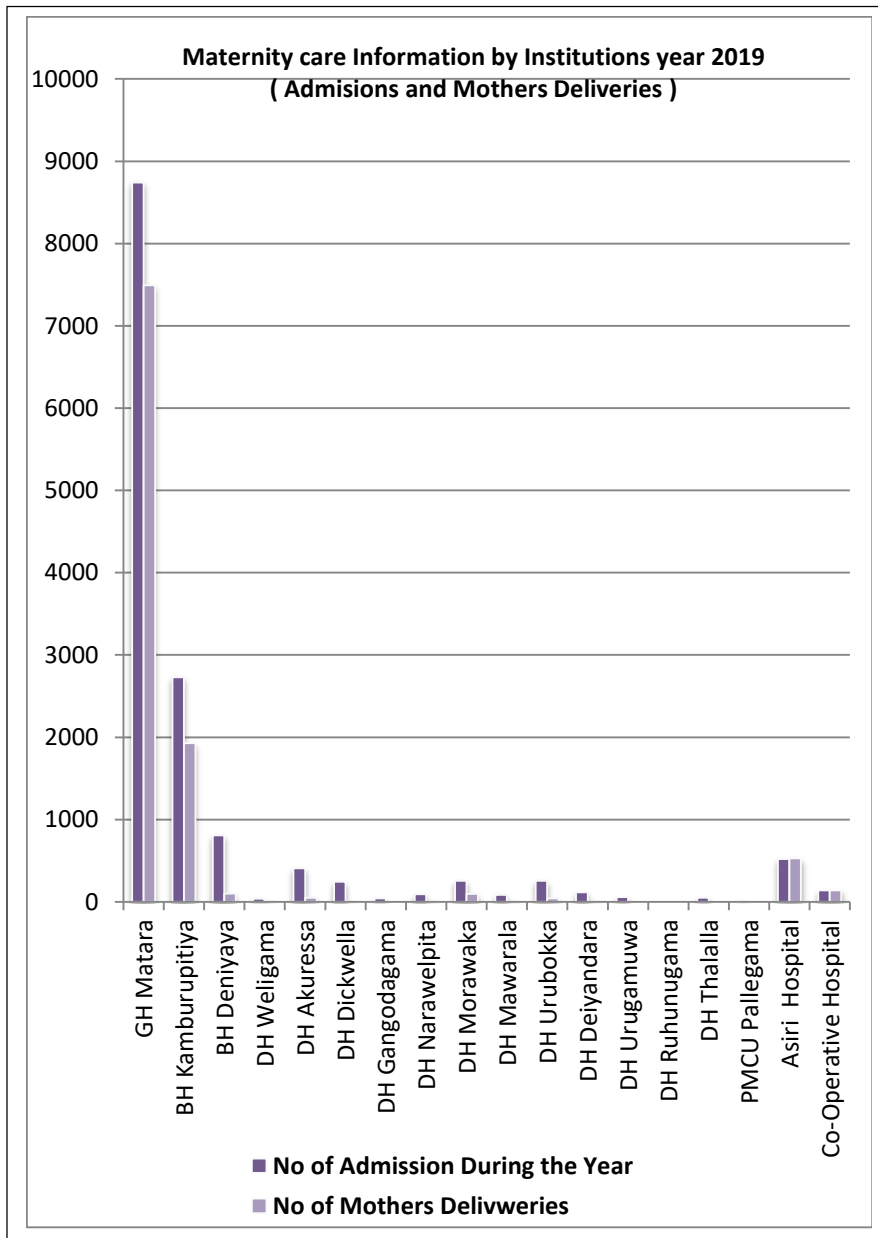


There were decreasing trend in home deliveries contrary to the trend in LBW from 2017 to 2019

5.1.3.1. Maternity Care Information By Institution Year 2019

Institution	No of Maternity Beds	No of Admission During the Year	No of Mothers Deliveries	Single Delivery	Twin Delivery	Triple t Delivery	Other	Still Births	No of Live Births	Less Than 2500 grms	2500 grms or more	Caesarian	Forceps Delivery	Manual Removal Of placenta	Other	Maternal Death	Infant deaths	maternal inpatient Day	Premature Delivery (28 – 32 Weeks)	Premature Delivery (32 – 37 Weeks)
GH Matara	88	8742	7492	7395	96	1	0	57	7542	1217	6325	3686	48	123	124	1	34	13067	73	746
BH Kamburupitiya	24	2728	1927	1613	14	0	0	4	1933	276	1657	994	2	10	26	0	0	4854	1	46
BH Deniyaya	19	808	99	99	0	0	0	1	98	20	78	0	0	0	0	0	0	828	1	1
DH Weligama	10	38	10	10	0	0	0	0	10	3	7	0	0	0	0	0	0	155	0	0
DH Akuressa	14	408	51	51	0	0	0	0	51	9	42	0	0	0	1	0	0	395	3	14
DH Dickwella	18	245	5	5	0	0	0	0	5	1	4	0	0	0	1	0	0	321	0	0
DH Gangodagama	7	43	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	68	0	0
DH Narawelpita	18	93	2	2	0	0	0	0	2	0	2	0	0	0	0	0	0	133	0	0
DH Morawaka	13	258	96	95	1	0	0	2	95	14	81	0	0	0	1	0	0	418	0	3
DH Mawarala	13	85	4	4	0	0	0	0	4	0	4	0	0	0	0	0	0	147	0	0
DH Urubokka	12	257	42	42	0	0	0	0	42	4	38	0	0	0	0	0	0	282	0	0
DH Deiyandara	11	115	3	3	0	0	0	0	3	1	2	0	0	0	0	0	0	221	0	0
DH Urugamuwa	3	60	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	87	0	0
DH Ruhunugama	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
DH Thalalla	10	52	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	78	4	0
PMCU Pallegama	6	4	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	5	0	0
Asiri Hospital	10	520	530	527	3	0	0	0	533	50	483	463	5	51	1	0	0	333	30	0
Co-Operative Hospital	5	138	138	136	2	0	0	1	138	14	124	109	0	6	3	0	1	291	13	0
Total for the District	281	14594	10399	10282	116	1	0	65	10456	1609	8847	5252	55	190	157	1	35	21683	125	810

Only one maternal death was reported from 10399 deliveries in Matara District in 2019.

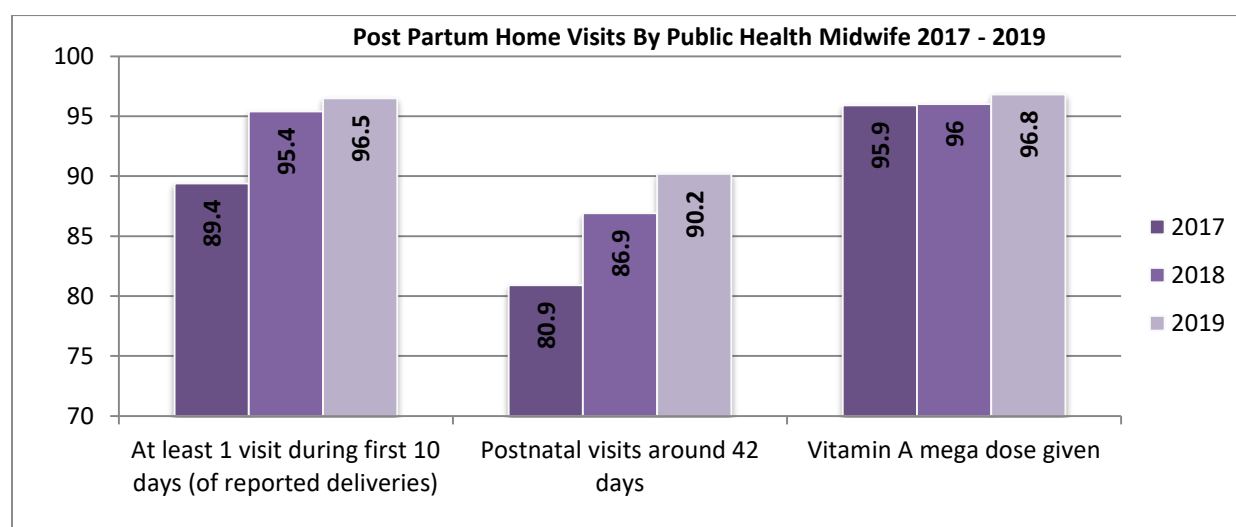


5.1.4. Post partum care

5.1.4.1. Post-partum Home Visits by Public Health Midwives

	Year 2017		Year 2018		Year 2019	
	No	%	No	%	No	%
At least 1 visit during first 10 days (of reported deliveries)	10822	89.4	11379	95.4	11100	96.5
Postnatal visits around 42 days	9315	80.9	10315	86.9	10384	90.2
Vitamin A mega dose given	11243	95.9	11387	96.0	11140	96.8

All the post – partum indicators has improved in 2017 – 2019



5.1.4.2. Post-partum Maternal Morbidities reported in 2017 - 2019

	Year 2017	Year 2018	Year 2019
Diabetes Mellitus	33	29	33
Hypertension	84	98	113
Urinary Tract Infections	77	60	47
Breast infections	41	23	23
Cracked nipples	97	99	94
Engorged breasts	311	306	264
Hemorrhage	101	103	83
Infected LSCS scar	397	506	494
Infected/Separated epis	376	433	307
Postpartum Psychosis	-	-	43
Dysuria / UTI	-	-	47
Deep vein thrombosis	5	5	05
Foreign material in vagina	12	22	03

Engorged breasts, infected LSCS scars, infected / separated epis were the highest post – partum morbidities reported in 2017 – 2019

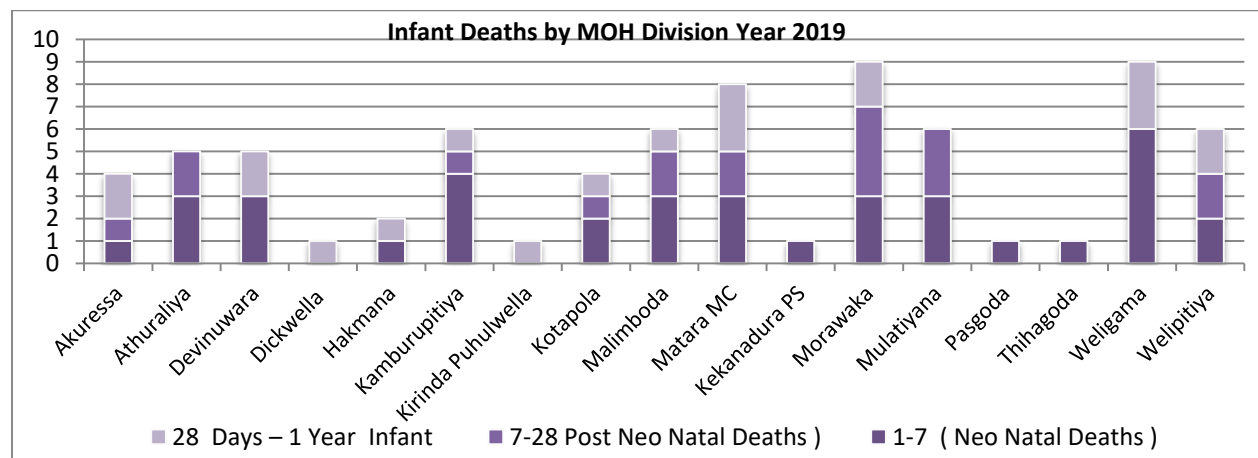
5.1.5. Infant care

5.1.5.1. Infant Care Information 2019

Indicators	No	%
Infant Registered By PHMM	12549	109.1
Infant Deaths Reported	75	0.59
Infant Deaths Investigated	72	96
Neonatal Deaths Reported	55	3.4
Post Natal Deaths Reported	20	5
Child Deaths Reported (13 – 60 Month	22	0.17

5.1.5.2. Infant Care By MOH Division

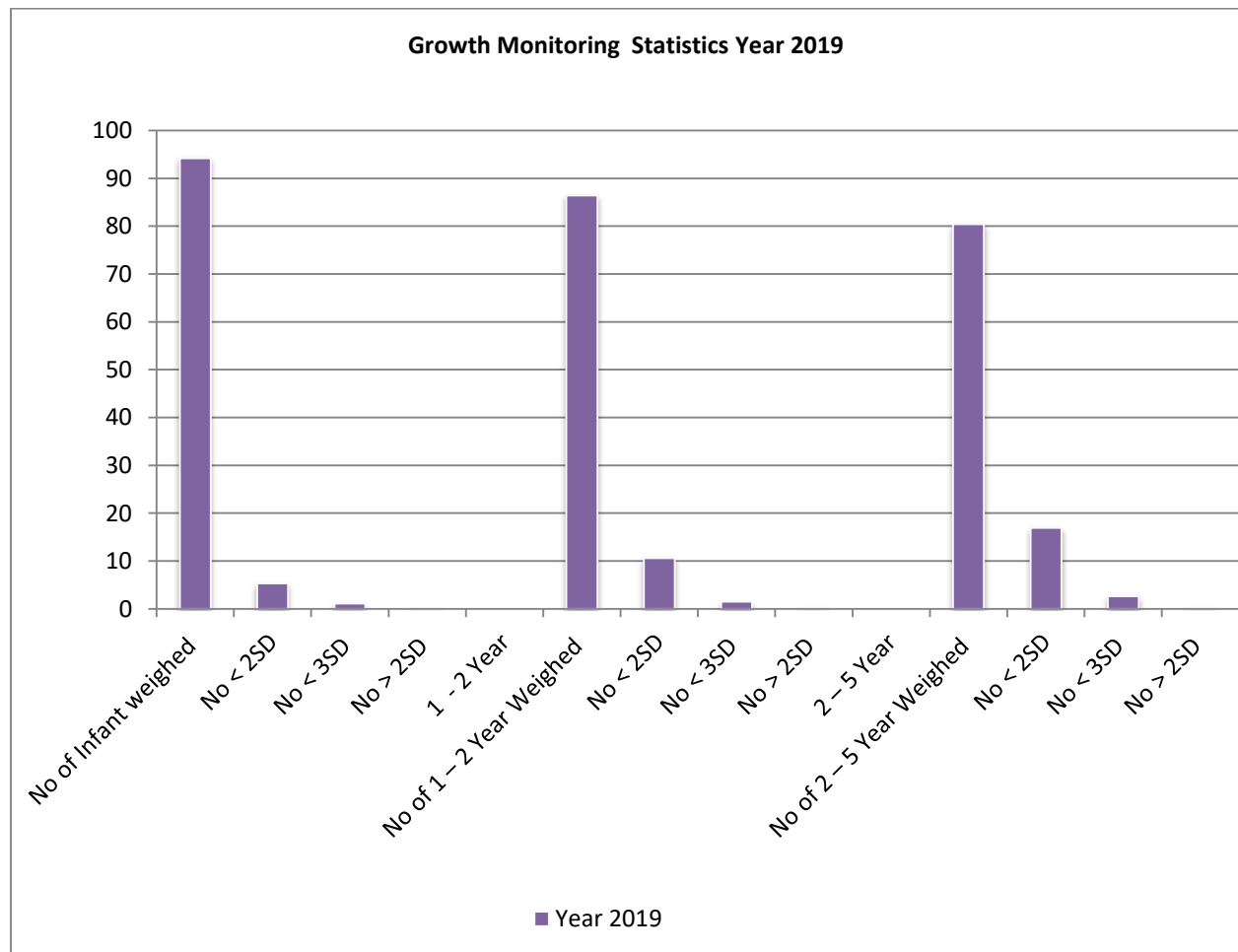
MOH Area	No Infant Deaths Reported			
	1-7 (Neo Natal Deaths)	7-28 Post Neo Natal Deaths)	28 Days – 1 Year Infant	Total
Akuressa	1	1	2	4
Athuraliya	3	2	0	5
Devinuwara	3	0	2	5
Dickwella	0	0	1	1
Hakmana	1	0	1	2
Kamburupitiya	4	1	1	6
Kirinda Puhulwella	0	0	1	1
Kotapola	2	1	1	4
Malimboda	3	2	1	6
Matara MC	3	2	3	8
Kekanadura PS	1	0	0	1
Morawaka	3	4	2	9
Mulatiyana	3	3	0	6
Pasgoda	1	0	0	1
Thihagoda	1	0	0	1
Weligama	6	0	3	9
Welipitiya	2	2	2	6
Total	55	20	75	75



5.1.5.3. Growth Monitoring Year 2019

	2017		2018		2019	
Infant	No	%	No	%	No	%
No of Infant weighed	11964	99.8	11966	99.7	11200	94.2
No < 2SD-3SD	747	6.2	762	6.1	598	5.3
No < 3SD	188	1.5	180	1.5	124	1.1
No > 2SD	26	0.2	37	0.3	18	0.1
1 - 2 Year					No	%
No of 1 – 2 Year Weighed	12628	99.4	12151	99.6	10574	86.4
No < 2SD-3SD	1338	10.5	1250	10.3	1118	10.6
No < 3SD	240	1.9	227	1.87	160	1.5
No > 2SD	32	0.2	39	0.3	23	0.2
2 – 5 Year					No	%
No of 2 – 5 Year Weighed	38920	97.6	38131	97.7	243726	80.4
No < 2SD-3SD	5857	15	5345	14	41102	16.9
No < 3SD	879	2.2	829	2.2	6297	2.6
No > 2SD	104	0.2	129	0.3	512	0.2

Weighing of children 0 – 5Years has shown a reduction in 2017 – 2019 period.

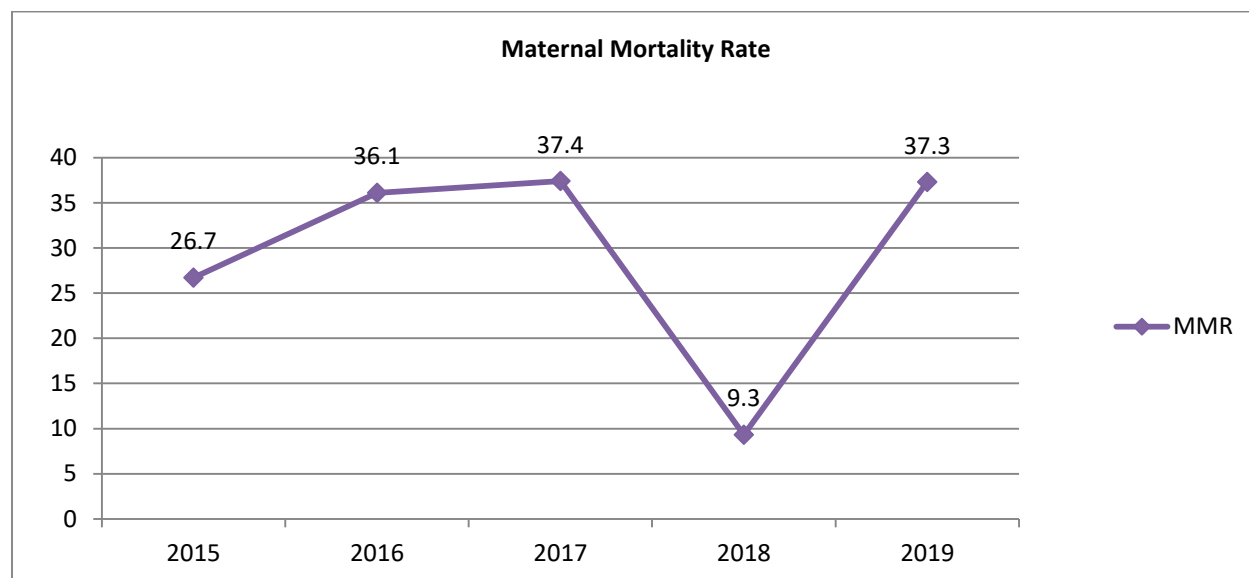


Nutrition indicators were static during 2017 - 2019

5.1.6. Maternal morbidity and mortality

5.1.6.1. Maternal Mortality Rate (MMR) Year 2015 to Year 2019

Year	2015	2016	2017	2018	2019
MMR	26.7	36.1	37.4	9.3	37.3



In 2019 MMR is 37.3 per 10000 Live births.

5.1.6.2. Causes of Maternal Deaths , Year 2019

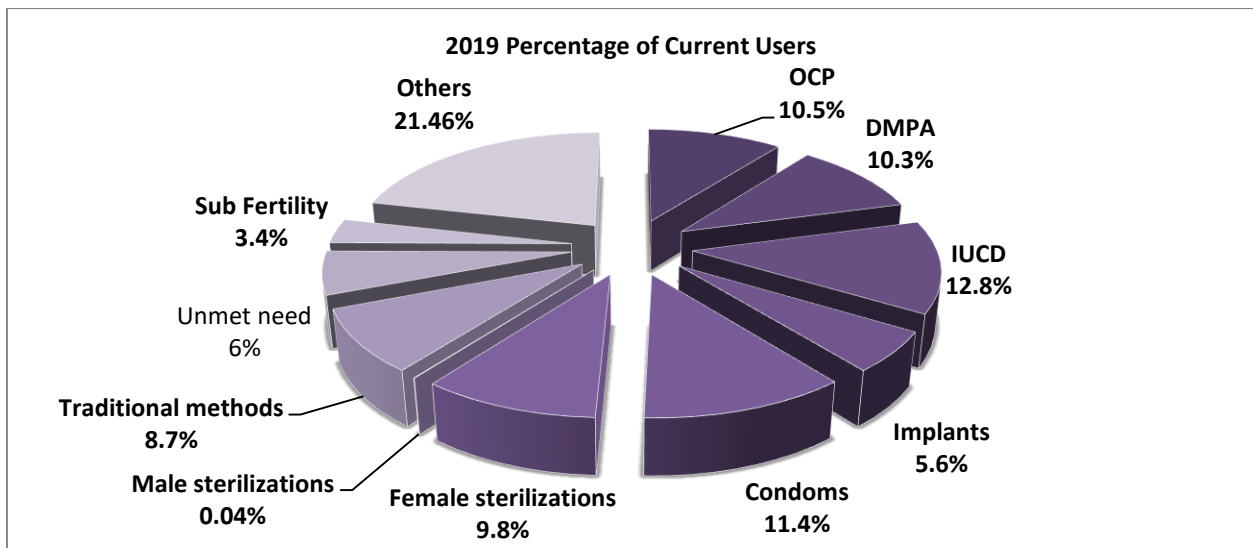
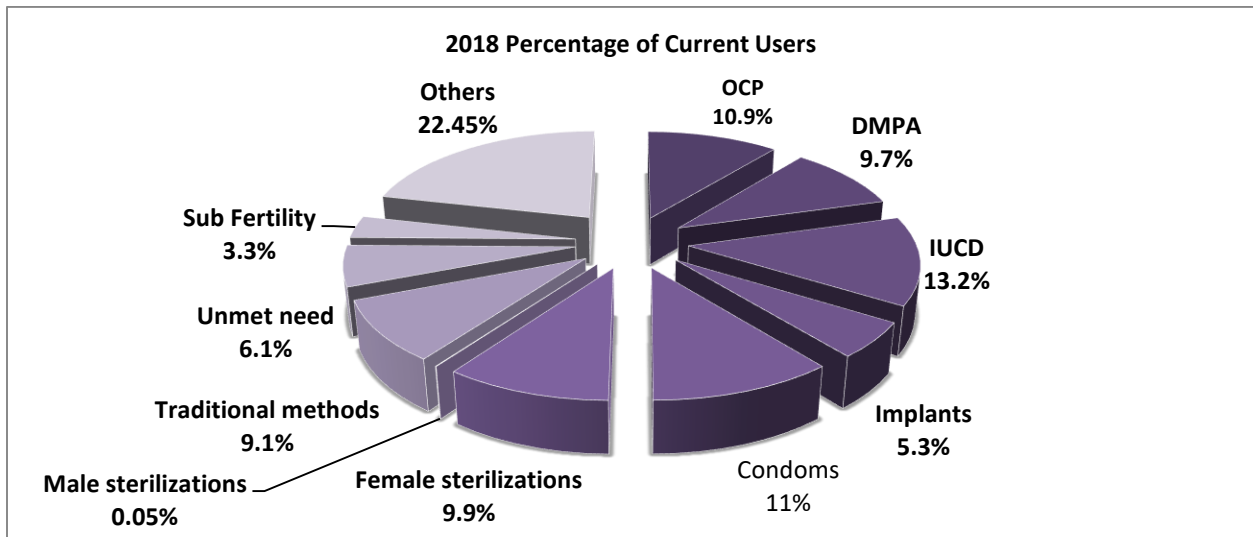
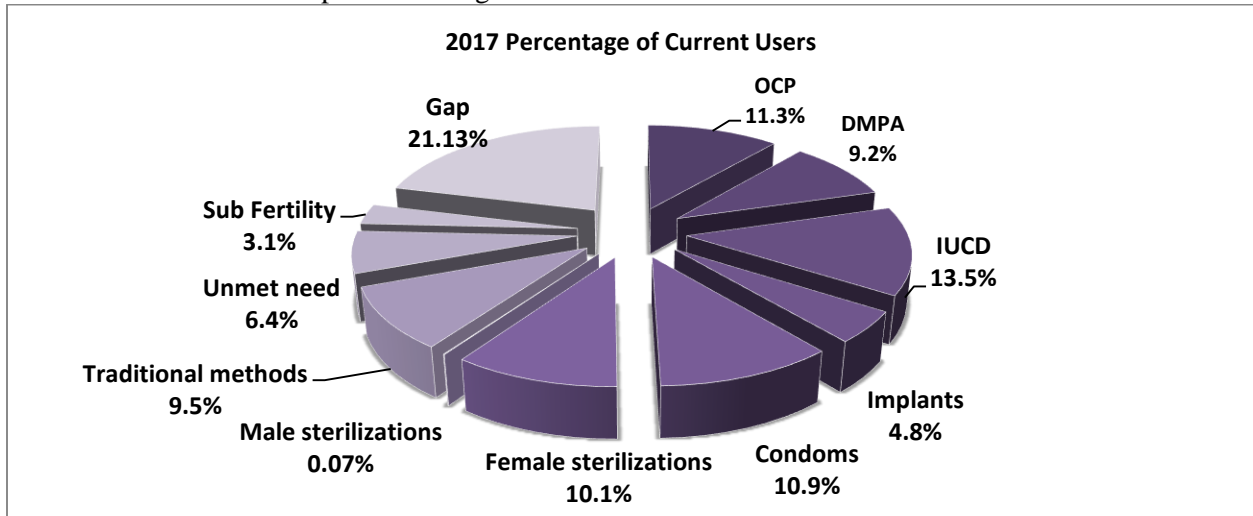
- 1 Pneumonia
- 2 Postpartum Cardiomyopathy
- 3 Heart Diseases – Undetermined
- 4 Sepsis

5.1.7. Family Planning Information

5.1.7.1. Current Users of Family Planning for Year 2019 (All methods)

	2017	2018	2019
	Percentage of Current Users	Percentage of Current Users	Percentage of Current Users
OCP	11.3	10.8	10.5
DMPA	9.2	9.6	10.3
IUCD	13.5	13.1	12.8
Implants	4.8	5.3	5.6
Condoms	10.9	11.00	11.4
Female sterilizations	10.1	9.8	9.7
Male sterilizations	0.07	0.05	0.04
Traditional methods	9.5	9	8.7
Unmet need	6.4	6.1	6
Sub Fertility	3.1	3.2	3.4
Gaps	21.13	22.05	21.56

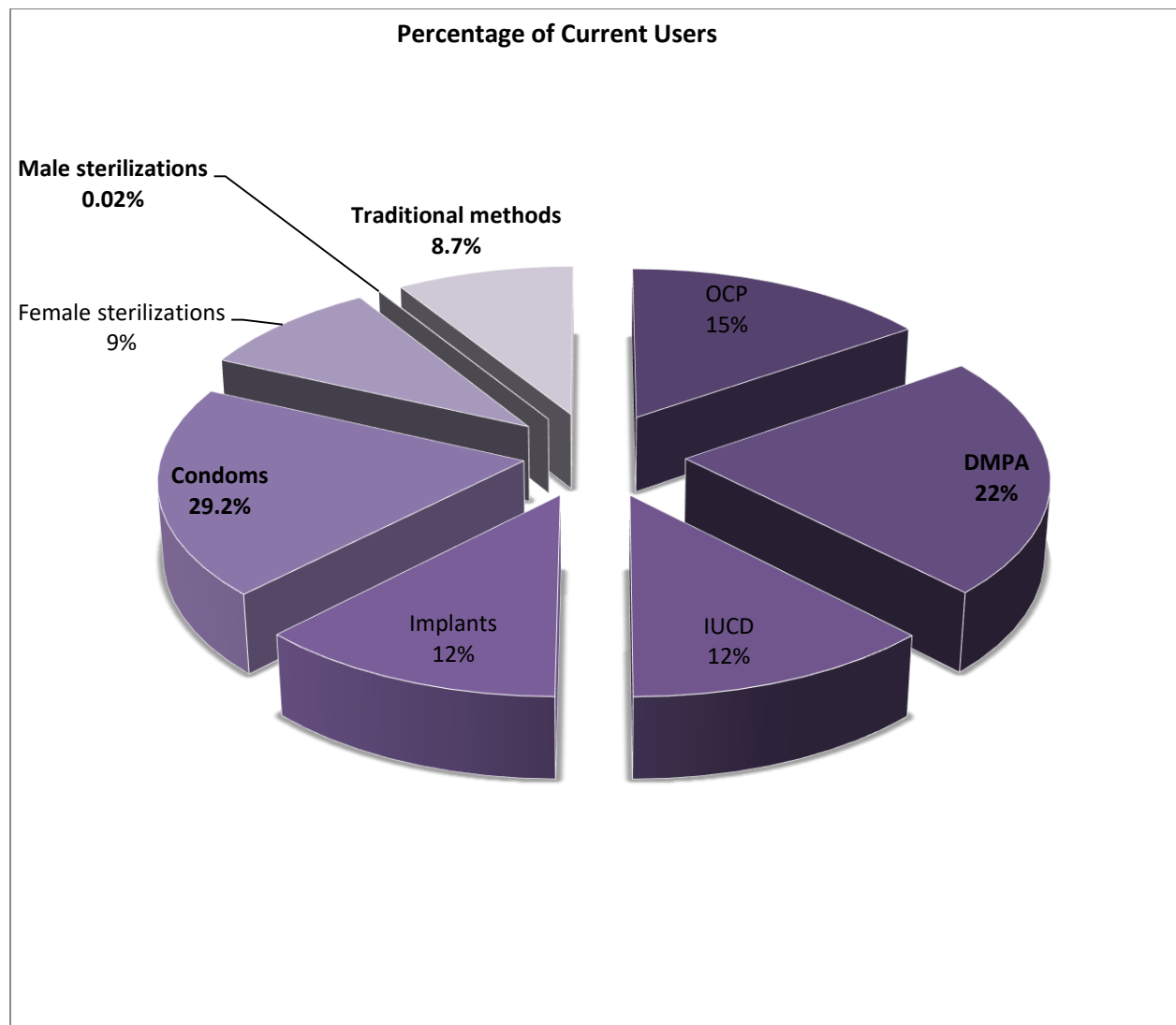
Traditional Family Planning methods use and unmet need showed a decrease from 2017 to 2019 Modern method showed a variable pattern among different methods.



5.1.7.2. Family Planning New Acceptors Year 2017 – 2019

	Year 2017		Year 2018		Year 2019	
	No	%	No	%	No	%
OCP	1767	16.8	1955	14.9	1984	15
DMPA	2330	22.2	2945	22.4	2898	22
IUCD	1881	17.9	1776	13.5	1562	12
Implants	1462	13.9	1710	13	1589	12
Condoms	2051	19.5	2410	18.3	2537	19.2
Female sterilizations	968	9.2	1107	8.4	1144	9
Male sterilizations	13	0.1	13	0.09	3	0.02
Traditional methods	1295	12.3	1198	9.1	1445	8.7

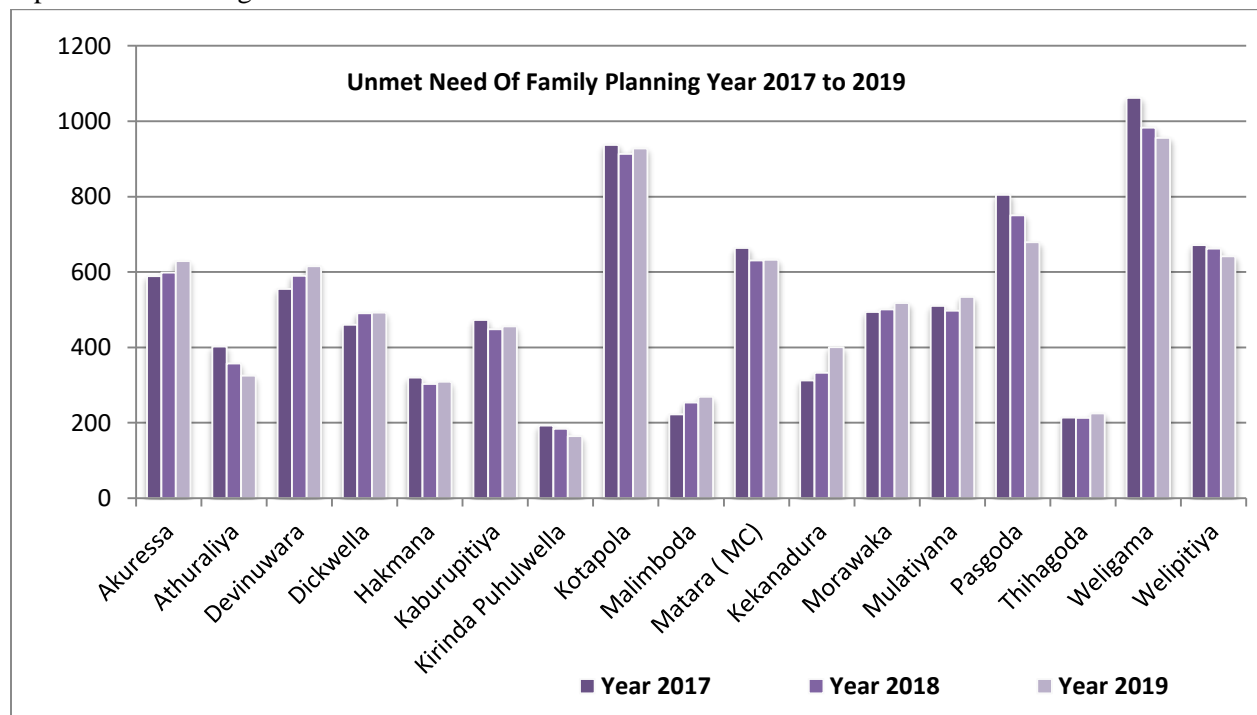
Among family planning new acceptors DMPA recorded the Highest value while male sterilization recorded the lowest value during this period.



5.1.7.3. Unmet Need Of Family Planning Year 2017 - Year 2019

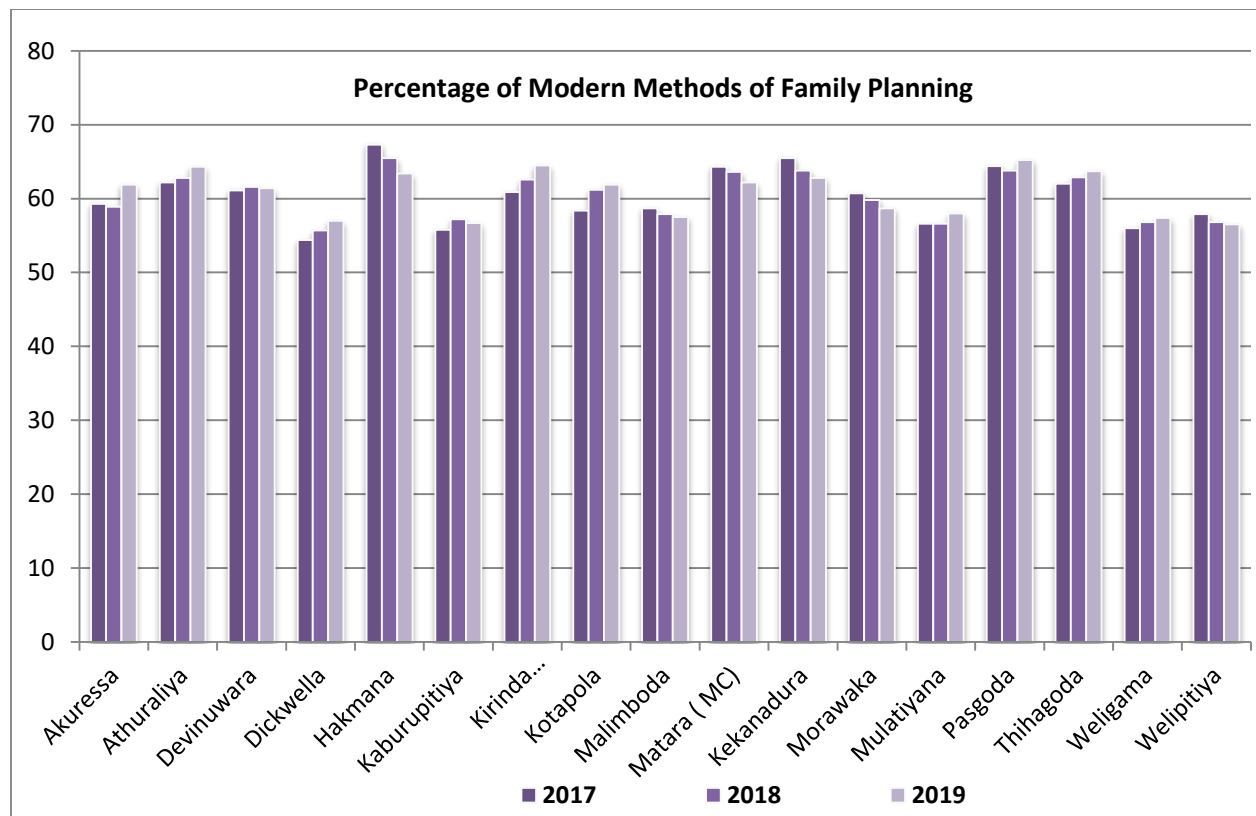
	Year 2017	Year 2018	Year 2019
Akuressa	589	598	629
Athuraliya	402	357	325
Devinuwara	555	590	615
Dickwella	460	491	492
Hakmana	320	303	309
Kaburupitiya	473	448	456
Kirinda Puhulwella	193	184	165
Kotapola	937	913	928
Malimboda	222	254	269
Matara (MC)	664	631	632
Kekanadura	312	333	401
Morawaka	494	501	518
Mulatiyana	510	497	534
Pasgoda	805	750	679
Thihagoda	214	213	225
Weligama	1062	983	956
Welipitiya	671	662	642
Toatl Unmet Need	8881	8709	8775

Total unmet need of family planning recorded a plateau from 2017 – 2019 Highest frequency was reported from Weligama MOH .



5.1.7.4. Percentage of Modern Methods of Family Planning

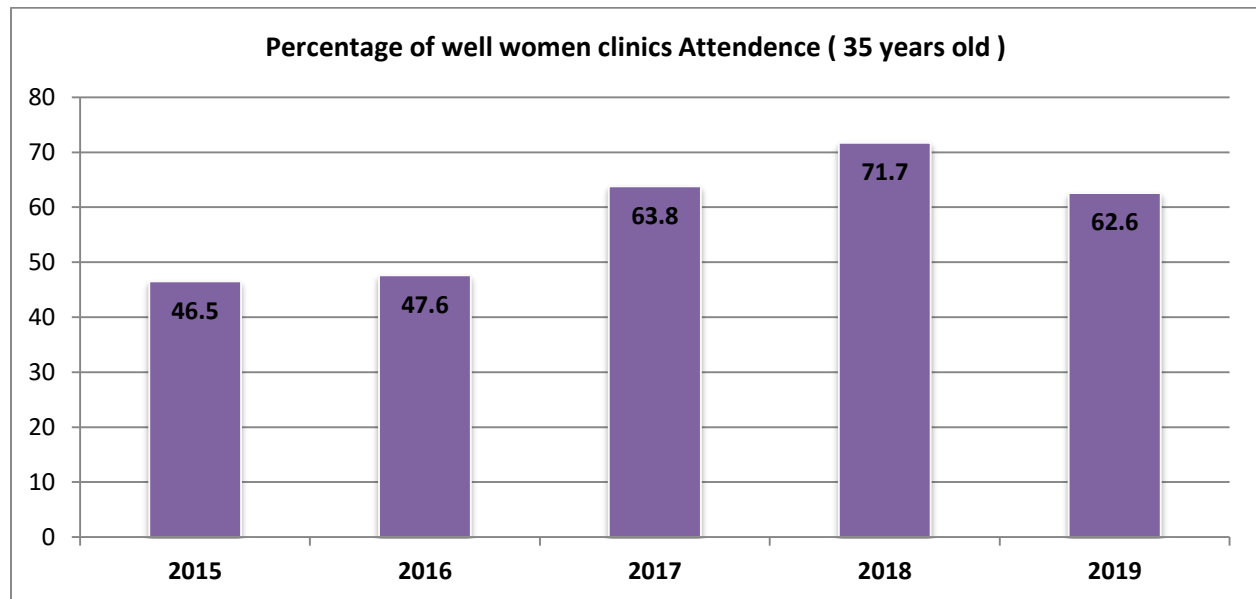
MOH Area	2017	2018	2019
Akuressa	59.3	58.9	61.9
Athuraliya	62.2	62.8	64.3
Devinuwara	61.1	61.6	61.4
Dickwella	54.4	55.7	57.0
Hakmana	67.3	65.5	63.4
Kaburupitiya	55.8	57.2	56.7
Kirinda Puhulwella	60.9	62.6	64.5
Kotapola	58.4	61.2	61.9
Malimboda	58.7	57.9	57.5
Matara (MC)	64.3	63.6	62.2
Kekanadura	65.5	63.8	62.8
Morawaka	60.7	59.8	58.7
Mulatiyana	56.6	56.6	58.0
Pasgoda	64.4	63.8	65.2
Thihagoda	62	62.9	63.7
Weligama	56	56.8	57.4
Welipitiya	57.9	56.8	56.5
Total			



5.1.8. Well - Women Activities

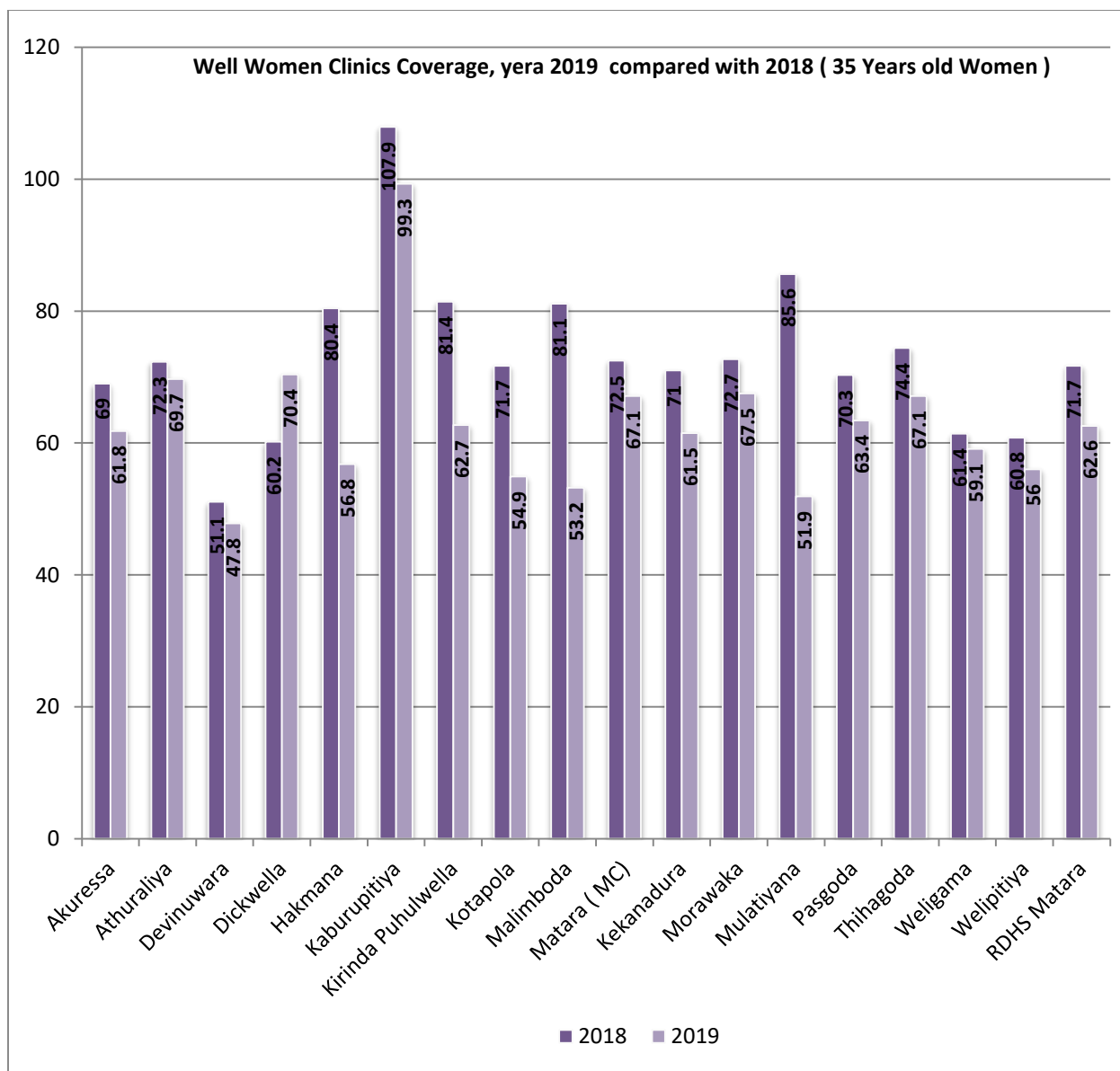
5.1.8.1. Percentage of Well Women Clinics Attendance (35 years old)

Years	2015	2016	2017	2018	2019
Percentage	46.5	47.6	63.8	71.7	62.6



5.1.8.2. Percentage of Well Women Clinics Coverage by Institutions (35 years old)

MOH Area	2018	2019
Akuressa	69	61.8
Athuraliya	72.3	69.7
Devinuwara	51.1	47.8
Dickwella	60.2	70.4
Hakmana	80.4	56.8
Kaburupitiya	107.9	99.3
Kirinda Puhulwella	81.4	62.7
Kotapola	71.7	54.9
Malimboda	81.1	53.2
Matara (MC)	72.5	67.1
Kekanadura	71	61.5
Morawaka	72.7	67.5
Mulatiyana	85.6	51.9
Pasgoda	70.3	63.4
Thihagoda	74.4	67.1
Weligama	61.4	59.1
Welipitiya	60.8	56
RDHS Matara	71.7	62.6



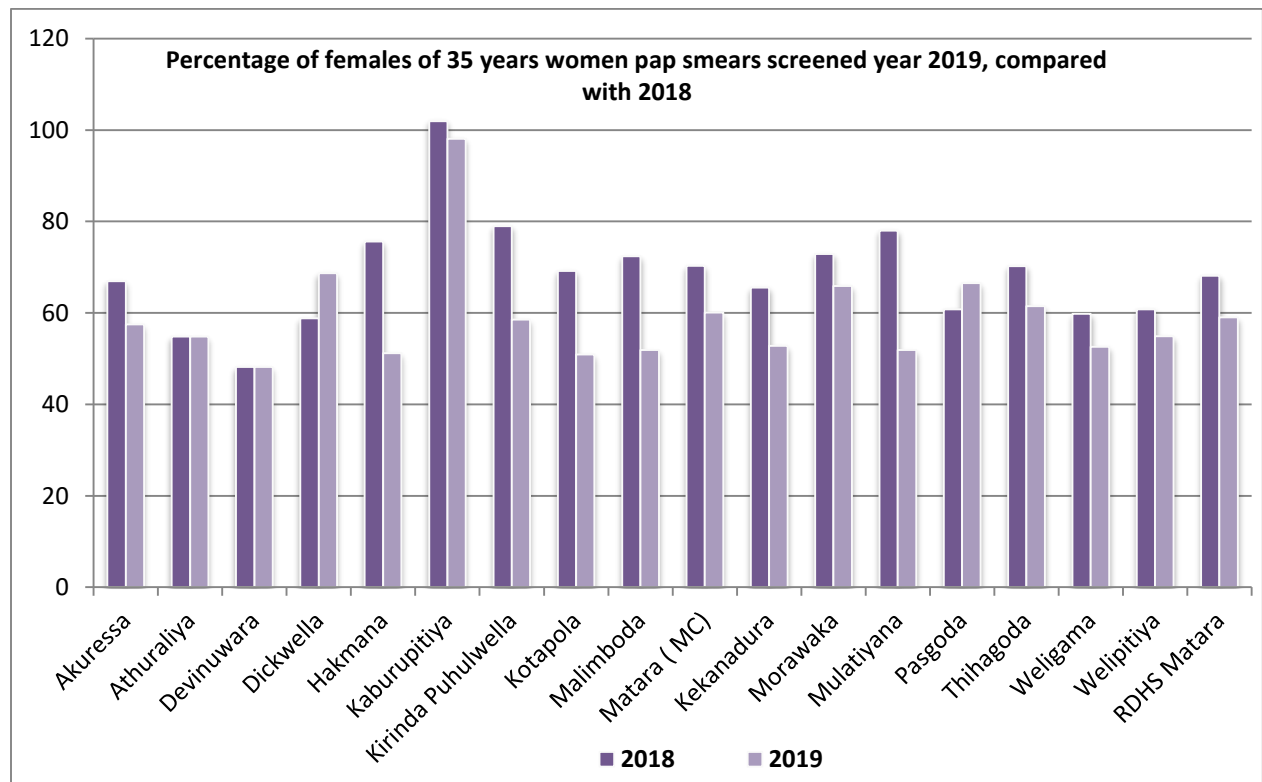
5.1.8.3. Well Women Clinics Services in Matara District, Year 2019

Services	No
Total Clinic Sessions	584
No First Visits 35 Years	5411
No First Visits > 35 Years	3599
No New Diabetes Mellitus Cases Detected	132
No New Hypertension Cases Detected	212
No Breast Examination Performed	9007
No of Breast Abnormalities Detected	142
No Cervical Visualization Performed	0
No Cervical Pap Smears Taken	9116
No of CIN Positives	0

5.1.8.4. Percentage of females of 35years women who got pap smears screened at well women clinics in Matara District

MOH Area	2018	2019
Akuressa	69	57.5
Athuraliya	72.3	54.8
Devinuwara	51.1	48.2
Dickwella	60.2	68.7
Hakmana	80.4	51.2
Kaburupitiya	107.9	98.1
Kirinda Puhulwella	81.4	58.5
Kotapola	71.7	50.9
Malimboda	81.1	51.9
Matara (MC)	72.5	60.1
Kekanadura	71	52.8
Morawaka	72.7	65.9
Mulatiyana	85.9	51.9
Pasgoda	70.3	66.5
Thihagoda	74.4	61.5
Weligama	61.4	52.6
Welipitiya	60.8	54.9

Kaburupitiya MOH recorded the highest value in 35 yrs pap smear screening during 2018 - 2019



5.1.9 Immunization programme

5.1.9.1. Expanded Programme of Immunization

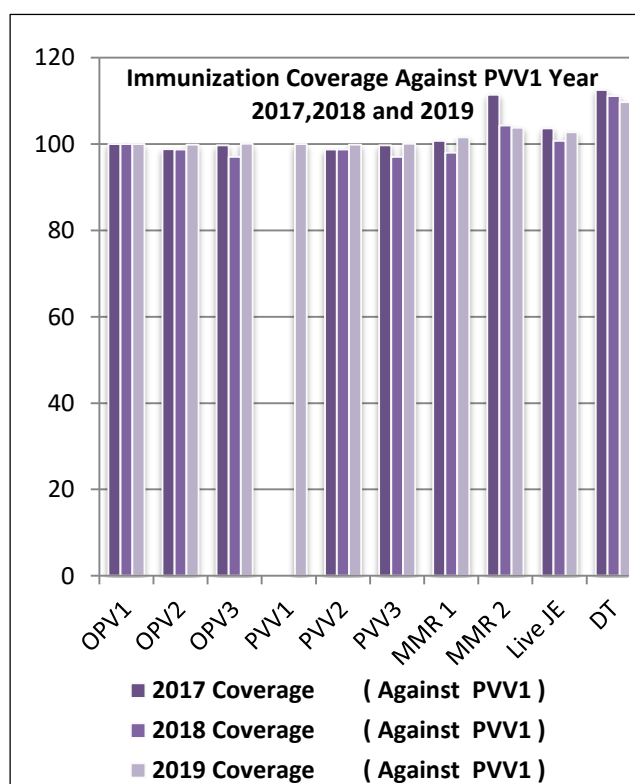
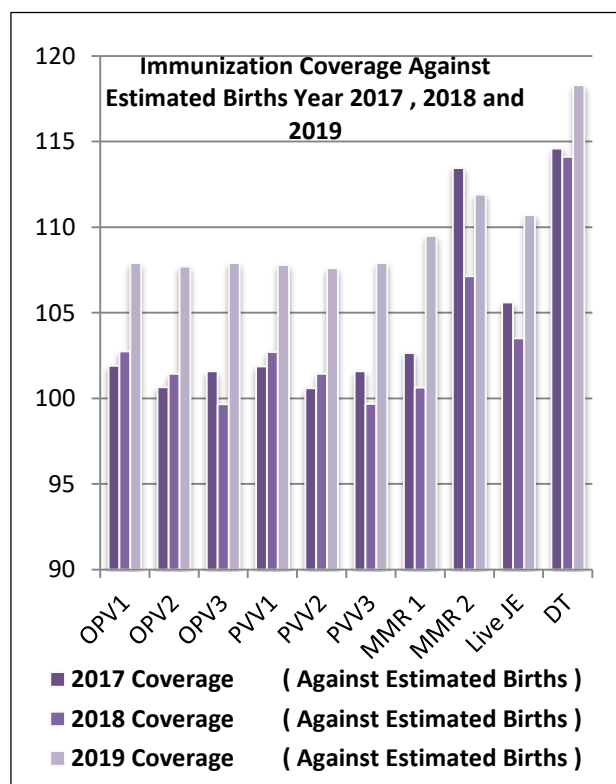
Table 4.7.1. Immunization coverage in 2017, 2018 and 2019

Year	2017			2018			2019		
Type of vaccine	No of immunizations performed	Coverage (against estimated births*)	Coverage (against PVV1)	No of immunizations performed	Coverage (against estimated births)	Coverage (against PVV1**)	No of immunizations performed	Coverage (against estimated births)	Coverage (against PVV1**)
OPV1	12343	101.90	100.04	12253	102.74	100.03	12404	107.9	100.03
OPV2	12192	100.65	98.82	12098	101.44	98.77	12385	107.7	99.88
OPV3	12305	101.59	99.73	11887	99.67	97.04	12413	107.9	100.10
PVV1	12338	101.86	100.00	12249	102.71	100.00	12400	107.8	100.00
PVV2	12185	100.59	98.76	12098	101.44	98.77	12381	107.6	99.84
PVV3	12306	101.59	99.74	11888	99.68	97.05	12411	107.9	100.08
MMR 1	12434	102.65	100.78	12002	100.64	97.98	12590	109.5	101.53
MMR 2	13743	113.46	111.39	12776	107.13	104.30	12868	111.9	103.77
Live JE	12791	105.60	103.67	12345	103.51	100.78	12738	110.7	102.72
DT	13881	114.60	112.51	13608	114.10	111.09	13602	118.3	109.69

2017 Year , Est. Births 12113

2018 Year Est. Births 11926

2019 Year Est. Births 11497



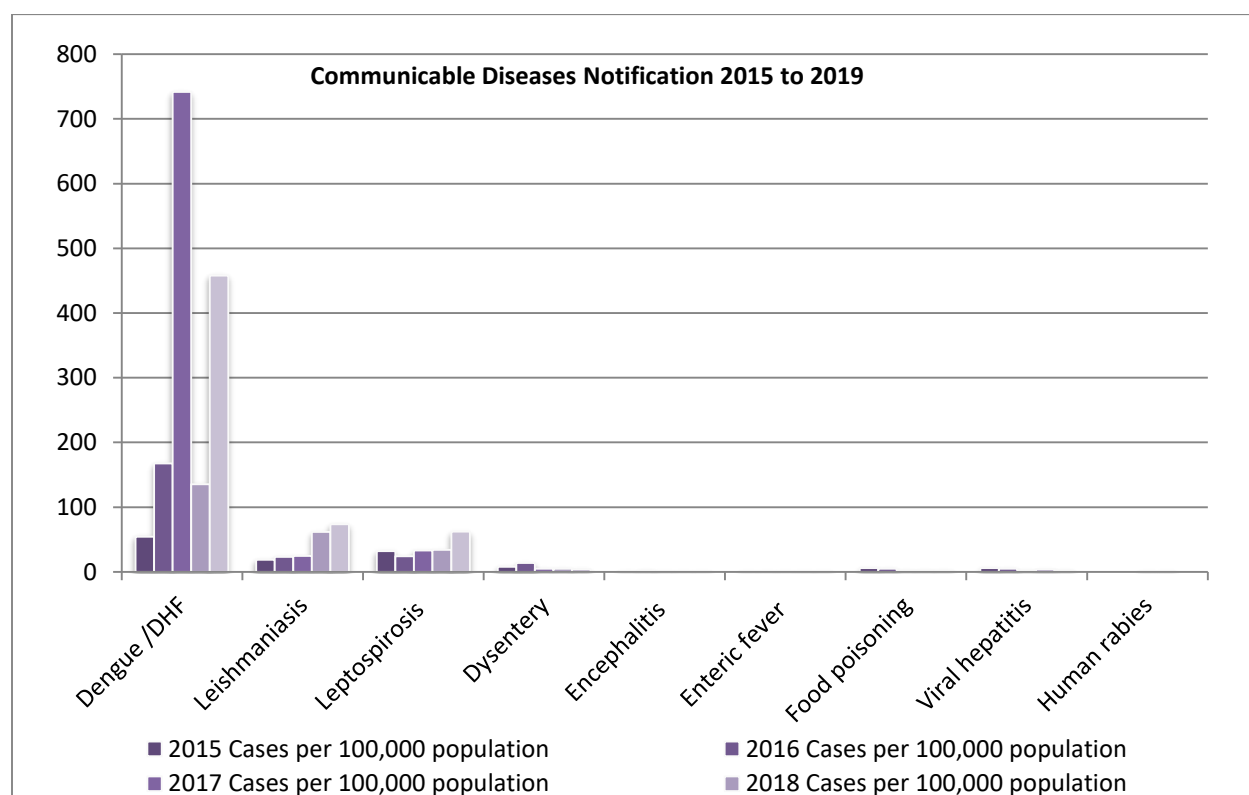
Immunization coverage in EPI was highly satisfactory compared to national standards

5.2. Communicable Diseases Surveillance (Diseases Notification from 2015 to 2018)

Diseases	2015		2016		2017		2018		2019	
	No	Cases per 100,000 population	No	Cases per 100,000 population	No	Cases per 100,000 population	No	Cases per 100,000 population	No	Cases per 100,000 population
Dengue /DHF	453	54.35	1413	167.55	6323	741.69	1163	135.56	3959	457.9
Leishmaniasis	155	18.60	196	23.24	209	24.52	529	61.66	635	73.5
Leptospirosis	266	31.92	202	23.95	284	33.31	291	33.92	536	62.0
Dysentery	67	8.04	117	13.87	42	4.93	42	4.90	38	4.4
Encephalitis	12	1.44	15	1.78	13	1.52	8	0.93	6	0.7
Enteric fever	5	0.60	8	0.95	6	0.70	10	1.17	14	1.61
Food poisoning	48	5.76	41	4.86	21	2.46	22	2.56	18	2.08
Viral hepatitis	47	5.64	42	4.98	19	2.23	32	3.73	22	2.5
Human rabies	0	0.00	0	0.00	1	0.12	1	0.12	0	0

Source Weekly Epidemiological Report.

Estimated Pop 864454



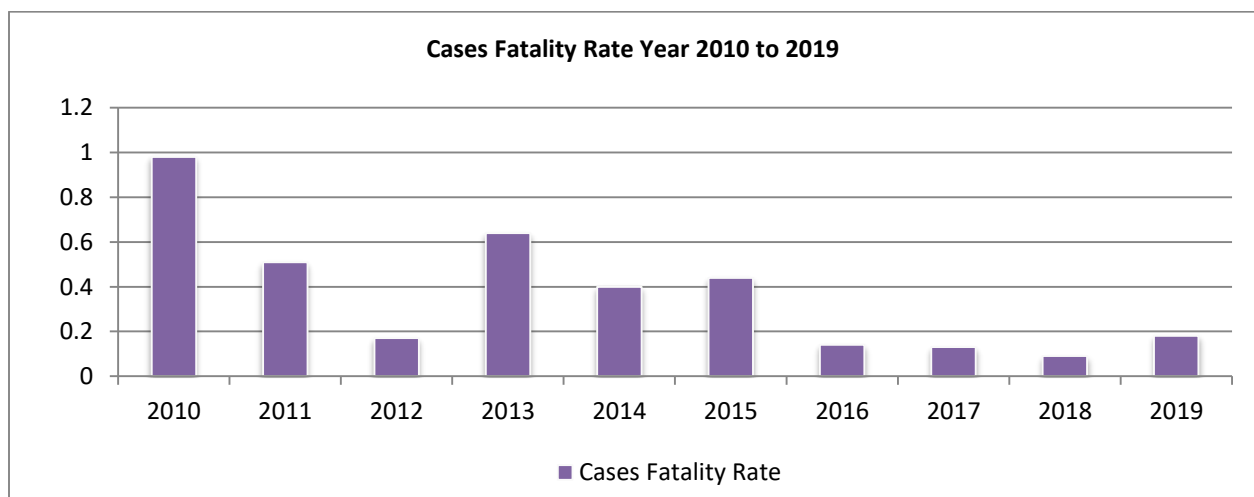
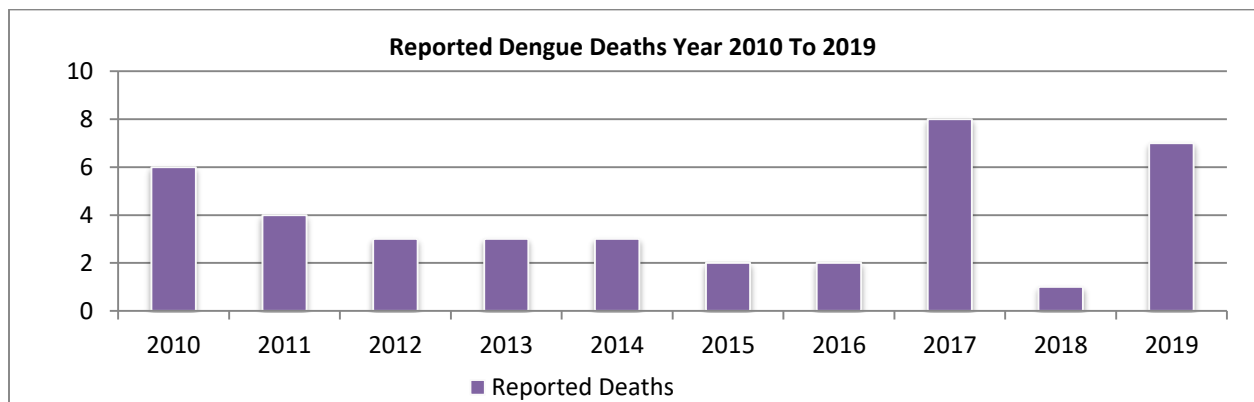
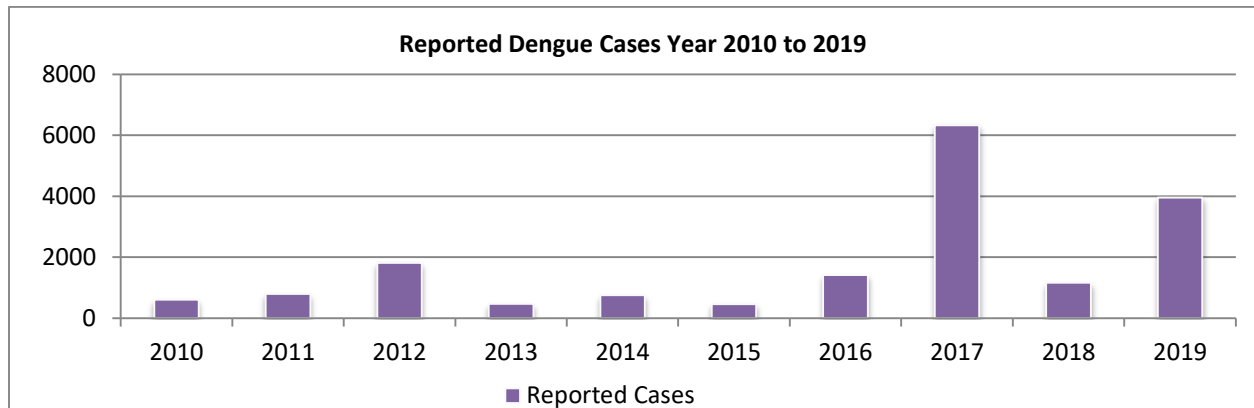
Highest reporting of Dengue / GHF was reported in 2017. Two rabies cases were reported in 2017 and 2018. Leishmaniasis and Leptospirosis cases showed an increasing trend from 2015 – 2019. All other communicable diseases showed a decreasing trend from 2015 – 2019

5.2.1. Dengue Diseases

(Reported Cases, Deaths and Cases Fatality Rate)

Year	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
Reported Cases	610	790	1814	471	748	453	1413	6323	1163	3959
Reported Deaths	6	4	3	3	3	2	2	8	1	7
Cases Fatality Rate - CFR	0.98	0.51	0.17	0.64	0.40	0.44	0.14	0.13	0.09	0.18

Highest No of dengue cases and deaths were reported in 2017 during this period

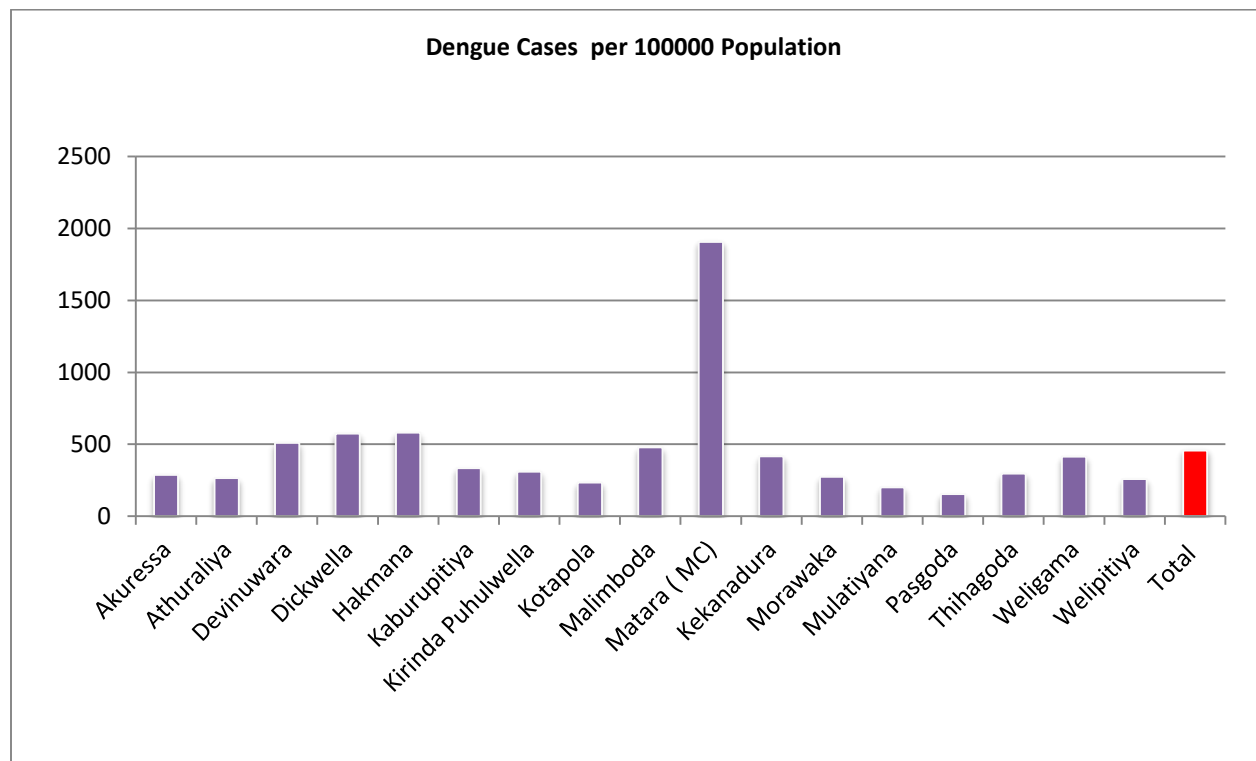


5.2.1.1. Dengue Diseases Pattern 2010 to 2019

MOH Area	No of Cases	Actual Population	Incidence per 100000 Population
Akuressa	168	58546	286.9
Athuraliya	88	33120	265.7
Devinuwara	267	52438	509.2
Dickwella	342	59510	574.7
Hakmana	96	33764	580.5
Kaburupitiya	141	42274	333.5
Kirinda Puhulwella	70	22625	309.4
Kotapola	162	69508	233.1
Malimboda	174	36349	478.7
Matara (MC)	1326	69582	1905.7
Kekanadura	198	47601	416.0
Morawaka	152	55595	273.4
Mulatiyana	110	54685	201.1
Pasgoda	100	64773	154.4
Thihagoda	100	33753	296.3
Weligama	321	77551	413.9
Welipitiya	144	55729	258.4
Total	3959	867403	456.4

Highest Dengue incidence was reported from Matara MC while the lowest was reported from Pasgoda MOH area

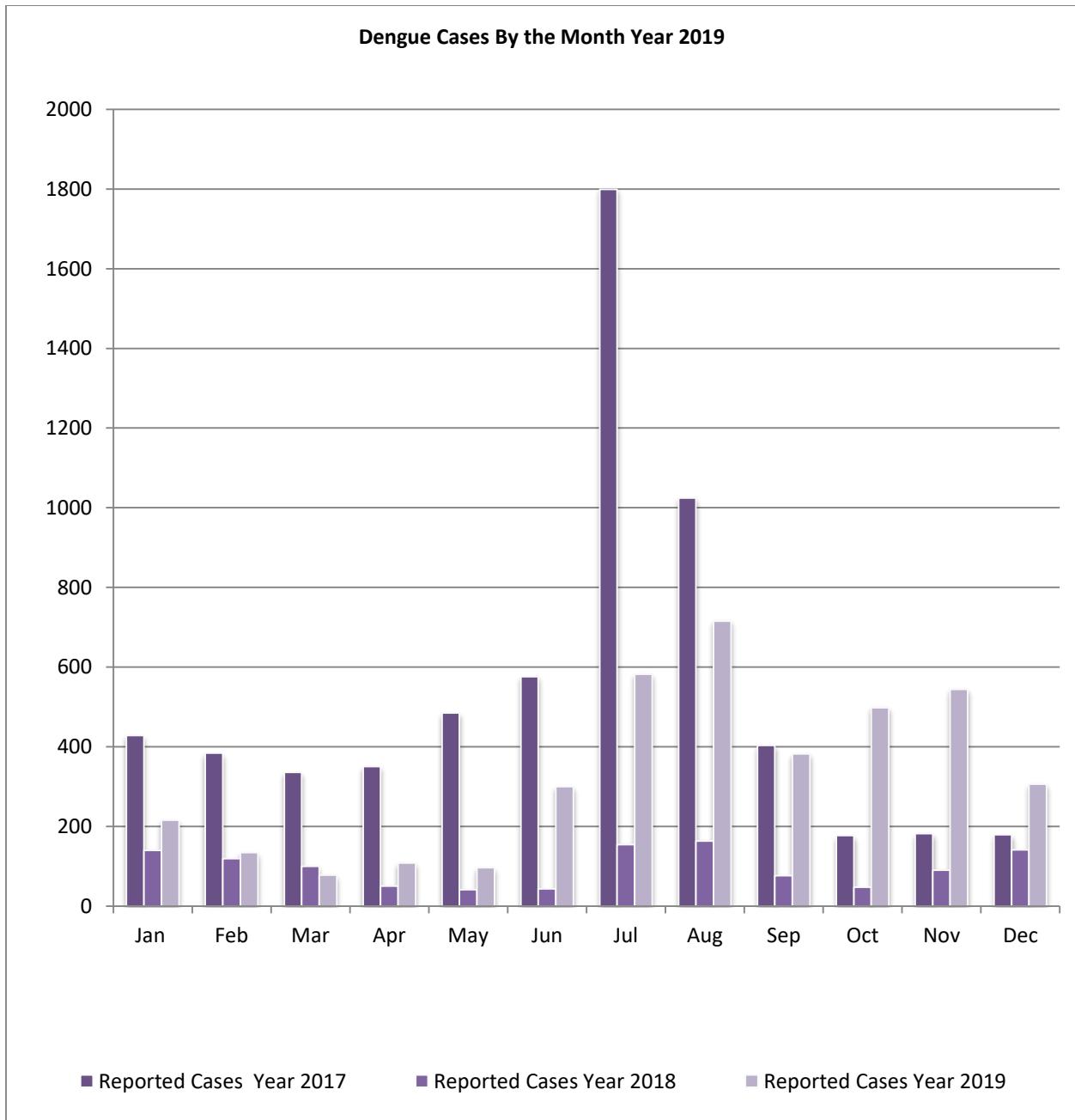
5.2.1.2. Dengue Cases Per 100000 Population By the MOH Division Year 2019



5.2.1.3. Dengue Cases By the Months Year 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Reported Cases Year 2017	428	384	336	350	485	576	1799	1024	403	177	182	179
Reported Cases Year 2018	140	119	100	50	41	43	154	163	76	47	90	141
Reported Cases Year 2019	216	134	78	108	96	300	582	715	382	498	544	306

Year end, start and mid year dengue peaks were evident during 2019



Mid year peaks were evident during 2017 - 2019

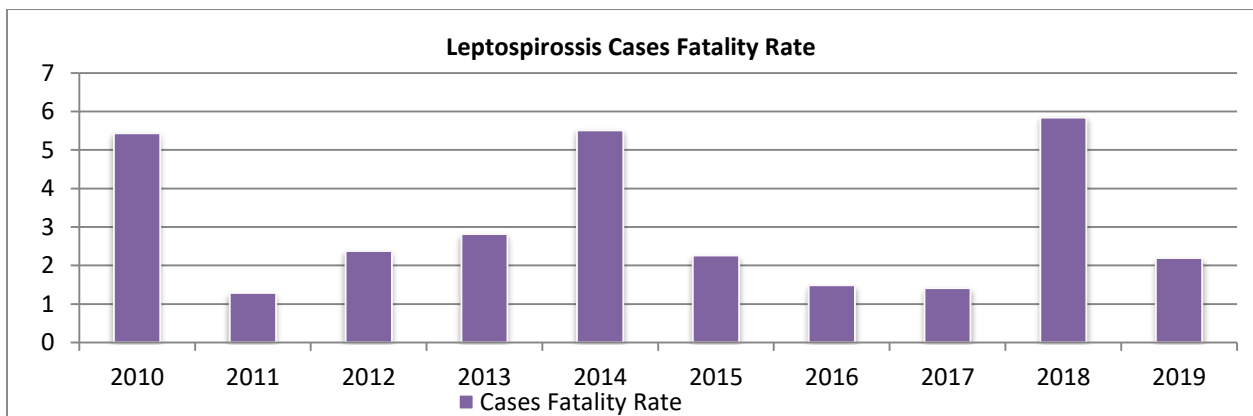
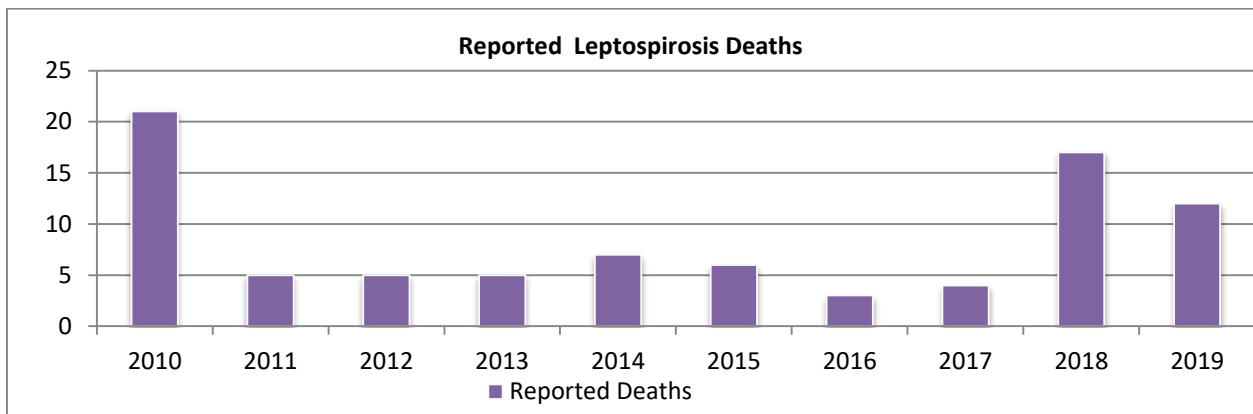
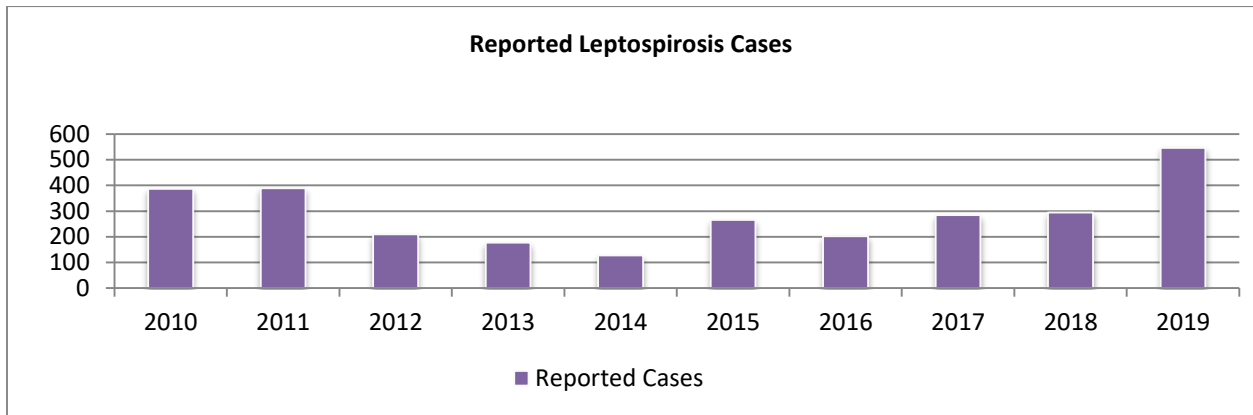
5.2.2. Leptospirosis Diseases

5.2.2.1. Leptospirosis Pattern 2010 to 2019

(Reported Cases, Deaths and Cases Fatality Rate)

Year	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
Reported Cases	387	389	210	177	127	266	202	284	295	546
Reported Deaths	21	5	5	5	7	6	3	4	17	12
Cases Fatality Rate	5.43	1.29	2.38	2.82	5.51	2.26	1.49	1.41	5.84	2.19

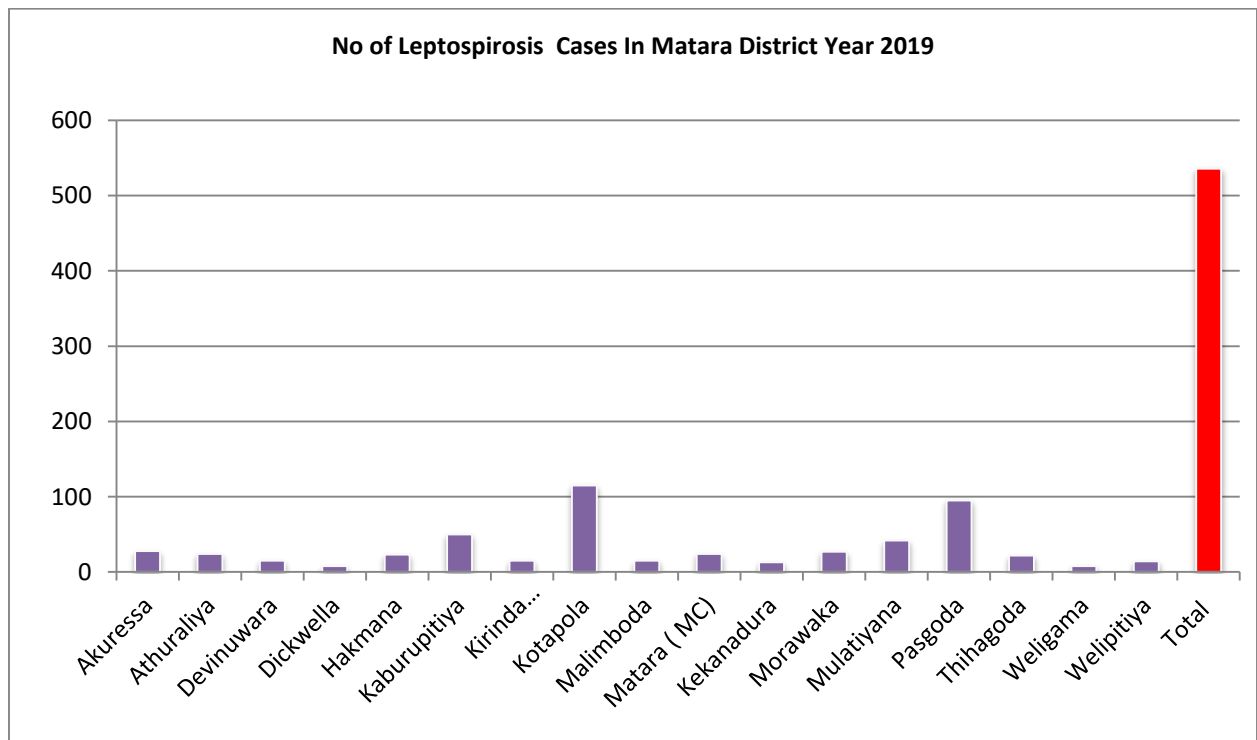
Highest No of Leptospirosis cases and deaths were reported in 2019 and 2018 respectively

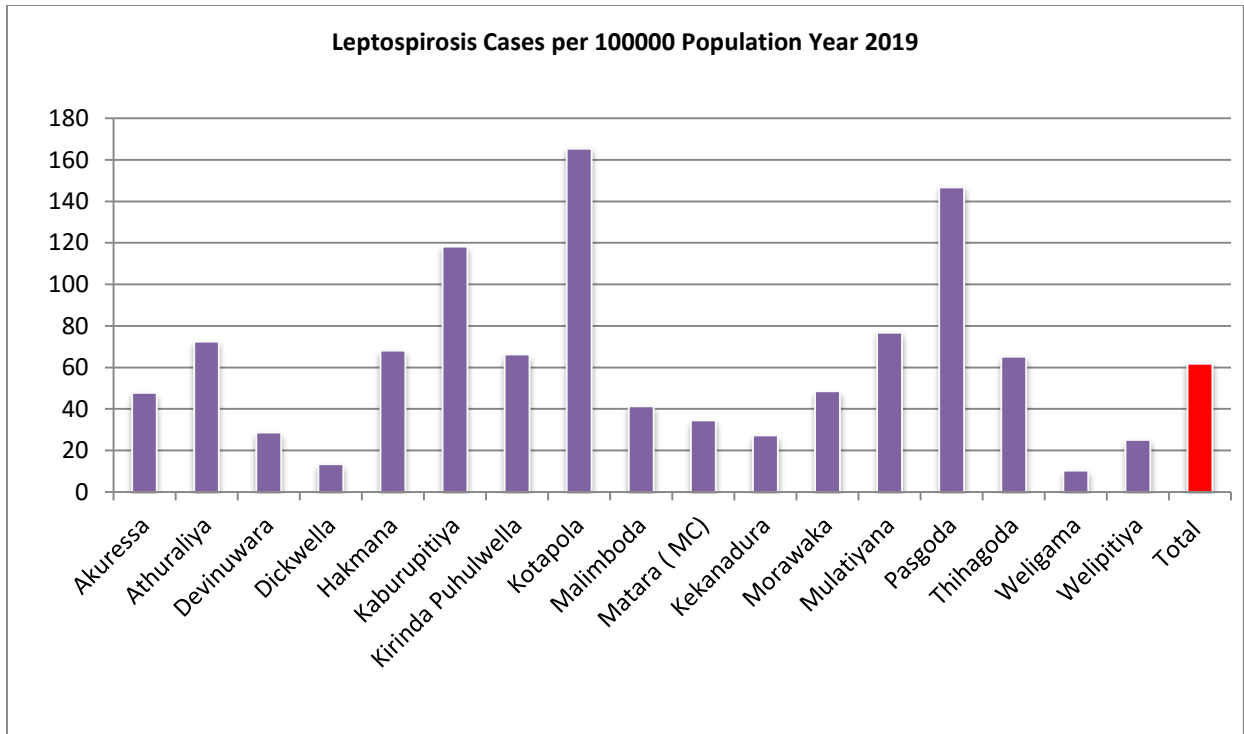


5.2.2.2. Leptospirosis Cases per 100000 Population by the MOH Division Year 2019

MOH Area	No of Cases	No of Deaths	Actual Population	Incidence per 100000 Population
Akuressa	28	0	58546	47.8
Athuraliya	24	1	33120	72.5
Devinuwara	15	0	52438	28.6
Dickwella	8	0	59510	13.4
Hakmana	23	0	33764	68.1
Kaburupitiya	50	1	42274	118.3
Kirinda Puhulwella	15	0	22625	66.3
Kotapola	115	5	69508	165.4
Malimboda	15	0	36349	41.3
Matara (MC)	24	2	69582	34.5
Kekanadura	13	0	47601	27.3
Morawaka	27	0	55595	48.6
Mulatiyana	42	1	54685	76.8
Pasgoda	95	1	64773	146.7
Thihagoda	22	1	33753	65.2
Weligama	8	0	77551	10.3
Welipitiya	14	0	55729	25.1
Total	536	12	867403	61.8

Kotapola MOH area recorded the highest Leptospirosis incidence and Weligama MOH area reported lowest incidence in 2019

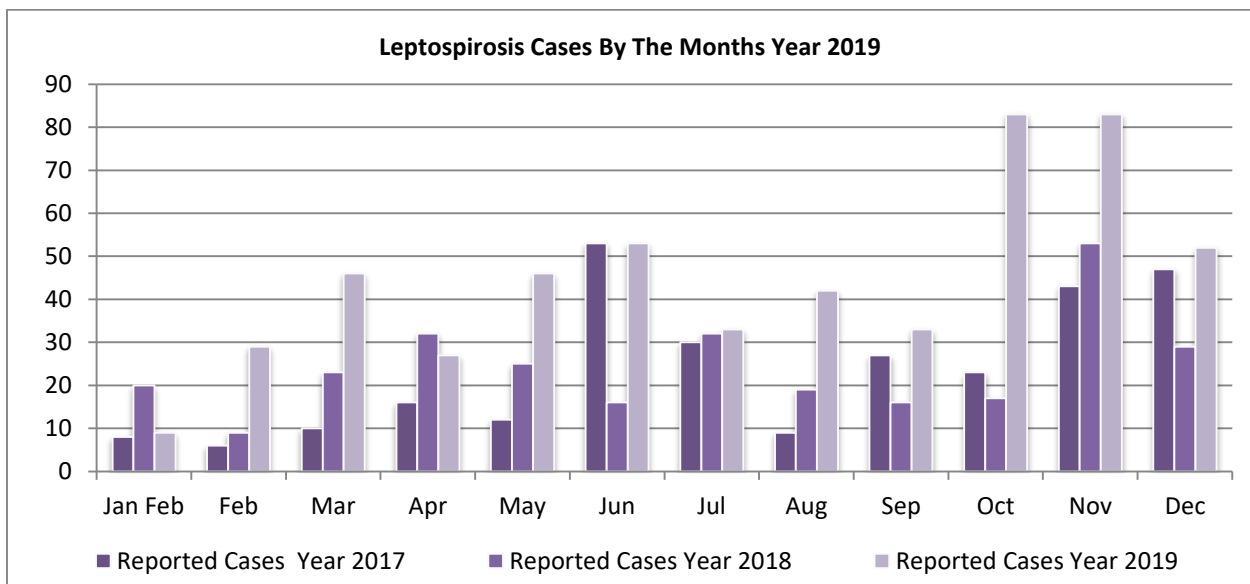




5.2.2.3. Leptospirosis Cases by the Months Year 2019

	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Reported Cases Year 2017	8	6	10	16	12	53	30	9	27	23	43	47
Reported Cases Year 2018	20	9	23	32	25	16	32	19	16	17	53	29
Reported Cases Year 2019	9	29	46	27	46	53	33	42	33	83	83	52

During Yala and Maha seasons showed highest number of cases during 2017 – 2019



5.2.3. Leishmaniasis Diseases

5.2.3.1. Leishmaniasis Pattern 2010 to 2019

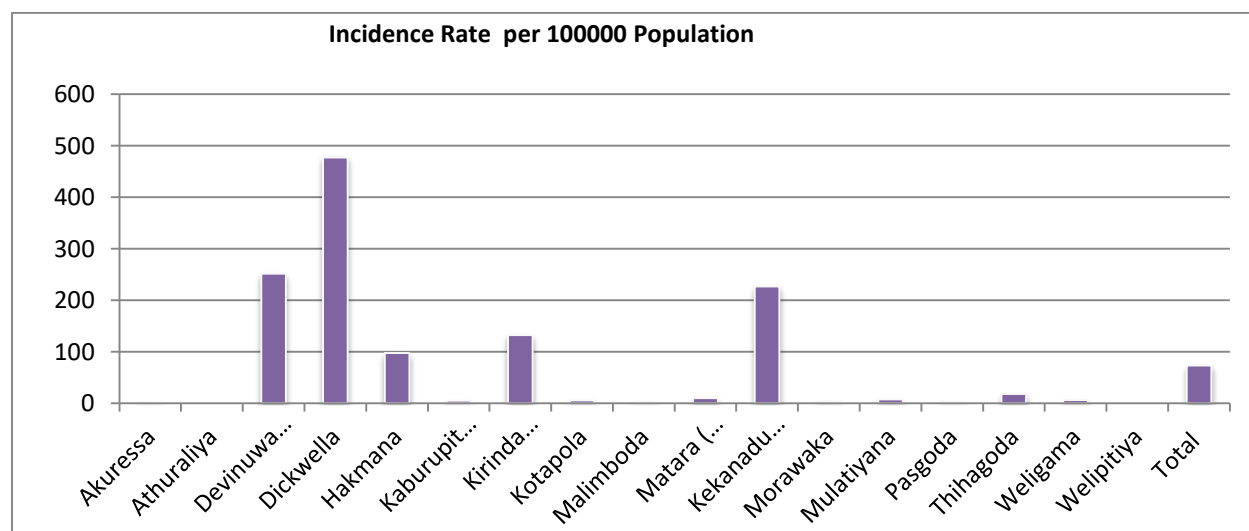
(Reported Cases, Deaths and Cases Fatality Rate)

Year	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
Reported Cases	0	0	0	100	91	155	196	209	529	635

There is an increasing trend of reporting of Leishmaniasis from 2010

5.2.3.2. Leishmaniasis Cases Per 100000 Population By the MOH Division Year 2019

MOH Area	No of Cases	Actual Population	Incidence per 100000 Population
Akuressa	1	58546	1.7
Athuraliya	0	33120	0
Devinuwara	132	52438	251.7
Dickwella	284	59510	477.2
Hakmana	33	33764	97.7
Kaburupitiya	2	42274	4.7
Kirinda Puhulwella	30	22625	132.6
Kotapola	4	69508	5.8
Malimboda	1	36349	2.8
Matara (MC)	7	69582	10.1
Kekanadura	108	47601	226.9
Morawaka	2	55595	3.6
Mulatiyana	4	54685	7.3
Pasgoda	2	64773	3.1
Thihagoda	6	33753	17.8
Weligama	5	77551	6.4
Welipitiya	0	55729	0
Total	635	867403	73.2



Highest incidence of Leishmaniasis was reported by Dickwella MOH area and lowest from MOH area , Athuraliya and Welipitiya

5.3. Food Hygiene

5.3.1. Registration of food handling establishments - 2019

Factories	540
A Grade	29
B Grade	357
C Grade	154
D Grade	0
Bakeries	
Bakeries	269
A Grade	26
B Grade	177
C Grade	62
D Grade	01
Hotel / Restaurants	
Hotel / Restaurants	600
A Grade	97
B Grade	409
C Grade	90
D Grade	0
Snack Bars Tea and Coffee Kiosks	
Snack Bars Tea and Coffee Kiosks	820
A Grade	94
B Grade	462
C Grade	158
D Grade	4
Grocery Stores	
Grocery Stores	3632
A Grade	303
B Grade	297
C Grade	940
D Grade	35

5.3.2. Inspection of food handling establishments

Activities	Number
No of Inspections done	24776
No Served notices	954
No prosecuted	290
No convicted	310

5.3.3. Food Sampling

Activities	Number
No of formal Samples taken	1950
No of unsatisfied samples	197
No prosecuted	153
No of formal iodized salt samples	647

5.3.4. Food seizures

Activities	Number
Number of food seizures	3061

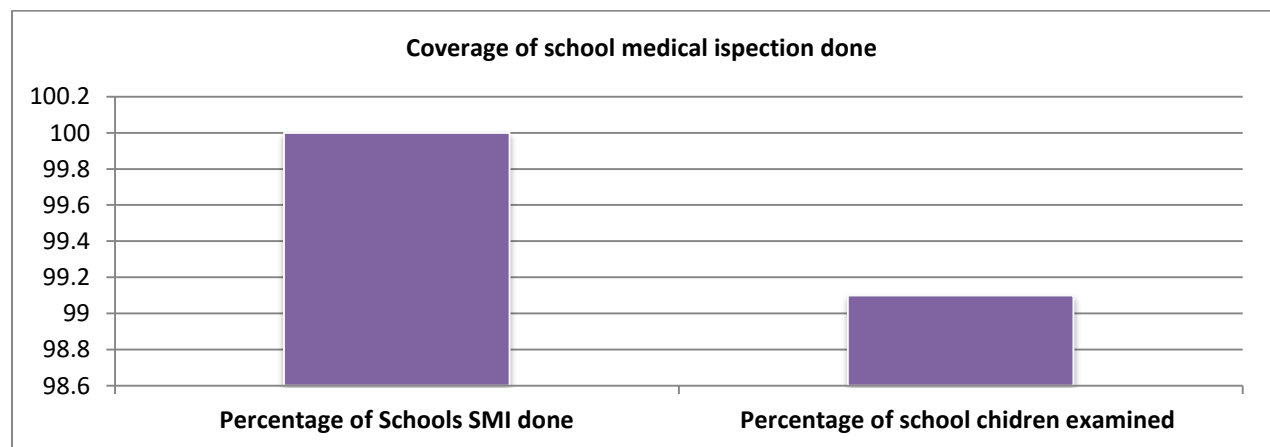
5.3.5. No of awareness programme on food safety

Activities	Number
Traders	38
Public and others groups	3029

5.4. School Health Activities

5.4.1. General Information of school health in Matara district

No of Schools and Pirivenas	Children <200	200
	Children >200	184
No of Schools SMI done		384
% of SMI done		100
Total no of school children to be examined		57953
Total no of school children examined		57437
Percentage of examined		99.1



Coverage of School medical inspection is universal in Matara District in 2019

5.4.2. Defects detected at the School Medical Inspections - 2019

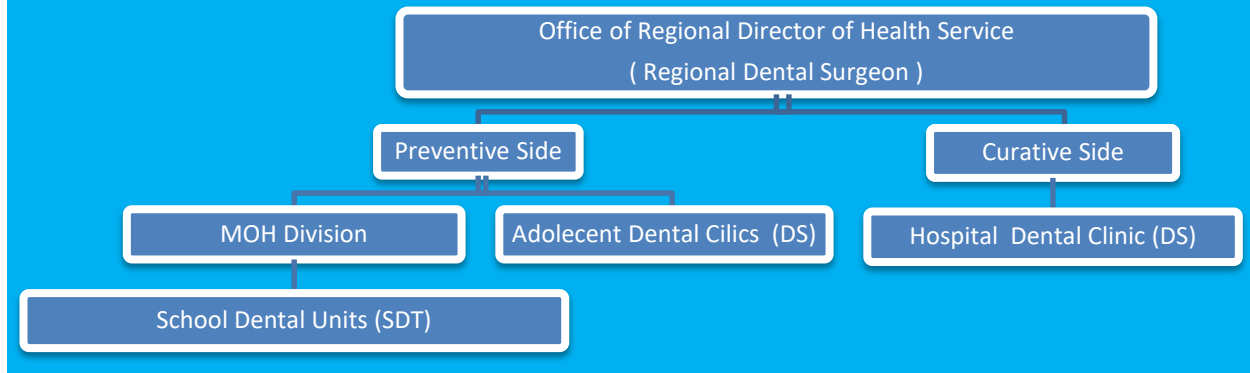
Defects	Number
No of children stunted (Grade 1,4)	1438
No of children thin or wasted	11804
No of Children over weight	2359
No of children with visual defects	1911
No of children with hearing defects	3127
No of children with a squint	76
No of children with bitot spots	01
No of children with pallor	229
No of children with angular stomatitis/ glossitis	02
No of children with malocclusion	537
No of children with fluorosis	42
No of children with goiter	20
No of children with Rheumatic disorders	0
No of children with heart diseases	669
No of children with lung diseases / Bronchial asthma	01
No of children with history of fits	07
No of children with behavioral problems as reported by teacher	99
No of children with learning problems as reported by teacher	83
No of children with other defects	52

5.4.3. Water and Sanitation Facilities - 2019

Defects	Number	
Number of Houses in the sanitation register	199015	
Number of houses without latrines at all	3466	
Number of insanitary latrines	15753	
Total number of houses	19219	
Number of latrines constructed during the year	2877	
Number of houses with pipe born water	NWSDB	69168
	CWS	24900
Number houses with protected wells	72053	
Number of houses using water from unprotected sources	23048	
Number of public water supplies sampled	942	
Number of wells chlorinated	3454	

There are still household without latrines at all

6. DENTAL SERVICES



MOH Division	School Dental Clinic	Adolescent Dental Clinic	Hospital Dental Clinic	Mobile
Akuressa	Paraduwa Kanitu Viduhala Maliduwa Maha Viduhala	Makandura Thelijjavila	Akuressa	Mobile Dental Bus
Athuraliya	Athuraliya Maha Vidyalaya			
Devinuwara	Thalpavila Mihindu Vidyalaya Gandara Primary Schools		PMCU Devinuwara DH Thalalla	
Dickwella	Dickwella Minhath Vidyalaya Rathmale S.M.V.		DH Dickwella DH Urugamuwa	
Hakmana	Methodistha Maha Vidyalaya		DH Gangodagama DH Narawelpita	
Kaburupitiya	Narandeniya National School		BH Kamburupitiya	
Kirinda Puhulwella	-		PMCU Kirinda	
Kotapola	Deniyaya Kannangara M.V.		BH Deniyaya	
Malimboda	-			
Matara (MC)	Rahula Primary School Sujatha Vidyalaya Matara Maha Vidyalaya			
Kekanadura	-		PMCU Kekanadura	
Morawaka	Morawaka Primary School		DH Morawaka PMCU Pitabeddara	
Mulatiyana	Deiyandara National School		DH Deiyandara	
Pasgoda	Urubokka National School		DH Urubokka DH Mawarala	
Thihagoda	Thihagoda National School			
Weligama	Weligama Muslim Primary School		DH Weligama DH Mirissa	
Welipitiya	Hallala Maha Vidyalaya			
Total	19	02	18	01

6.1. Hospital Dental Services

6.1.1. Emergency Care - 2019

Hospitals	Extraction	Oro-facial relief	Dento-alveolar trauma	Soft tissue injuries	Post op infections/bleeding
DH Weligama	4113	3527	34	36	438
DH Mirissa	749	1682	0	0	0
BH Kamburupitiya	4237	6092	45	121	106
DH Mawarala	590	166	7	3	0
DH Thalalla	4216	687	0	0	0
DH Morawaka	3609	875	12	9	4
DH Gangodagama	5359	1040	146	56	75
DH Deiyandara	1512	605	9	6	3
DH Urubokka	1932	520	3	5	0
DH Dickwella	3399	1831	2	0	0
BH Deniyaya	770	1112	0	0	1
DH Narawelpiata	37	33	31	27	90
Dh Urugamuwa	83	243	0	2	23
PMCU Devinuwara	1028	818	21	21	44
DH Akuressa	42	2279	41	39	4
PMCU Kirinda	3881	982	4	5	313
PMCU Kekanadura	430	216	0	0	2
PMCU Dehigaspe	330	100	0	0	0

Almost all health institute provided satisfactory emergency care in 2019

6.1.2. Routine Dental Care - 2019

Hospitals	TF	Amalgam	GIC	Composite	RCT(Dressi ng)	RCT(Comp lection)	Pulp therapy	Scalling	Fluoride Applicatio	Fissure Sealants	OPMD	Minor Oral	Referrals
DH Weligama	2202	1176	3187	166	65	51	43	706	0	2	9	18	420
DH Mirissa	318	8	1343	88	39	18	0	175	0	0	0	0	62
BH Kamburupitiya	4030	98	9018	1461	638	753	730	952	8	54	58	261	649
DH Mawarala	440	15	824	73	35	82	20	142	0	0	6	0	84
DH Thalalla	1241	0	1433	832	157	146	0	534	0	7	0	245	93
DH Morawaka	2099	0	4216	107	102	67	161	546	0	0	3	13	83
DH Gangodagama	4119	148	3487	976	765	695	285	2057	0	4	3	802	532
DH Deiyandara	647	177	1823	363	205	123	60	382	0	0	0	25	210
DH Urubokka	835	182	764	103	21	69	4	365	30	0	0	8	20
DH Dickwella	1020	2	3783	52	9	39	7	467	2	340	0	34	645
BH Deniyaya	701	259	1096	86	1	20	55	63	0	0	13	3	122
DH Narawelpiata	1010	0	1332	580	392	398	125	547	545	659	177	328	35
Dh Urugamuwa	90	33	274	34	0	0	0	234	0	6	0	28	67
PMCU Devinuwara	533	161	365	70	21	19	0	228	0	0	45	113	393
DH Akuressa	3951	0	7708	419	173	172	957	762	0	0	18	44	988
PMCU Kirinda	2625	0	3563	301	46	23	0	663	0	17	0	36	222
PMCU Kekanadura	180	10	416	0	15	11	8	0	0	1	1	44	55
PMCU Dehigaspe	258	0	446	0	0	0	3	81	0	0	1	0	19

Dental care provided was satisfactory in Matara District in 2019

6.1.3. Attendance for Dental Services in Qurative Sector- 2019

Hospitals	Total Attendance	Pregnant Mothers	Under 3	Adolescents (13 – 19)	Inward Patients	No of Days Worked
DH Weligama	8841	1031	33	889	34	314
DH Mirissa	4265	555	42	419	21	212
BH Kamburupitiya	19749	840	1280	1480	171	1063
DH Mawarala	2660	263	8	118	0	285
DH Thalalla	12055	457	112	628	0	275
DH Morawaka	11815	867	35	1316	25	226
DH Gangodagama	9944	676	249	2223	14	503
DH Deiyandara	4410	262	44	446	19	327
DH Urubokka	5113	428	85	380	45	276
DH Dickwella	11691	1061	1091	794	18	545
BH Deniyaya	3203	317	14	321	16	120
DH Narawelpiata	6208	677	314	523	279	305
Dh Urugamuwa	876	80	4	87	0	262
PMCU Devinuwara	3330	279	3	755	509	232
DH Akuressa	13408	1166	49	2628	85	412
PMCU Kirinda	10473	486	24	499	0	418
PMCU Kekanadura	1215	155	12	75	0	60
PMCU Dehigaspe	1323	40	16	63	15	36

Statistics in attendance to hospitals was satisfactory in 2019

6.2. MOH Level Dental Services

6.2.1. Dental Statistics by the MOH Divisions– 2019

MOH Area	Screened	No Without Oral Diseases	No needed Oral Health Care	No With Dental Caries	No With Periodontal diseases	No With any other oral Diseases	No Who Received Care	No Whose treatment has been completed
Akuressa	612	167	620	513	284	3	676	399
Athuraliya	No dental Clinic							
Devinuwara	299	4	274	159	257	0	281	137
Dickwella	316	128	199	109	53	0	153	125
Hakmana	No Dental Clinic							
Kaburupitiya	559	45	569	497	263	5	573	323
Kirinda Puhulwella	346	68	288	238	129	0	258	73
Kotapola	558	10	547	472	474	9	1012	435
Malimboda	473	70	386	312	255	0	265	160
Matara (MC)	418	102	317	228	140	0	280	187
Kekanadura	1133	272	190	164	144	0	173	269
Morawaka	658	137	526	497	71	22	505	209
Mulatiyana	264	28	239	197	80	0	264	142
Pasgoda	333	31	291	227	146	9	280	285
Thihagoda	No Dental Clinic							
Weligama	288	125	148	120	15	12	130	122
Welipitiya	No Dental Clinic							
Total	8768	1647	6604	5277	3359	133	7409	4053

Dental services provided by MOH in 2019 are fairly satisfactory

6.2.2. Performances of School Dental Clinics

School Dental Clinic	Permanent filling	Dressing	Miscellaneous with Extractions	Complete Scaling	No of Referrals	Total Attendance	Health Education				
	Deciduous and Permanent	Deciduous and Permanent					Children	Adults	Teachers	Other	No of Sessions
Rahula Primary School	2329	276	42	155	257	4626	4695	2979	165	0	189
Sujatha Vidyalaya	1133	369	115	663	171	4307	4441	2636	88	180	154
Matara Maha Vidyalaya	1594	401	182	362	125	4068	4030	1336	113	95	75
Thalpavila Mihindu Vidyalaya	831	256	92	119	75	3086	2755	863	91	172	110
Gandara Primary Schools	810	284	30	118	77	2502	2589	1281	80	0	116
Dickwella Minhath Vidyalaya	818	117	0	106	71	3169	2933	1539	143	0	223
Rathmale S.M.V.	431	57	13	25	33	1653	967	759	5	58	60
Thihagoda National School	968	245	111	213	213	3373	2732	2248	142	0	98
Narandeniya National School	1883	274	29	232	72	3340	2926	1194	141	0	147
Methodista College	2249	324	62	364	96	4875	4865	982	309	0	304
Deiyandara National School	2192	359	02	361	58	2909	2682	453	57	0	85
Urubokka National School	928	269	155	18	163	2318	2472	984	132	0	143
Morawaka Primary School	1428	128	0	171	166	3701	2558	601	104	42	121
Deniyaya Kannangara M.V.	1856	363	422	83	315	3963	3460	1000	123	20	120

Performance of School Dental Clinics were highly satisfactory with regard to resources in 2019

6.2.3. Adolescent Dental Clinic

6.2.3.1. Emergency Care -2019

Hospitals	Extraction	Oro-facial relief	Dento-alveolar trauma	Soft tissue injuries	Post op infections/bleeding
Thelijjavila	2262	47	5	0	146
Makandura	3349	336	0	1	155

6.2.3.2. Routine Dental Care - 2019

Hospitals	TF	Amalgam	GIC	Composite	RCT(Dressing)	RCT(Completion)	Pulp therapy	Scalling	Fluoride Application	Fissure Sealants	OPMD	Minor Oral Surgery	Referrals
Thelijjavila	1128	137	904	168	120	78	51	413	0	63	0	21	0
Makandura	3139	979	3510	712	326	332	1219	914	0	3452	0	182	613

6.2.3.3. Attendance - 2019

Hospitals	Total Attendance	Pregnant Mothers	Under 3	Adolescents (13 – 19)	Inward Patients	No of Days Worked
Thelijjavila	5821	265	38	667	0	254
Makandura	7219	562	550	2045	0	263

Attendance and services provided by two adolescent Dental clinics in Matara District were highly satisfactory in 2019

7. NON COMMUNICABLE DISEASES

With the increasing burden of Non communicable diseases the District of Matara pays its special attention on screening the population and identifying risk factors. This is mainly delivered through functioning Healthy Life Style Centers (HLCs) in the district.

7.1. Healthy Lifestyle Clinic – Matara District – 2018 and 2019

MOH Area	Institutions With HLC Clinics
Akuressa	DH Akuressa
	PMCU Maramba
Devinuwara	DH Thalalla
	PMCU Dewinuwara
Dickwella	DH Dickwella
	DH Urugamuwa
Hakmana	DH Gangodagama
	DH Narawelpita
Kamburupitiya	BH Kamburupitiya
	DH Ruhunugama
Kirinda	PMCU Kirinda
Matara (Pradeshiya Sabha)	PMCU Kekanadura
Morawaka	DH Morawaka
	PMCU Dehigaspe
Mulatiyana	DH Deiyandara
	PMCU Makandura
Malimboda	PMCU Thelijjawila
	PMCU Horagoda
	DH Urubokka
Pasgoda	DH Mawarala
	PMCU Beralapanathara
	PMCU Thihagoda
Thihagoda	PMCU Thihagoda
	PMCU Yatiyana
Weligama	NDGH Kamburugamuwa
	DH Weligama
	PMCU Midigama
	PMCU Mirissa
	PMCU Kamburugamuwa
	PMCU Galbokka
Welipitiya	PMCU Denipitiya
Matara (Municipal Council)	DGH Matara
Kotapola	PMCU Pallegama
	PMCU Kotapola
Athuraliya	

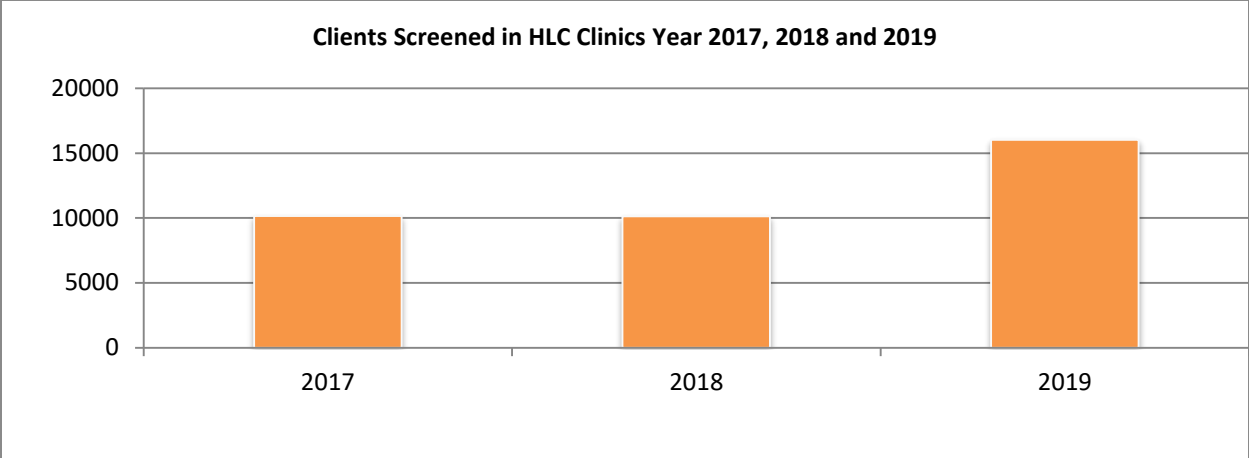
Total Number of HLC Clinics = 33

Hospital HLC Clinic in Matara District

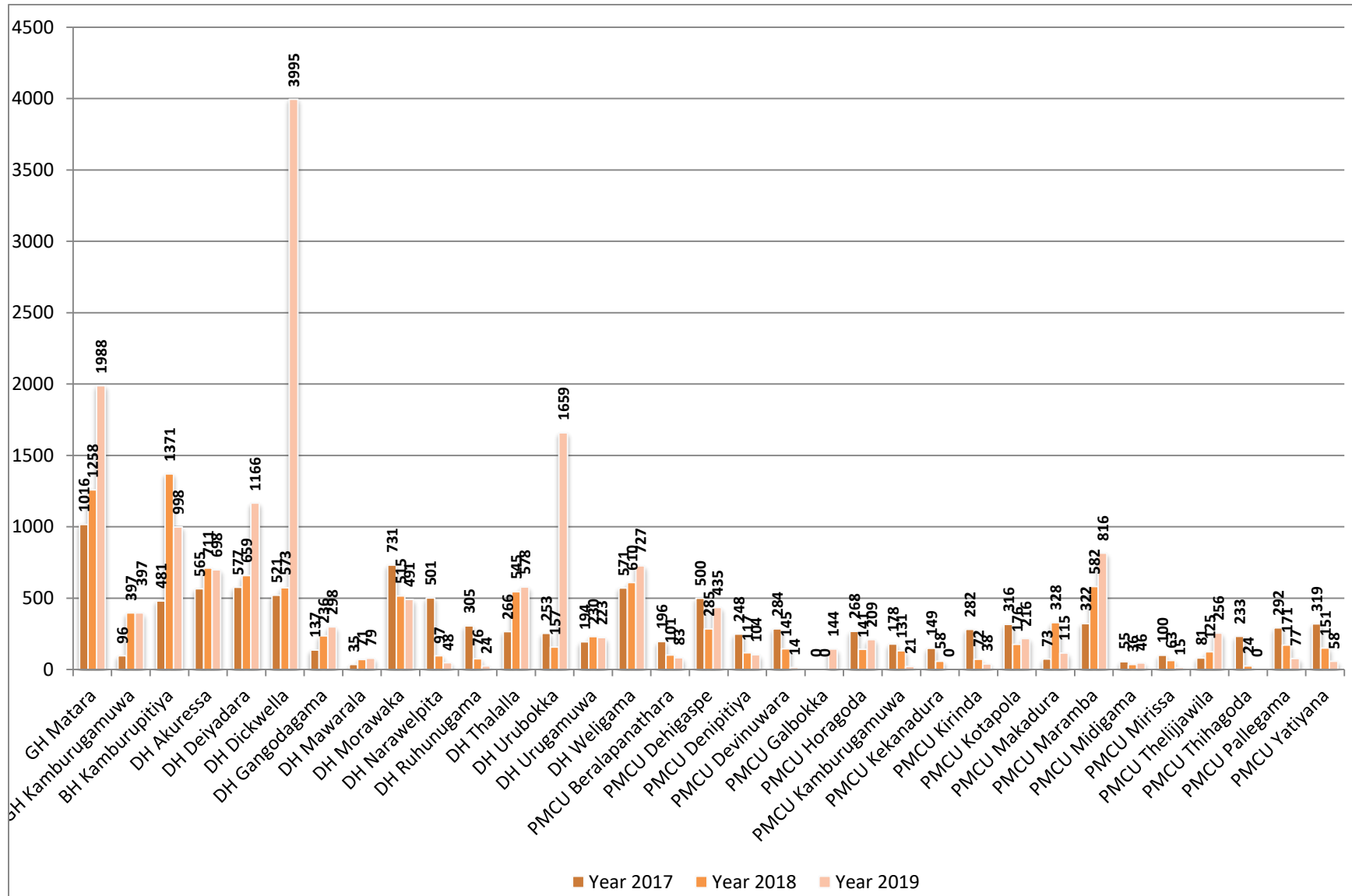
Type of Hospital	No of HLC Clinics
District General Hospital	01
New District General Hospital	01
Base Hospital	01
Divisional Hospital	12
PMCU's	18
Total Number of HLC Clinic's in Matara District	33

7.2. Clients Screened In Hospital HLCs , Year 2017, 2018 & 2019

Institution	Year 2017	Year 2018	Year 2019
GH Matara	1016	1258	1988
NDGH Kamburugamuwa	96	397	397
BH Kamburupitiya	481	1371	998
DH Akuessa	565	711	698
DH Deiyadara	577	659	1166
DH Dickwella	521	573	3995
DH Gangodagama	137	236	298
DH Mawarala	35	71	79
DH Morawaka	731	515	491
DH Narawelpita	501	97	48
DH Ruhunugama	305	76	24
DH Thalalla	266	545	578
DH Urubokka	253	157	1659
DH Urugamuwa	194	230	223
DH Weligama	571	610	727
PMCU Beralapanathara	196	101	83
PMCU Dehigaspe	500	285	435
PMCU Denipitiya	248	117	104
PMCU Devinuwara	284	145	14
PMCU Galbokka	0	0	144
PMCU Horagoda	268	141	209
PMCU Kamburugamuwa	178	131	21
PMCU Kekanadura	149	58	0
PMCU Kirinda	282	72	38
PMCU Kotapola	316	176	216
PMCU Makadura	73	328	115
PMCU Maramba	322	582	816
PMCU Midigama	55	36	46
PMCU Mirissa	100	63	15
PMCU Thelijjawila	81	125	256
PMCU Thihagoda	233	24	0
PMCU Pallegama	292	171	77
PMCU Yatiyana	319	151	58
Total	10145	10212	16016



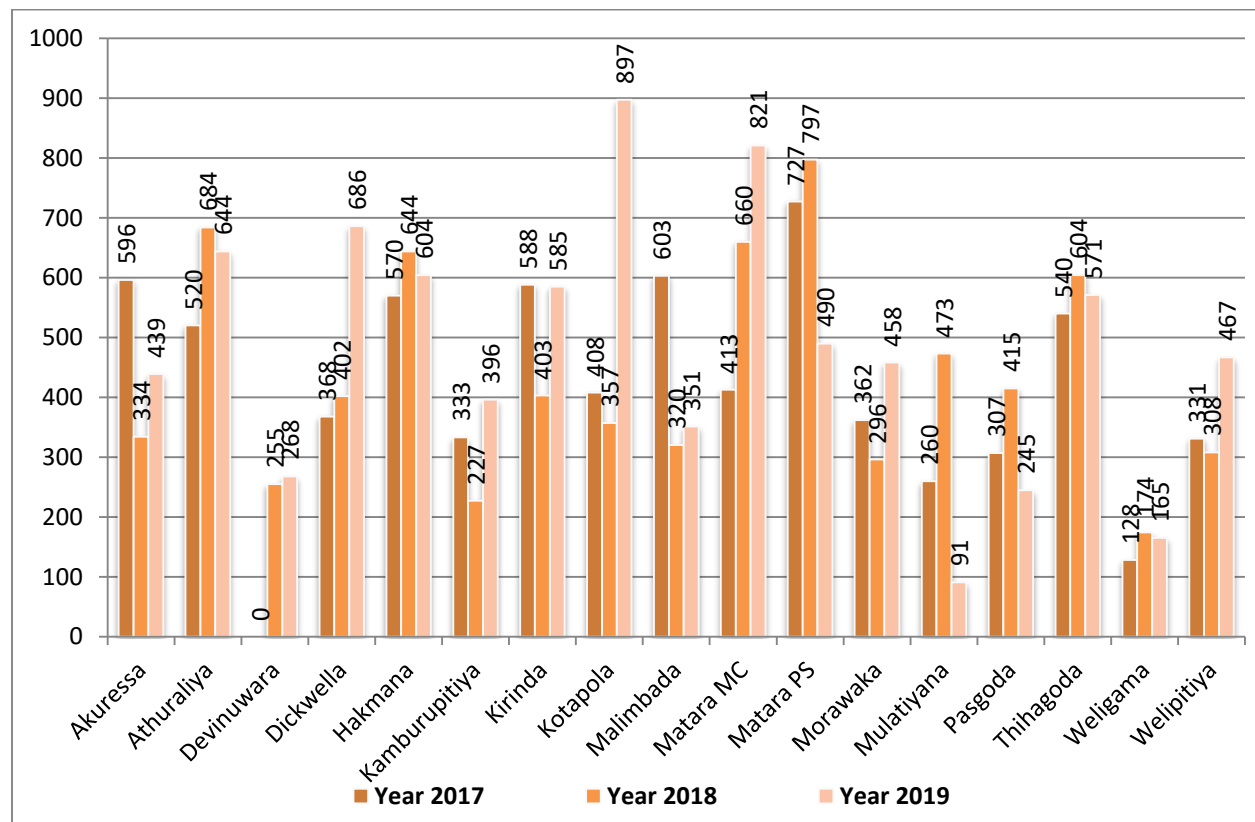
Clients Screened In Hospital HLCs Year 2017, 2018 & 2019



7.3 Clients Screened In MOH Ares Years 2017/2018 & 2019

MOH Division	Year 2017	Year 2018	Year 2019
Akuressa	596	334	439
Athuraliya	520	684	644
Devinuwara	0	255	268
Dickwella	368	402	686
Hakmana	570	644	604
Kamburupitiya	333	227	396
Kirinda	588	403	585
Kotapola	408	357	897
Malimbada	603	320	351
Matara MC	413	660	821
Matara PS	727	797	490
Morawaka	362	296	458
Mulatiyana	260	473	91
Pasgoda	307	415	245
Thihagoda	540	604	571
Weligama	128	174	165
Welipitiya	331	308	467

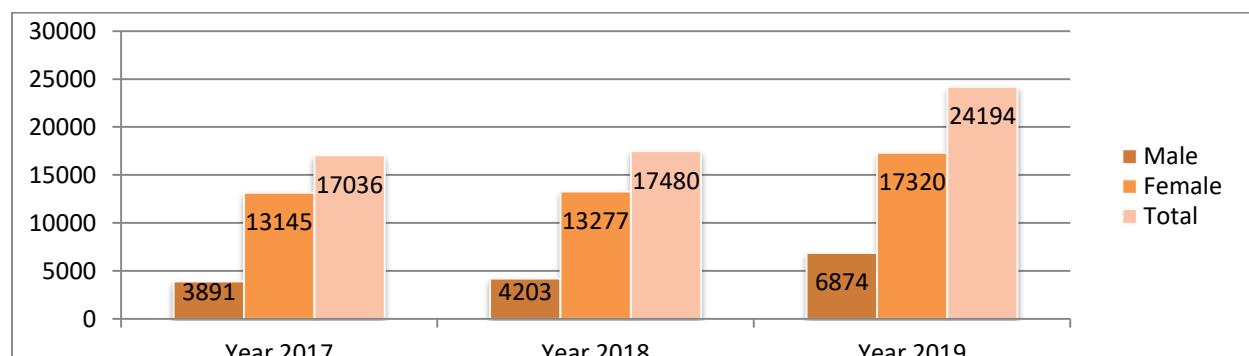
Table Clients Screened In MOH Areas Years 2017/2018 & 2019



7.3.1. Males & Females Screened in MOH Area Years 2017/2018 & 2019

Gender	Year 2017	Year 2018	Year 2019
Male	3891	4203	6874
Female	13145	13277	17320
Total	17036	17480	24194

Males & Females Screened in 2017/2018 & 2019

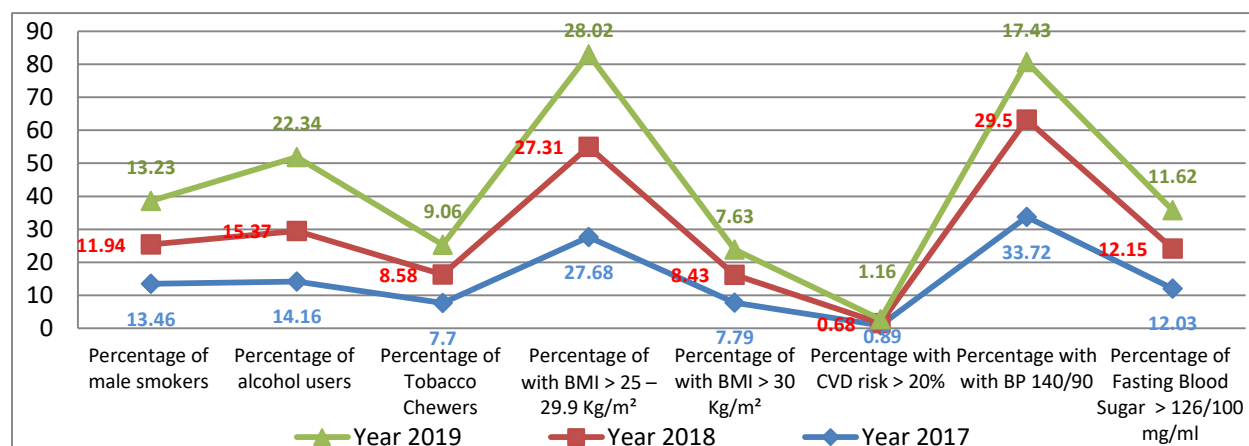


7.4. Percentage of Risk factors among the eligible screened 2017 to 2019

Matara District

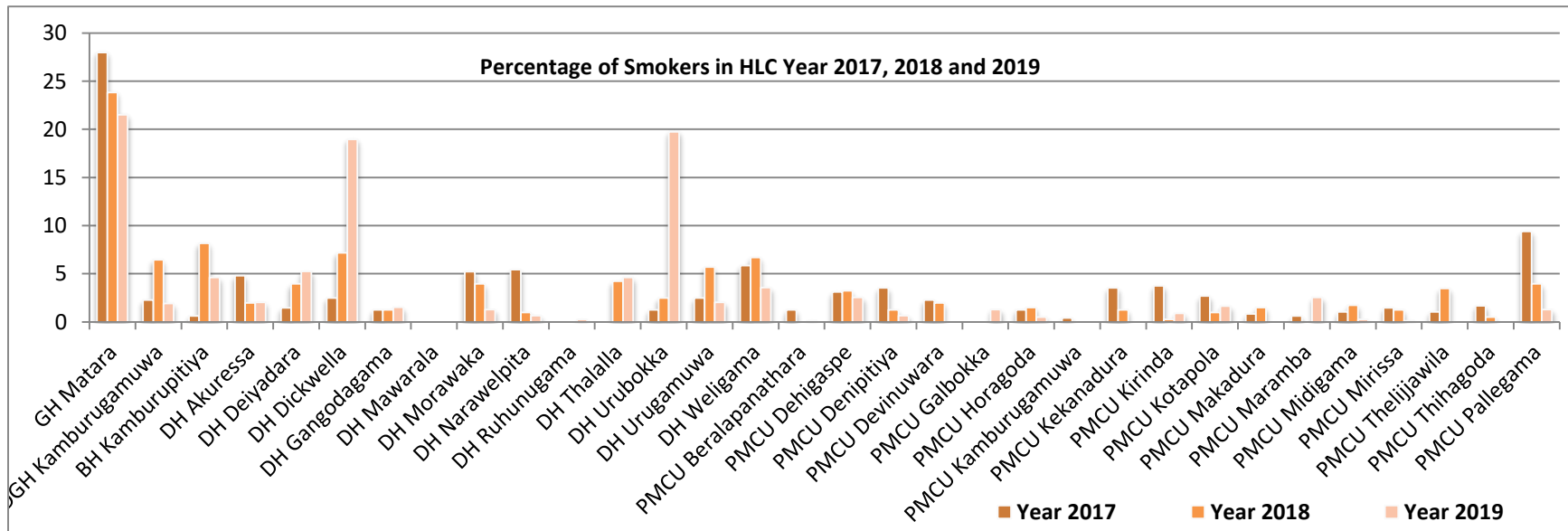
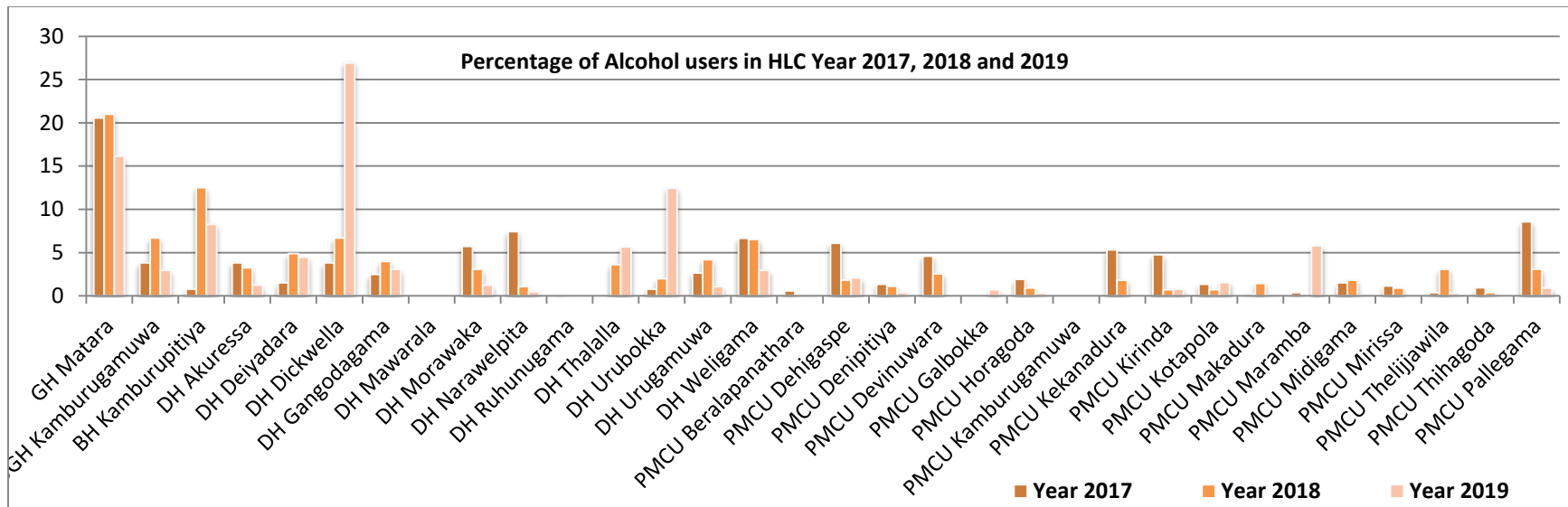
	Year 2017	Year 2018	Year 2019
Percentage of male smokers	13.46	11.94	13.23
Percentage of alcohol users	14.16	15.37	22.34
Percentage of Tobacco Chewers	7.7	8.58	9.06
Percentage of with BMI > 25 – 29.9 Kg/m ²	27.68	27.31	28.02
Percentage of with BMI > 30 Kg/m ²	7.79	8.43	7.63
Percentage with CVD risk > 20%	0.89	0.68	1.16
Percentage with with BP 140/90	33.72	29.5	17.43
Percentage of Fasting Blood Sugar > 126/100 mg/ml	12.03	12.15	11.62

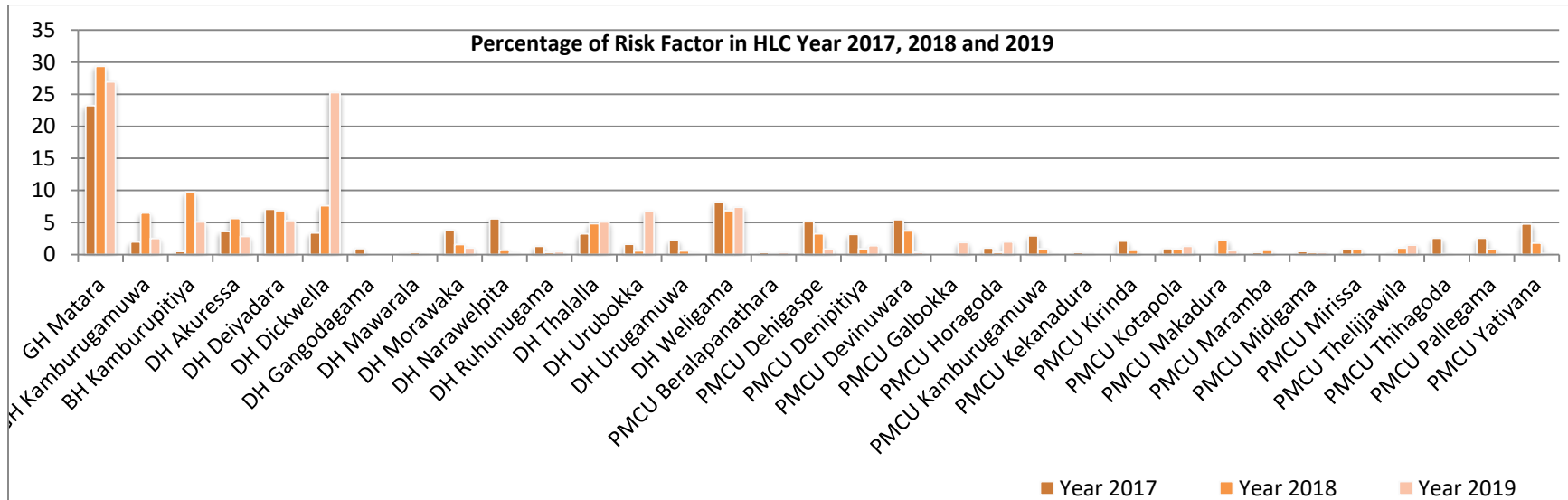
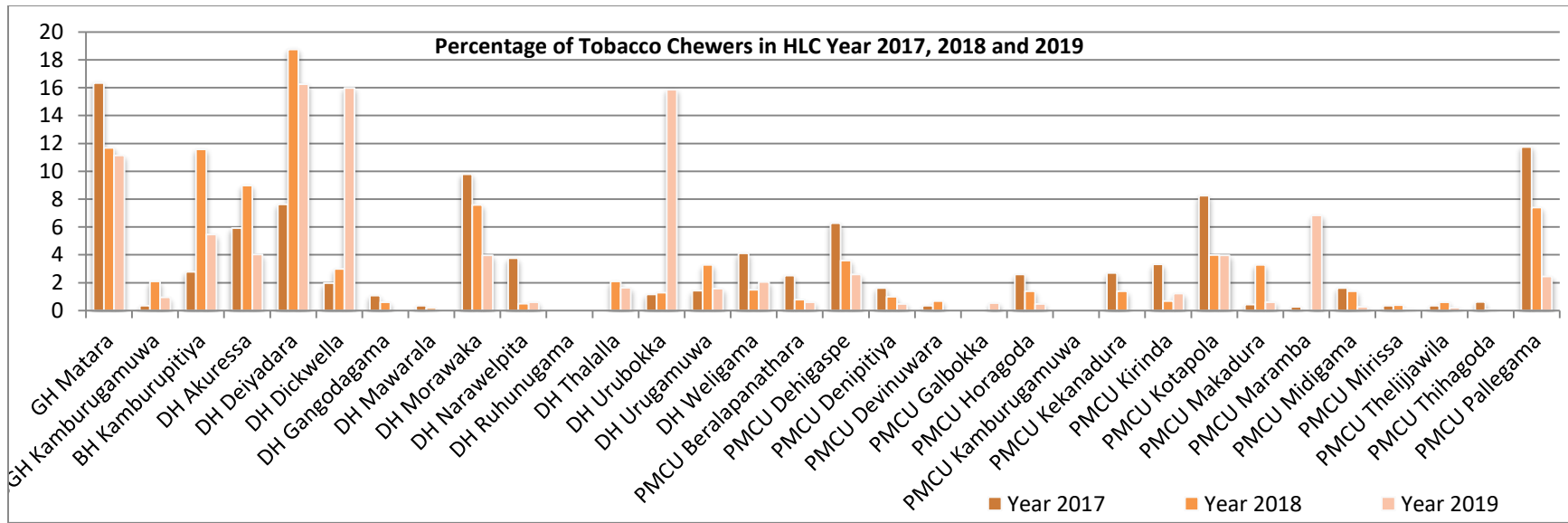
Percentage of Risk factors among the eligible screened 2017 to 2019 Matara District



7.5. Percentage of Alcohol Users, Smokers, Tobacco chewers, and risk factors In HLCs In Matara District Year 2017 / 2018 & 2019

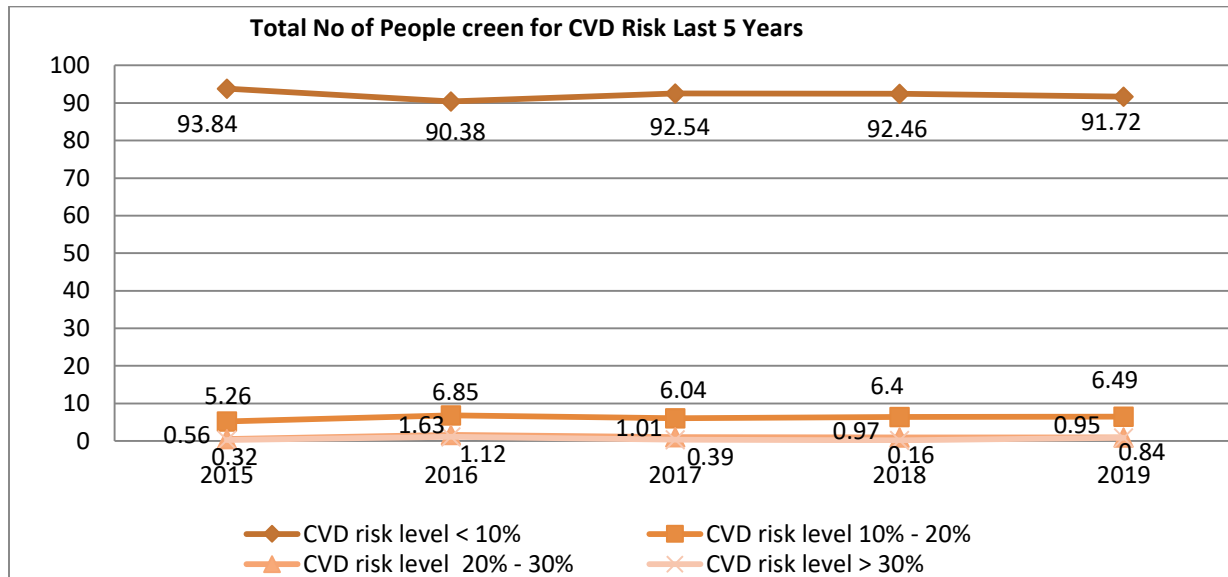
Institution	% of Alcohol			% of Smokers			% of Tobacco chewers			% of Risk Factor in HLC		
	Year 2017	Year 2018	Year 2019	Year 2017	Year 2018	Year 2019	Year 2017	Year 2018	Year 2019	Year 2017	Year 2018	Year 2019
GH Matara	20.57	21.01	16.16	27.97	23.82	21.53	16.33	11.68	11.14	23.25	29.37	26.91
NDGH Kamburugamuwa	3.8	6.7	2.93	2.29	6.45	1.92	0.35	2.09	0.95	1.97	6.5	2.49
BH Kamburupitiya	0.76	12.5	8.27	0.62	8.18	4.61	2.78	11.57	5.46	0.46	9.75	5.07
DH Akuressa	3.8	3.26	1.23	4.8	1.98	2.05	5.92	8.98	4.03	3.6	5.61	2.83
DH Deiyadara	1.52	4.89	4.48	1.46	3.97	5.25	7.63	18.76	16.26	7.09	6.84	5.33
DH Dickwella	3.8	6.7	26.91	2.5	7.19	18.97	1.97	2.99	15.99	3.37	7.62	25.27
DH Gangodagama	2.47	3.98	3.09	1.25	1.24	1.53	1.07	0.59	0	0.93	0	0
DH Mawarala	0	0	0	0	0	0	0.35	0.19	0	0.23	0.34	0.08
DH Morawaka	5.71	3.08	1.23	5.21	3.97	1.28	9.78	7.58	3.96	3.83	1.57	1.03
DH Narawelpita	7.42	1.08	0.46	5.42	0.99	0.64	3.77	0.49	0.61	5.58	0.67	0.25
DH Ruhunugama	0.19	0	0	0	0	0.25	0	0	0	1.27	0.34	0.42
DH Thalalla	0	3.62	5.64	0	4.22	4.61	0	2.09	1.64	3.25	4.82	5.07
DH Urubokka	0.76	1.99	12.45	1.25	2.48	19.74	1.16	1.29	15.85	1.62	0.56	6.7
DH Urugamuwa	2.66	4.17	1.08	2.5	5.71	2.05	1.43	3.29	1.57	2.2	0.56	0.25
DH Weligama	6.66	6.52	2.93	5.84	6.7	3.58	4.12	1.49	2.05	8.13	6.84	7.39
PMCU Beralapanathara	0.57	0.18	0.07	1.25	0	0.12	2.51	0.79	0.61	0.34	0.11	0.34
PMCU Dehigaspe	6.09	1.81	2.08	3.13	3.23	2.56	6.28	3.59	2.59	5.11	3.25	0.85
PMCU Denipitiya	1.33	1.09	0.38	3.54	1.24	0.64	1.61	0.99	0.47	3.13	0.9	1.37
PMCU Devinuwara	4.57	2.53	0	2.29	1.98	0	0.35	0.69	0	5.46	3.7	0.34
PMCU Galbokka	0	0	0.69	0	0	1.28	0	0	0.54	0	0	1.89
PMCU Horagoda	1.9	0.91	0.3	1.25	1.49	0.51	2.6	1.39	0.47	1.04	0.34	1.97
PMCU Kamburugamuwa	0	0	0	0.41	0	0	0	0	0	2.9	0.9	0.08
PMCU Kekanadura	5.33	1.81	0	3.54	1.24	0	2.69	1.39	0	0.34	0.22	0
PMCU Kirinda	4.76	0.72	0.77	3.75	0.25	0.89	3.32	0.69	1.23	2.09	0.67	0
PMCU Kotapola	1.33	0.72	1.54	2.71	0.99	1.66	8.25	3.99	3.96	0.93	0.78	1.28
PMCU Makadura	0.19	1.45	0.07	0.83	1.49	0	0.44	3.29	0.61	0	2.24	0.6
PMCU Maramba	0.38	0	5.8	0.62	0	2.56	0.26	0	6.83	0.34	0.67	0
PMCU Midigama	1.52	1.81	0.07	1.04	1.74	0.25	1.61	1.39	0.27	0.46	0.34	0.34
PMCU Mirissa	1.14	0.91	0	1.46	1.24	0.12	0.35	0.39	0.13	0.81	0.78	0
PMCU Thelijjawila	0.38	3.08	0.3	1.04	3.47	0	0.35	0.59	0.2	0.23	1.01	1.46
PMCU Thihagoda	0.95	0.36	0	1.67	0.49	0	0.62	0.09	0	2.55	0.11	0
PMCU Pallegama	8.57	3.08	0.92	9.39	3.97	1.28	11.75	7.39	2.46	2.55	0.78	0.08
PMCU Yatiyana	0.76	0	0	0.83	0.25	0	0.17	0.09	0	4.76	1.79	0.17





7.6. Cardio Vascular Risk among Screened Population 2015-2019

	2015	2016	2017	2018	2019
CVD risk level < 10%	93.84	90.38	92.54	92.46	59.35
CVD risk level 10% - 20%	5.26	6.85	6.04	6.4	4.19
CVD risk level 20% - 30%	0.56	1.63	1.01	0.97	0.61
CVD risk level > 30%	0.32	1.12	0.39	0.16	0.54



8 Entomological Activities

8.1. Dengue Entomological Larval Surveys done in Matara district year 2019

S.No	Type of Surveys	Number done
01	Sentine Site Surveys	11
02	Routine Surveys	57
03	Spot check surveys	54
Total Number of Surveys done in Matara		122

Most of surveys done in Matara MC MOH Area

Survey findings

Most common breeding sites of the *Aedes* larva

1. Water storage items
2. Discarded items
3. Tire, Ornamental items
4. Natural items

8.2 Malaria surveys - 2019

Four case based malaria surveys were done in Year 2019, Matara District

s. No	Area	Using Technology
1	Deniyaya MOH Division ,Pallegama North area	Cattle baited hut collection, Cattle baited
2	Athuraliya MOH Divisio , Thibbotuwawa Area	trap collection, Window trap collection
3	Matara MC MOH Area, Uyanwaththa	and Human landing collection
4	Matara MC MOH Area, Walgama	

8.3. Sand fly (*Phelebotomus*) Surveys

This sand fly surveys were done three MOH areas in Matara District, Year 2019

s. No	Area	Using Technology
1	MOH Area Dickwella	Cattle baited trap collection, Adult hand
2	MOH Area Dondra	collection (Using aspirator)
3	MOH Area Thihagoda	

9. Special Campaigns in Matara District

- 1 Filarisis Control Programme
- 2 Rabies Control Programme
- 3 Sexually Transmitted Diseases /AIDS Control Programme
- 4 Leprosy Control Programme
- 5 National Programme for Tuberculosis Control and Chest Diseases

9.1 Filarisis Control Programme

Matara is an endemic area for Filariasis since ancient times and still the microfilaria positive patients are seen even though the numbers are small.

Filariasis Activities in Matara District Year 2017 - 2019

Years	No. of Smears examined			No. of new cases detected			MI rate		
	2017	2018	2019	2017	2018	2019	2017	2018	2019
Matara	68539	81368	97840	36	11	14	0.05	0.01	0.014

Clinic Attendances for 1st and Subsequent Visits filaria patients - 2018

Name of Clinics	No of Clinic Sessions	First Visits of Lymphoedema Patients				Subsequent Visits of Lymphoedema Patients		Total
		Presented without acute attacks	Presented with acute attacks	No dad H/O acute Attack within last 4 Week	Total 1 st Visits	Presented without acute attacks	Total 1 st Visits	
AFU Matara	49	60	-	-	60	685	685	745
Polhena	12	-	-	-	-	139	139	139
Kamburugamuwa	12	-	-	-	-	102	102	102
Total	73	60	-	-	60	926	926	986

Clinic Attendances for 1st and Subsequent Visits filaria patients - 2019

Name of Clinics	No of Clinic Sessions	First Visits of Lymphoedema Patients				Subsequent Visits of Lymphoedema Patients		Total
		Presented without acute attacks	Presented with acute attacks	No dad H/O acute Attack within last 4 Week	Total 1 st Visits	Presented without acute attacks	Total 1 st Visits	
AFU Matara	46	74	01	01	75	687	687	762
Polhena	12	-	-	-	-	149	149	149
Kamburugamuwa	12	-	-	-	-	120	120	120
Total	70	74	01	01	75	956	956	1031

Number of Filariasis Patients by Grading - 2019

Year	Grading	First Visits			Subsequences Visits
		Male	Female	Total	
2018	Grade 1	-	-	9	86
	Grade 11	-	-	20	265
	Grade 111	-	-	25	278
	Grade 1V	-	-	6	297
	Total	23	37	60	926
2019	Grade 1	2	2	4	83
	Grade 11	18	19	37	264
	Grade 111	5	13	18	300
	Grade 1V	7	9	16	309
	Total	32	43	75	956

Grade 1	Oedema spontaneously reversible on elevation
Grade 11	Oedema spontaneously not reversible on elevation. Skin not thickened
Grade 111	Oedema spontaneously not reversible on elevation. Skin thickened
Grade IV	Oedema spontaneously not reversible on elevation. Skin not thickened with warty/nodule, papillomatous

9.2. Rabies Control Programme

Rabies being a deadly disease, the Ministry of Health has been doing the activities related to pre exposure and post exposure vaccination of humans, dog vaccinations and dog sterilization activities. With the policy decision taken by the Ministry of Health, activities related to animals were handed over to the department of Animal Product and Health since April 2018.

The following data represent the activities done in 2018 1st four months and last six months in 2019.

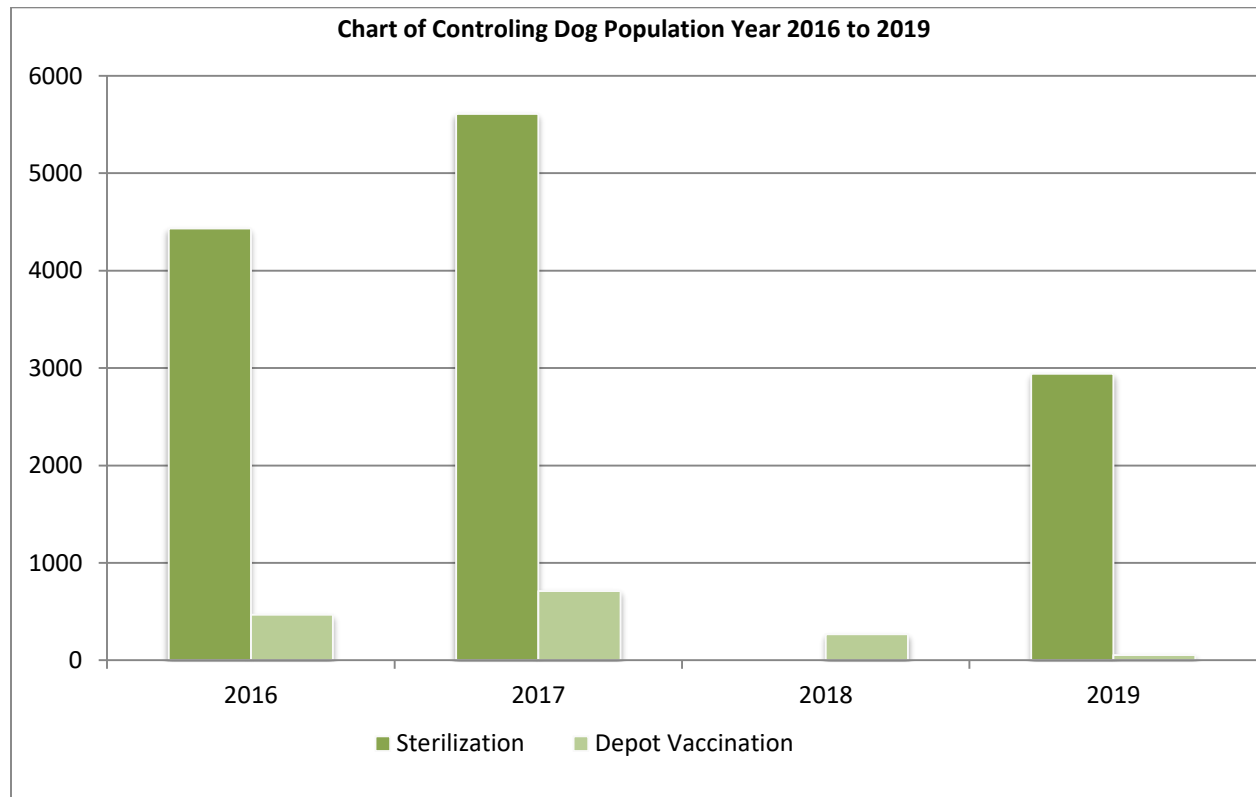
Dog Vaccination Activities – 2017 - 2019

2017	2018 (1 st Four Months)			2019 (June to December)				
Domestic	Stray	Total	Domestic	Stray	Total	Domestic	Stray	Total
43571	12450	56021	18874	3454	22328	17818	2999	20817

The following data represent the activities done in 2016 ,2017, 2018 1st four months and last six months in 2019.

Details of Dog Population Control Activities 2016-2019

	2016	2017	2018 (1 st four months)	2019 (June December)	to
Sterilization	4433	5610	0	2943	
Depot Vaccination	467	712	268	54	



Human Rabies Deaths 2014 - 2019

	2014	2015	2016	2017	2018	2019
Deaths	0	0	0	1	1	0

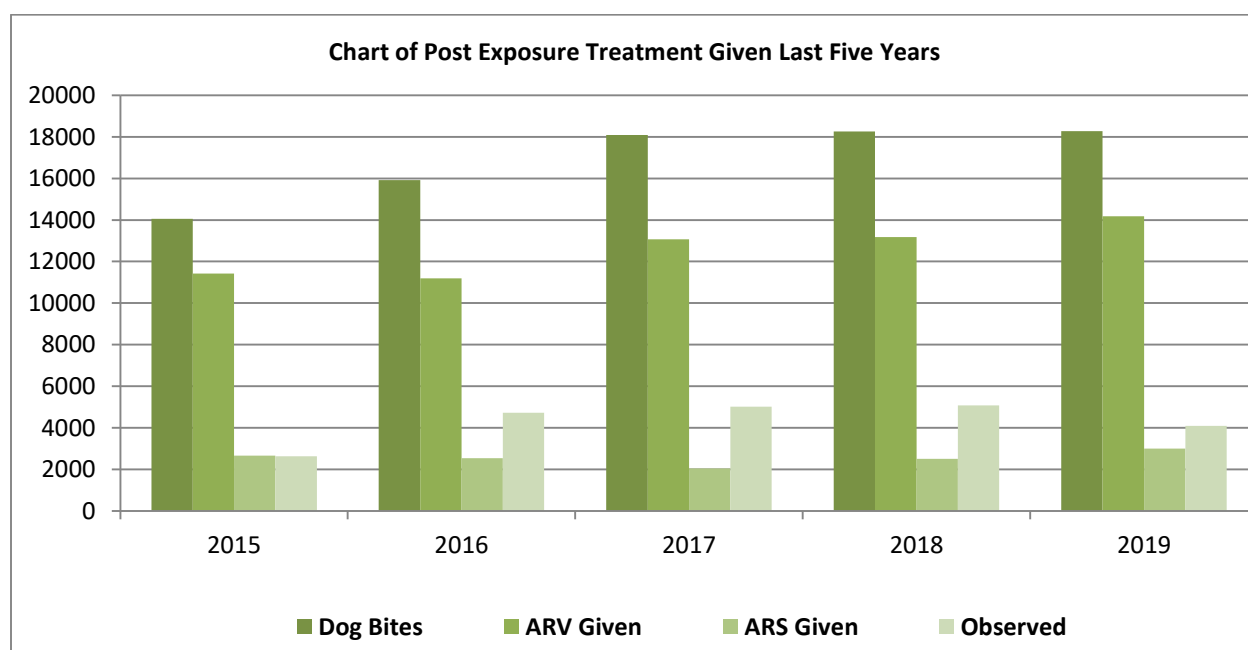
Availability of Anti Rabies Vaccine and Anti Rabies Serum in the district.

	Institution	Available Facilities
1	District General Hospital Matara	ARV & ARS (ERIG)
2	Base Hospital Kamburupitiya	ARV & ARS (ERIG)
3	Base Hospital Deniyaya	ARV & ARS (ERIG)
4	Divisional Hospital Weligama	ARV Only
5	Divisional Hospital Akuressa	ARV Only
6	Divisional Hospital Dickwella	ARV Only
7	Divisional Hospital Deiyandara	ARV Only
8	Divisional Hospital Gangodagama	ARV Only
9	Divisional Hospital Narawelpita	ARV Only
10	Divisional Hospital Mawarala	ARV Only
11	Divisional Hospital Urubokka	ARV Only
12	Divisional Hospital Morawaka	ARV Only

(ARV Anti Rabies Vaccine; ARS Anti Rabies Serum; ERIG Equine Rabies Immunoglobulin)
Anti Rabies Serum (ARS) treatment was started at Base hospital Kamburupitiya and Deniyaya in 2018

Number of Rabies Post Exposure treatment (PET) given 2014-2019

	2015	2016	2017	2018	2019
Dog Bites	14047	15911	18085	18256	18266
ARV Given	11418	11194	13075	13182	14173
ARS Given	2668	2541	2051	2506	2993
Observed	2629	4717	5010	5074	4093



9.3. Sexually Transmitted Diseases /AIDS Control Programme

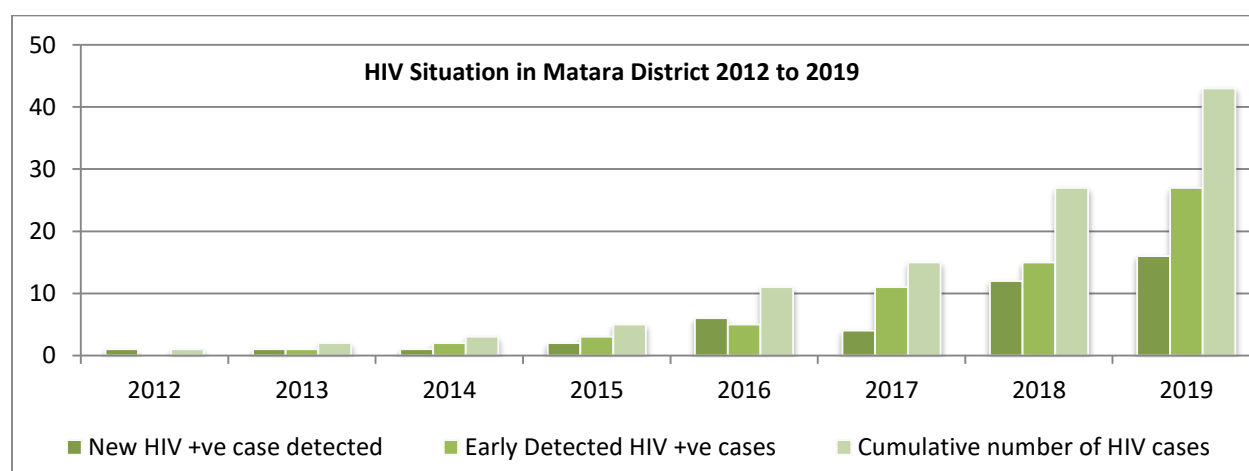
STD Situation of the Matara district

Number of New Cases Detected from 2015 to 2019.

	2015	2016	2017	2018	2019
HIV	2	6	4	12	16
Syphilis	19	11	14	16	31
Gonorrhoea	9	11	4	7	12
NGU/NGC	45	18	25	17	26
Genital Herpes	97	94	87	99	101
Genital Warts	65	62	82	87	76
Chancroid	Nil	Nil	Nil	Nil	
Trichomoniasis	Nil	Nil	3	Nil	
Candidiasis	57	43	64	44	71
Bacterial Vaginosis	6	2	4	1	10
Other STIs	3	1	8	2	03
Total STIs	303	248	291	286	344
Non STIs	463	345	395	418	301

Number of new patients with Human Immunodeficiency Virus (HIV) detected over 2012 – 2018

	2012	2013	2014	2015	2016	2017	2018	2019
New HIV +ve case detected for the year	1	1	1	2	6	4	12	16
Early Detected HIV +ve cases for the year	0	1	2	3	5	11	15	27
Cumulative number of HIV cases for the year	1	2	3	5	11	15	27	43

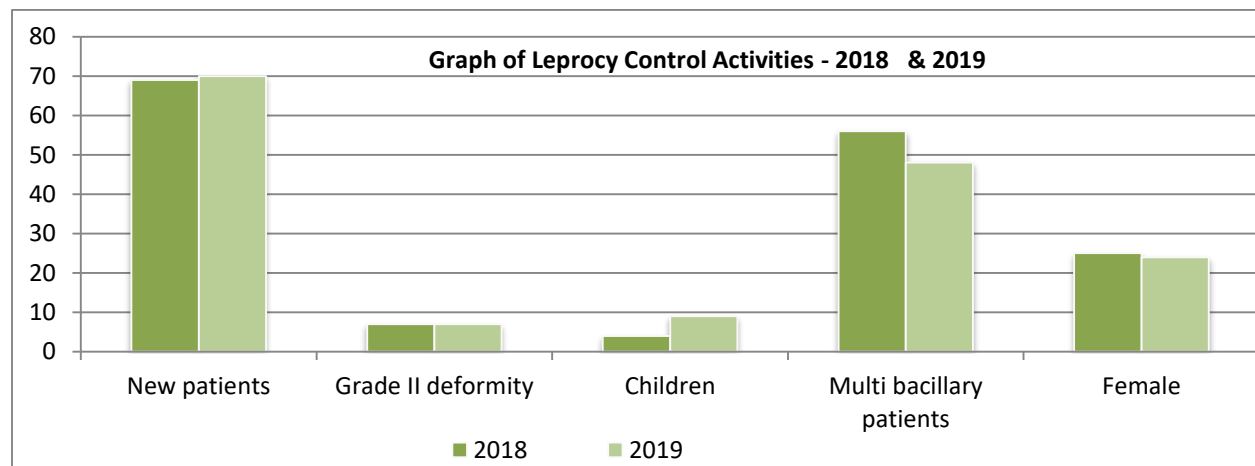


9.4. Leprosy Control Programme

Early diagnosis and treatment, public awareness and alleviation of stigma are major strategies in prevention and control of Leprosy.

Leprosy control activities done in 2018 and 2019

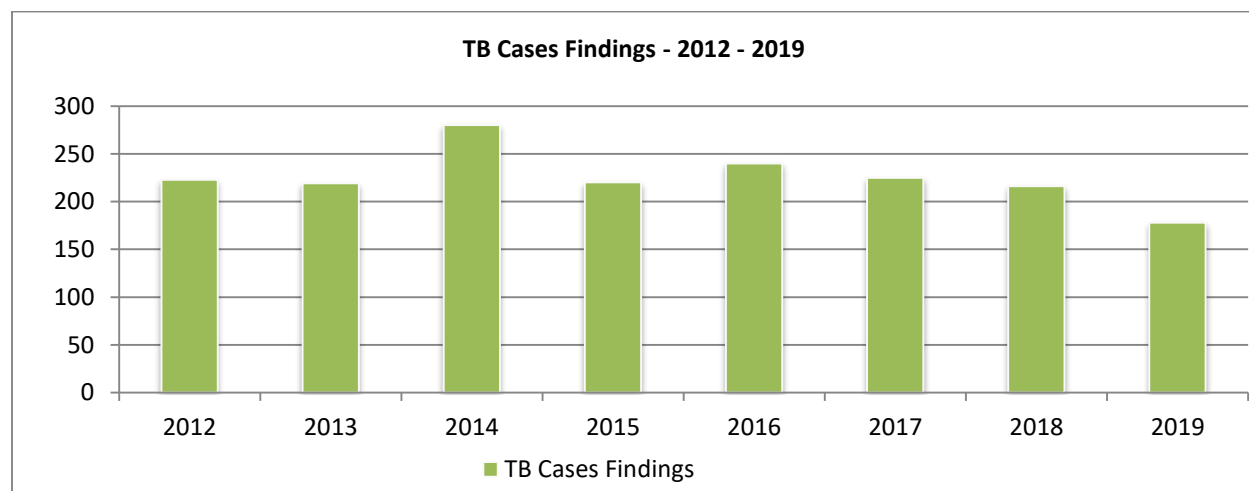
Leprosy control activities							
Year	New patients	Grade deformity	II Children	Multi bacillary patients	Female		
2018	69	07	04	56	25		
2019	70	07	09	48	24		



9.5. National Programme for Tuberculosis Control and Chest Diseases

TB Cases Finding 2012 – 2019

Year	2012	2013	2014	2015	2016	2017	2018	2019
TB Cases Findings	223	219	280	220	240	225	216	178



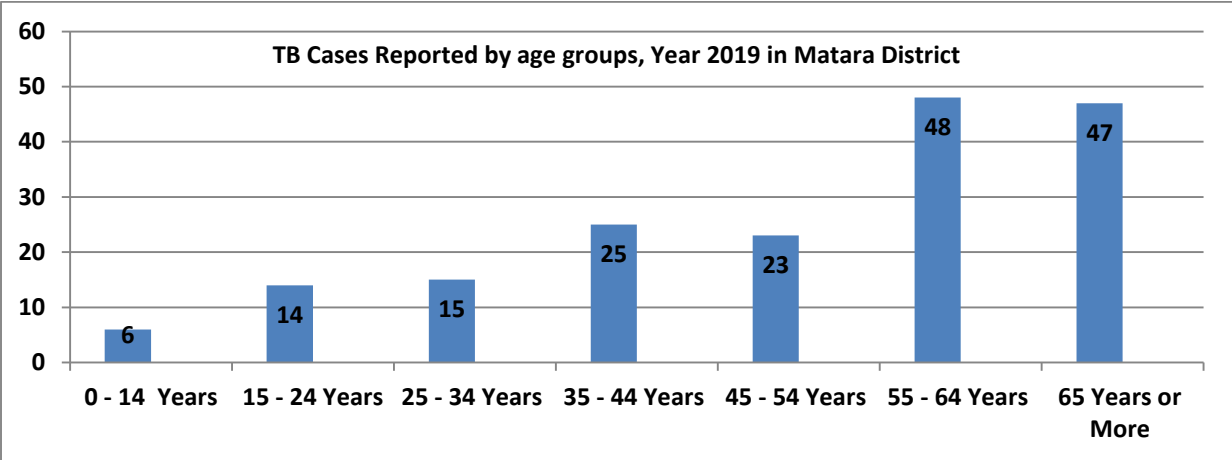
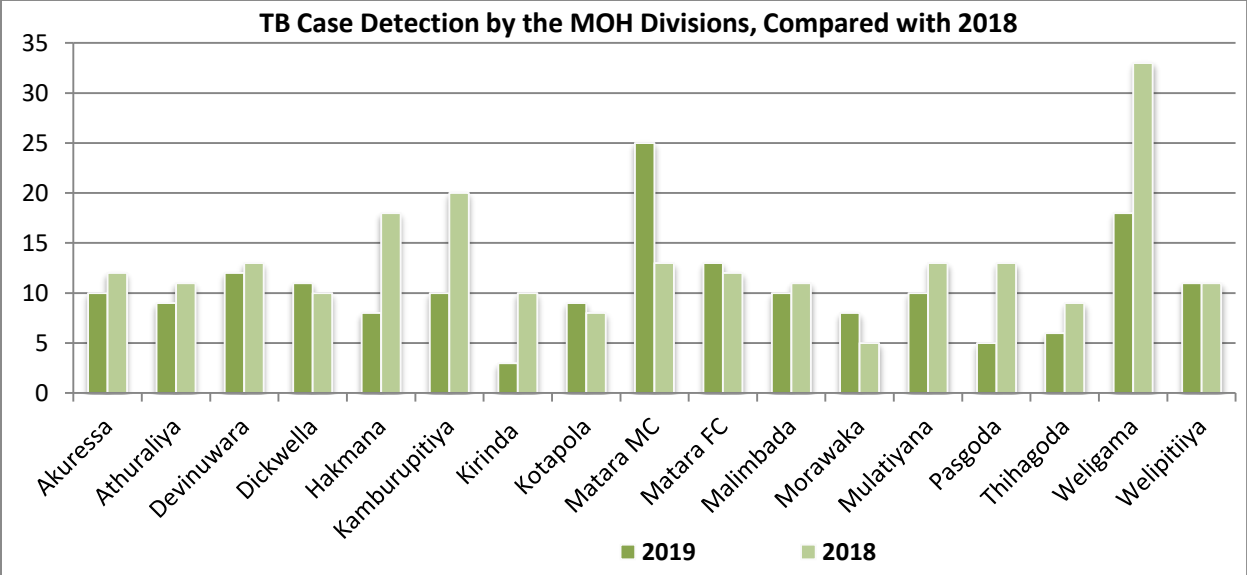
Coverage of TB new cases are much lower than expected as low referrals from OPDs and GPs

No of Tuberculosis Cases Detected in 2019 by MHO Divisions

MOH Divisions	No of Tuberculosis cases detected in 2019											
	New cases					Total (New) Cases	Retreatment cases				Total Retreatment Cases	All Total
	Pulmonary bacteriologically confirmed			Pulmonary, clinically diagnosed (sputum smear negative)	Extra pulmonary, Bacteriologically confirmed or clinically diagnosed		Relapse	Treatment after failure	Treatment after Lost to Follow up	Other Previously Treated		
	Sputum smear positive	Sputum negative & culture positive	Sputum negative & WRD positive									
Akuressa	05	0	01	0	02	08	02	0	0	0	2	10
Athuraliya	05	0	0	0	04	09	0	0	0	0	0	09
Devinuwara	06	0	01	03	02	12	0	0	0	0	0	12
Dickwella	08	0	01	0	02	11	0	0	0	0	0	11
Hakmana	04	0	01	02	01	08	0	0	0	0	0	08
Kamburupitiya	04	0	01	02	03	10	0	0	0	0	0	10
Kirinda	03	0	0	0	0	03	0	0	0	0	0	03
Kotapola	08	0	0	0	01	09	0	0	0	0	0	09
Matara MC	13	0	0	02	08	23	0	0	1	01	02	25
Matara FC	10	0	0	01	02	13	0	0	0	0	0	13
Malimbada	08	0	0	0	02	10	0	0	0	0	0	10
Morawaka	07	0	0	0	01	08	0	0	0	0	0	08
Mulatiyana	04	0	0	01	05	10	0	0	0	0	0	10
Pasgoda	02	0	0	0	03	05	0	0	0	0	0	05
Thihagoda	04	0	01	0	01	06	0	0	0	0	0	06
Weligama	05	02	0	0	06	13	03	02	0	0	5	18
Welipitiya	05	0	02	0	03	10	01	0	0	0	1	11
Total	101	02	08	11	47	168	06	02	1	01	10	178

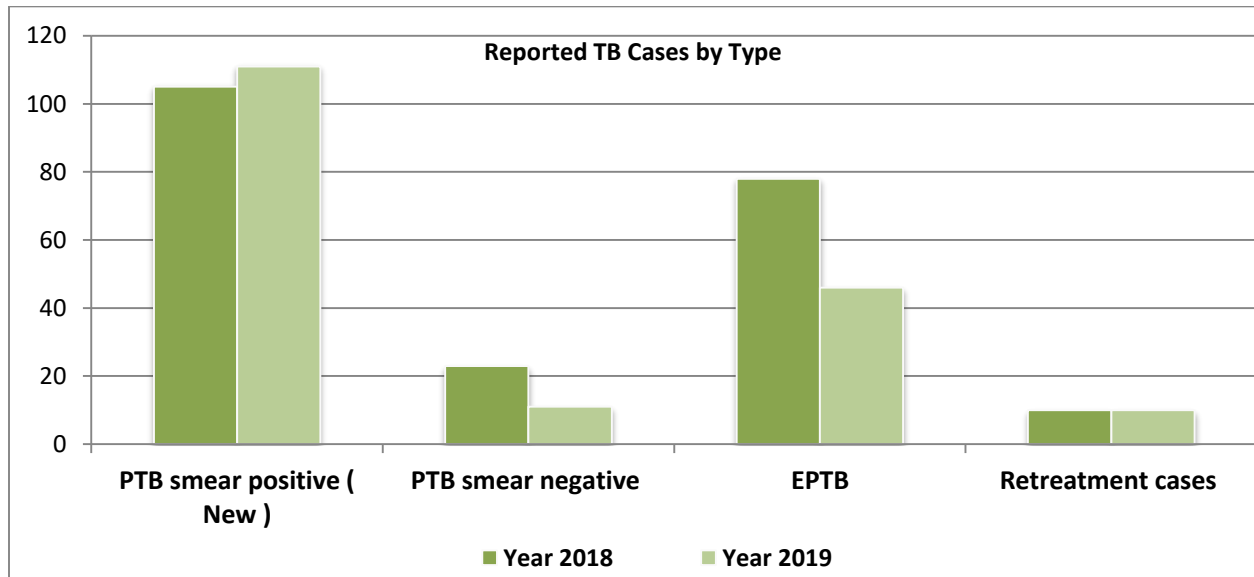
No of Tuberculosis Cases Detected in 2018 by MOH Divisions

MOH Divisions	No of Tuberculosis cases detected in 2018											
	New cases					Total (New) Cases	Retreatment cases				Total Retreatment Cases	All Total
	Pulmonary bacteriologically confirmed			Pulmonary, clinically diagnosed (sputum smear negative)	Extra pulmonary, Bacteriologically confirmed or clinically diagnosed		Relapse	Treatment after failure	Treatment after Lost to Follow up	Other Previously Treated		
	Sputum smear positive	Sputum negative & culture positive	Sputum negative & WRD positive									
Akuressa	4	0	0	0	7	11	1	0	0	0	1	12
Athuraliya	4	0	0	0	4	8	2	1	0	0	3	11
Devinuwara	3	0	0	3	6	12	1	0	0	0	1	13
Dickwella	5	0	0	2	3	10	0	0	0	0	0	10
Hakmana	10	1	0	1	6	18	0	0	0	0	0	18
Kamburupitiya	6	0	1	1	12	20	1	0	0	0	1	20
Kirinda	4	1	2	1	2	10	0	0	0	0	0	10
Kotapola	5	0	1	0	2	8	0	0	0	0	0	8
Matara MC	6	1	0	3	3	13	0	0	0	0	0	13
Matara FC	7	0	0	2	2	11	0	1	0	0	1	12
Malimbada	2	0	0	1	8	11	0	0	0	0	0	11
Morawaka	4	0	0	0	1	5	0	0	0	0	0	5
Mulatiyana	8	1	0	1	3	13	0	0	0	0	0	13
Pasgoda	4	0	0	3	5	12	0	1	0	0	1	13
Thihagoda	2	0	0	3	3	8	1	0	0	0	1	9
Weligama	16	1	0	4	11	32	0	1	0	0	1	33
Welipitiya	6	0	1	1	3	11	0	0	0	0	0	11
Total	96	5	5	26	81	213	6	4	0	0	10	223



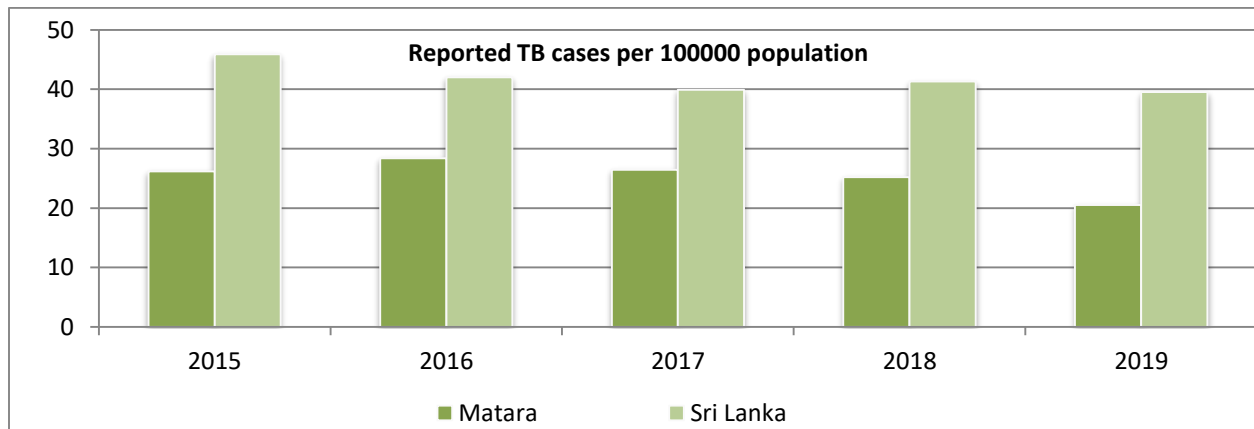
Reported TB Case by type Year 2018 and 2019

	Year 2018	Year 2019
PTB smear positive (New)	105	111
PTB smear negative	23	11
EPTB	78	46
Retreatment cases	10	10
Total for the District	216	178
Defaulters	0	1
Loss to follow up	1	2
Deaths	9	6
Others	0	0



Reported TB Cases per 100000 Population

Years	2015	2016	2017	2018	2019
Matara	26.15	28.40	26.42	25.18	20.51
Sri Lanka	45.9	42	39.9	41.3	39.55



10. MENTAL HEALTH

Diagnosis, management, prevention and rehabilitation of individuals with psychological disorders have been carried out through out the districts by conducting seven main clinics, eight outreach clinics and one community support center.

10.1. Location of main outreach Mental health clinic in Matara district

S. No.	Clinic Type	Location
01	Main Clinic	DGH – Matara
02		PMCU - Kamburugamuwa
03		BH – Kamburupitiya
04		DH – Weligama
05		DH – Akuressa
07		PMCD - Devinuwara
08		Outreach Clinic
09	DH – Dickwella	
10	DH – Mawarala	
11	DH – Urubokka	
12	DU – Deiyandara	
13	PMCU – Galbokka	
14	PMCU – Mirissa	
15	PMCU – Hakmana	
16	BH Deniyaya	

10.2. Trainings and Awareness on mental health in 2017 and 2018

Year	Activities	No of Programme
2017	Training programme	07
	Awareness programme	38
	Musical programme	01
2018	Training programme	14
	Awareness programme	54
	Musical programme	01

10.3. Number of New Patients and Follow up Patients in 2017 - 2019.

	Year 2017		Year 2018		Year 2019	
	New patients	follow up patients	New patients	follow up patients	New patients	follow up patients
DGH – Matara	1830	22048	1410	14471	1916	19565
DGH New - Kamburugamuwa	57	985	77	1182	68	1151
BH – Kamburupitiya	218	2570	417	3382	345	3118
BH – Deniyaya	85	2057	76	2034	122	2109
DH – Akuressa	194	3504	147	3292	200	3294
DH – Morawaka	102	1439	98	1492	129	1506
DH – Dickwella	16	634	15	548	17	609
DH – Weligama	44	975	94	1068	126	1077

DH – Mawarala	9	546	13	564	12	499
DH – Urubokka	50	1304	49	1101	47	1273
DH – Deiyandara	-	-	35	147	40	538
PMCU – Devinuwara	3	103	0	128	7	182
PMCU – Galbokka	20	287	29	349	38	388
PMCU – Mirissa	3	97	10	111	9	153
PMCU – Hakmana	36	1012	26	846	23	904
Total	2691	37588	2461	27276	3099	36366

10.4. Home Visits done for Defaulterers of Treatment Year 2018 and 2019

Year	Description	Number visited Year	
		2018	2018
2017	Depot Injection Programme	846	
	Other domiciliary visits	551	
2018	Depot Injection Programme	852	
	Other domiciliary visits	696	

11 QUALITY MANEGMENT PERFORMANCE

11.1. DAKSHINA SUWA VIRUWO 2018 Result summary

Category	1 st Place	2 nd Place	3 rd Place	Special Commendation	Commendation
Category of District Director of Health Service Office		Matara			
Category of Base Hospital " A "				Kamburupitiya	
Category of Base Hospital " B "		Deniyaya			
Category of Divisional Hospital " A " and " B "		Deiyandara		Urubokka	Morawaka
Category of Divisional Hospital " C "					Thalalla
Category of Primary Medical Care Units		Beralapanathara		Dehigaspe	
Category of Medical Officer of Health Office	Kakeradura			Thihagoda	Athuraliya
Category of School Dental Therapist				Paraduwa Primary School Morawaka Primary School	
Category of Adolescent Dental Clinic			Makandura Maha Vidyalaya	STD Clinic Matara	
Category of Special Campaign units	Chest Clinic Matara				
Category of Private Hospital					
Category of Mothers Club Society		Mothers Club Athuraliya			

11.2 DAKSHINA SUVA VIRUVO 2019 Result summary

Category	1 st Place	2 nd Place	3 rd Place	Special Commendation	Commendation
Category of District Director of Health Service Office	Matara				
Category of Base Hospital “ A “			Kamburupitiya		
Category of Base Hospital “ B “			Deniyaya		
Category of Divisional Hospital “ A “ and “ B “			Deiyandara	Weligama	Urubokka
Category of Divisional Hospital “ C “			Thalalla		
Category of Primary Medical Care Units	Beralapanathara Maramba				Dehigaspe
Category of Medical Officer of Health Office	Kakeradura	Thihagoda			Athuraliya
Category of School Dental Therapist	Morawaka Primary School		Sujatha Balika Viodyalaya	Paraduwa Primary School	
Category of Adolescent Dental Clinic			Makandura Maha Vidyalaya	Thelijjavila Adolecent Dental Clinic	
Category of Special Campaign units	Chest Clinic Matara		STD Unit		
Category of Private Hospital Category of Mothers Club Society			Athuraliya Mothers Club	Mulatiyan aBaragama Diriya Mothers Club	Kotapola Nayamulla Pragathi Mothers Club

11.3 National Productivity Awards 2018 Result Summary

Institution	Category	Awards
District Director of Health Service Office	Inter Department Category	2 nd Place
Medical Officer of Health Office Kakenadura	Micro Category	2 nd Place
Chest Clinic	Micro Category	Special Commendation
Base Hospital Deniyaya	Inter Department Category	Commendation

11.4. Special Programme Conduct by the Quality Management Unit

✚ SUWASEWA QUIZ COMPETITION

The event was held every year to celebrate Quality day



✚ STAFF AND DONORS AWARD SERAMANY

Awarding the best “Employee award 2019” in recognition of the employee for increasing employee satisfaction.

Awarding of prizes and certificates in the year 2019 to five donors who contributed to improve the quality of health services in Matara district.





11.5 Training Programs – 2019

- ✚ Process Management.
- ✚ Attitude & Technical Development Programs.
- ✚ IT Training- Base Hospital Kamburupitiya.
- ✚ Communication Skills Improvement Programs in Divisional Hospitals (Weligama , Deiyandara, Urubokka,Dickwella)
- ✚ Emergency Care Training Program for Medical Officers & Nursing Officers.
- ✚ Awareness Program in Patients Safety - Base Hospital Kamburupitiya.
- ✚ Handling of Bio Medical Instruments Training Program for Minor Staff.
- ✚ Occupational Health & Safety Training Program for Health Workers.
- ✚ Awareness Program on Documentation, Administration, Accounting & Productivity Improvement.

12 FINANCIAL MANAGEMENT

Mainly discuss about recurrent and capital expenditure

12.1 Recurrent Expenditure

Recurrent expenditure in broad areas of general administration, hospital administration, Medical Officer of Health administration and Health Education Administration for the years 2017, 2018 and 2019 were as follows.

Table Years 2017

	Allocation	Expenditure	Balance
General Administration	120,572,043.00	118,306,237.00	2,265,806.00
Hospital Administration	1,117,247,242.00	1,105,077,109.00	12,170,133.00
MOH Administration	462,951,120.00	460,632,025.00	2,319,095.00
Health Education Administration	2,697,810.00	2,230,756.00	467,054.00

Table Year 2018

	Allocation	Expenditure	Balance
General Administration	124,235,134.00	120,617,614.00	3,617,520.00
Hospital Administration	1,386,132,582.00	1,349,665,143.00	36,467,439
MOH Administration	529,784,912.00	518,707,528.00	11,077,384.00
Health Education Administration	2,618,415.00	2,380,835.00	237,580.00

Table Year 2019

	Allocation	Expenditure	Balance
General Administration	168,918,000.00	167,795,520.00	1,122,480.00
Hospital Administration	1,590,160,000.00	1,588,647,593.00	1,512,407.00
MOH Administration	587,947,000.00	585,245,711.00	2,701,289.00
Health Education Administration	2,731,638.00	2,608,456.00	123,182.00

Graph of Allocation for Recurrent Expenditure Year 2017, 2018 and 2019

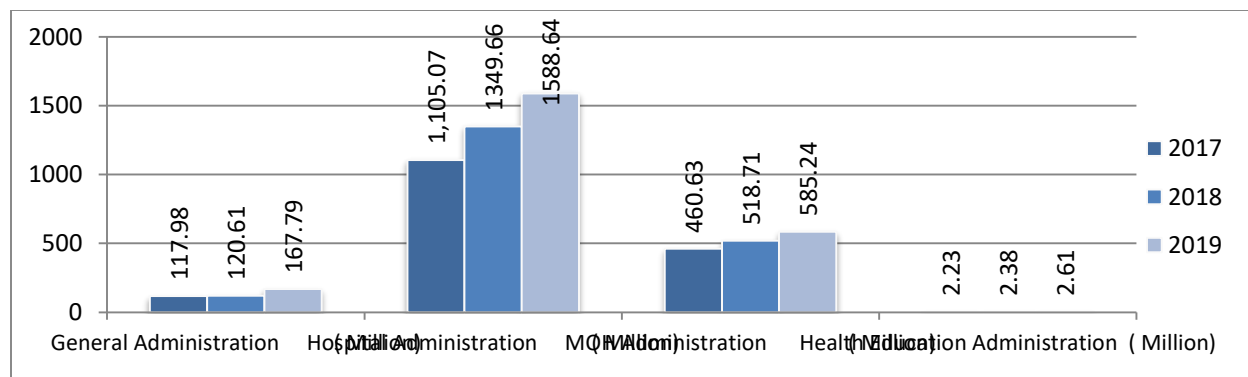
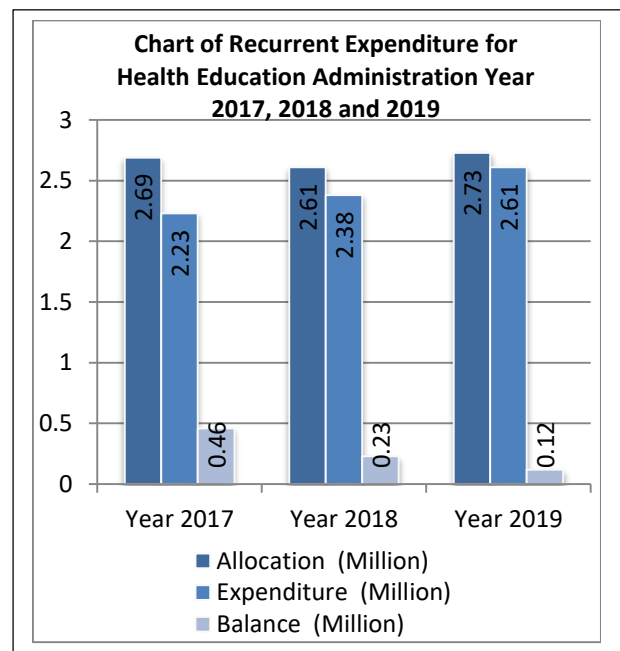
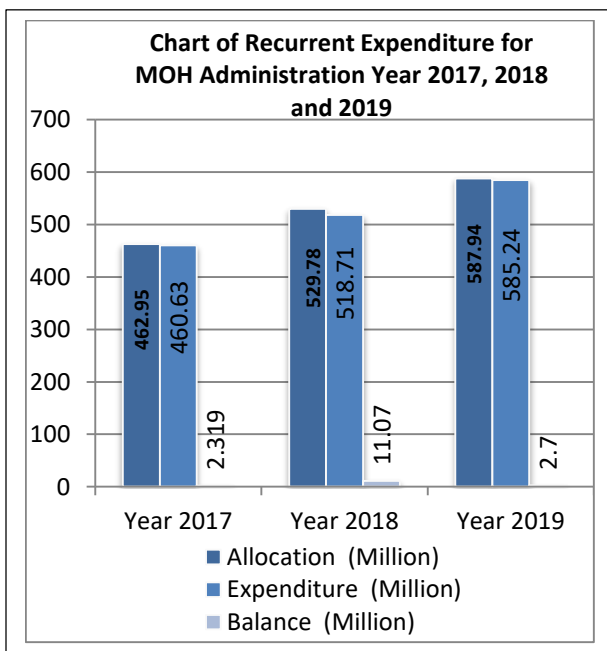
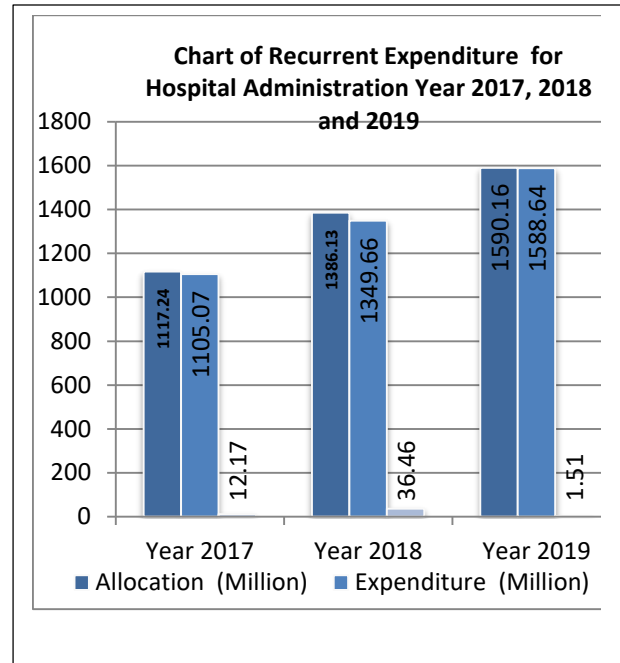
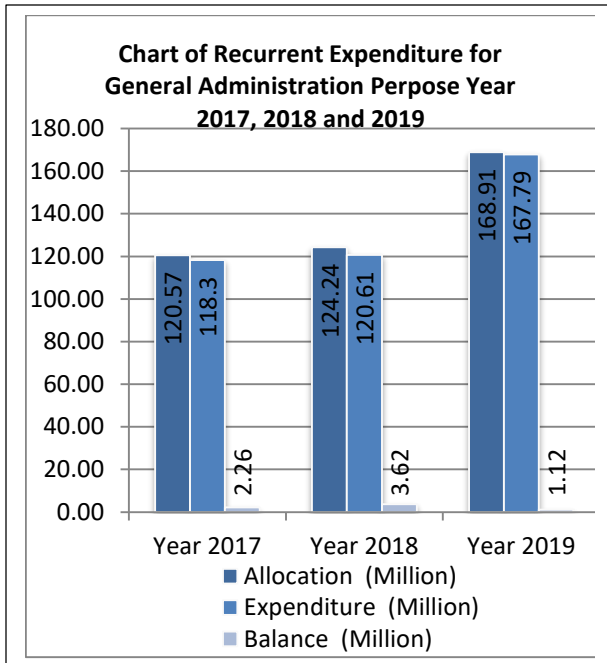


Chart of Recurrent Expenditure According to the Administrative Sections Last Tree Years



12.2 Capital Expenditure

The main identified fund sources for capital expenditure in the district are, Primary Medical Care Strengthen Project (PSSP), Provincial Specific Development Grant (PSDG), Health Sector Development Project funds (HSDP) and funds received from the line ministry.

The allocations and expenditure from different fund sources in the years 2017 and 2019 was as follows.

Capital Expenditure Year 2017

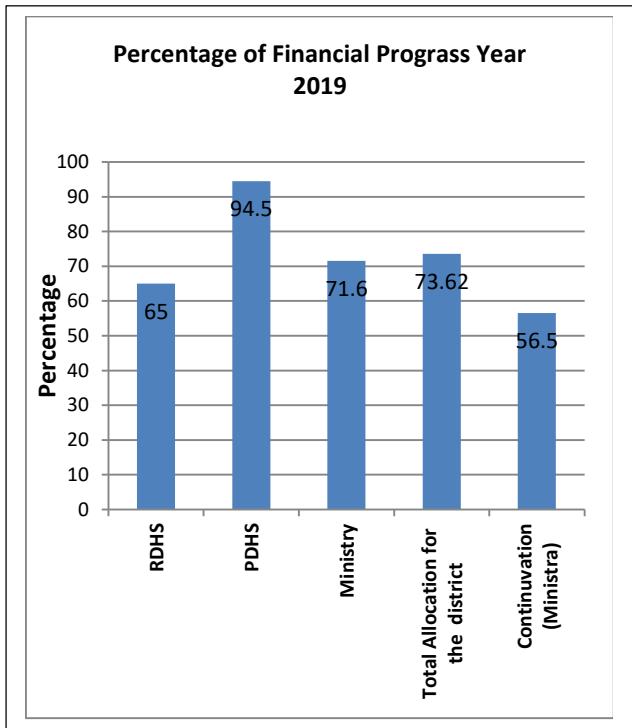
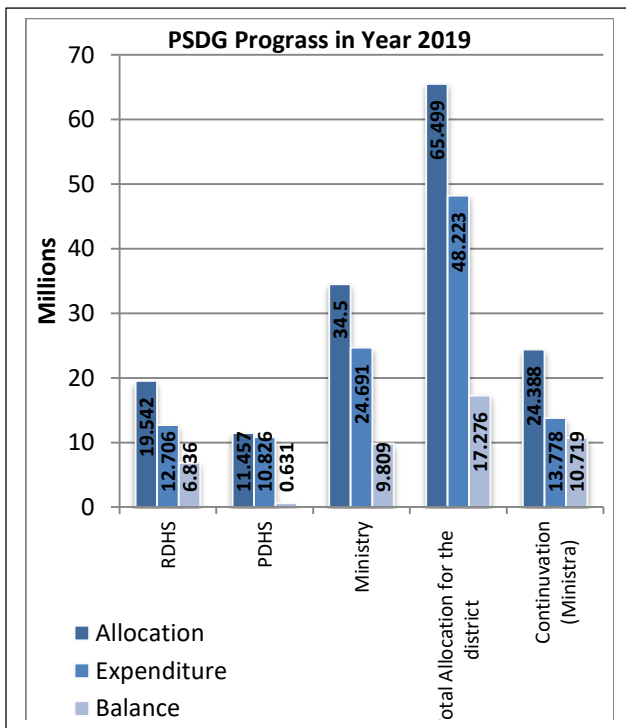
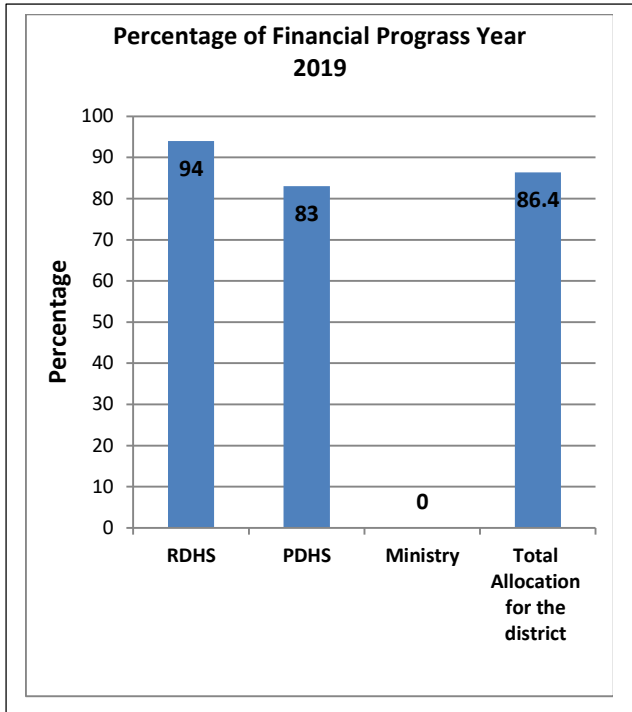
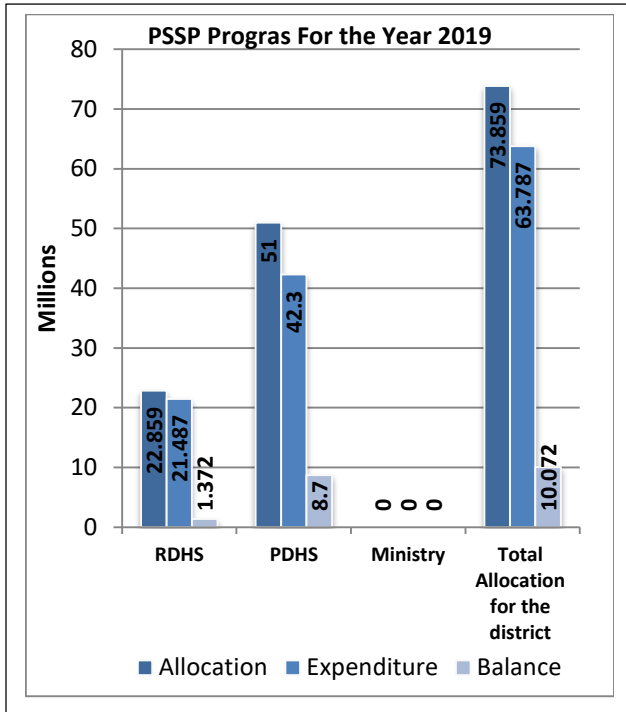
Type of Expenditure	Responsibility	Allocation	Expenditure	Balance
Criteria Base Grant	RDHS	1,253,021.00	1,253,021.00	8,076,791.00
	HSDP			
HSDP	RDHS	23,225,986.00	15,149,195.00	2,236,811.00
	PDHS	64,773,914.00	Ex. PD Office	
	Ministry	9,000,000.00	Ex. Ministry	
	Total Allocation for the HSDP, Matara district	96,999,900.00		
	PSDG			
PSDG	RDHS	14,698,179.80	6,611,316.96	8,086,862.84
	PDHS	3,694,445.00	Ex. PD Office	
	Ministry	11,307,375.20	Ex. Ministry	
	Total Allocation for the HSDP, Matara district	29,699,997.00		
Foreign Tours	RDHS	1,657,516.00	1,657,516.00	0

Capital Expenditure Year 2018

Type of Expenditure	Responsibility	Allocation	Expenditure	Balance
Criteria Base Grant				
	HSDP			
HSDP	RDHS	28,635,075.00	24,015,398.00	4,619,677.00
	PDHS	62,544,925.00	Ex. PD Office	
	Ministry	No allocation	No expenditure	
	Total Allocation for the district	91,180,000.00		
PSDG	RDHS	14,486,652.38	9,817,558.00	4,669,094.38
	PDHS	13,086,448.50	Ex. PD Office	
	Ministry	23,461,899.00	Ex. Ministry	
	Total Allocation for the district	51,034,999.88		
Foreign Tours		1,354,312.00	1,354,312.00	0

Capital Expenditure Year 2019

Type of Expenditure	Responsibility	Allocation (Millions)	Expenditure (Millions)	Balance (Millions)
PSSP	RDHS	22.859	21.487	1.372
	PDHS	51.00	42.30	8.70
	Ministry	0	0	0
	Total Allocation for the district	73.859	63.787	10.072
HSDP				No Allocation
PSDG	RDHS	19.542	12.706	6.836
	PDHS	11.457	10.826	0.631
	Ministry	34.5	24.691	9.809
	Total Allocation for the district	65.499	48.223	17.276
	Continuation (Ministry)	24.388	13.778	10.719
Foreign Tours (Rupees)		208,638.00	201,494.00	7,144.00



13. HEALTH EDUCATION ACTIVITIES AND SPECIAL ACHIEVEMENT

Health Education activities in Matara District, Yea 2019

S. No	Activities	Number of sessions
01	Total No of Health Promotion programmes in Government institutions planned	50
02	Total No of Health Promotion programmes in Government institutions in Government institutions conducted	56
03	Total No of Health Promotion programmes in private institutions in Government institutions conducted	04
04	No of Health Education materials developed	05
05	No of night film sessions	94
06	No of communication skills supervision sessions	96
07	No of health promotion schools supervised	44
08	No of Monthly MOH Conferences participated	72
09	No of sessions MCH Clinics participated	68
10	No of Health Promotion units in Hospitals supervised	114
11	No of supervision reports submitted to RDHS	02
12	No of presentations done in RDHS Monthly MOH Conference	06
13	No of training programmes participated	22
14	No of sessions of public communications in Communicable Disease prevention	112

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Health Promotion programmes in Government institutions



Night film sessions



Health Promotion units in Hospitals supervised and Health Education materials developed



Special Achievement in year 2019

Special Achievement in RDHS Office

RDHS Matara won first places in 2016 & 2017 and Second places in 2018 & 2019 respectively in Dakshina Suwa - Viru Competition.

Special Achievement in Other Health Offices

- 1 MCH Unit – RDHS Matara secured the first place in the island in retrieving data of ERHMIS , in 2019
- 2 STD Unit of DGH Matara , won a certificate in helping to prevent transmission of HIV & Syphilis from mother to child.
- 3 MOH Kamburupitiya recorded the second place in whole island for performing PAP smears for 35 ywear age cohort in WWCs.
- 4 In 2018, in assessment of HLCs of Sri Lanka, first, second and third places at District level were secured by PMCUs Dehigaspe, Marambe and DH Talalla respectively.

Special Achievement in Persons

- 1 Mrs. G.S. Randima Vijayanganie of RDHS Office Matara Who is also a member of Southern Provice Health Services Net ball team won the trophy in Southern Provincial State Sector Tournament in 2018 and fourth place in National contest, in 2019.
- 2 Member of Southern Provincial Table Tennis team Mr. B.H. Sisira Nishantha, of RDHS Office Matara secured the Champion ship both 2018 and 2019 in Southern Provincial State Sector Tournament.